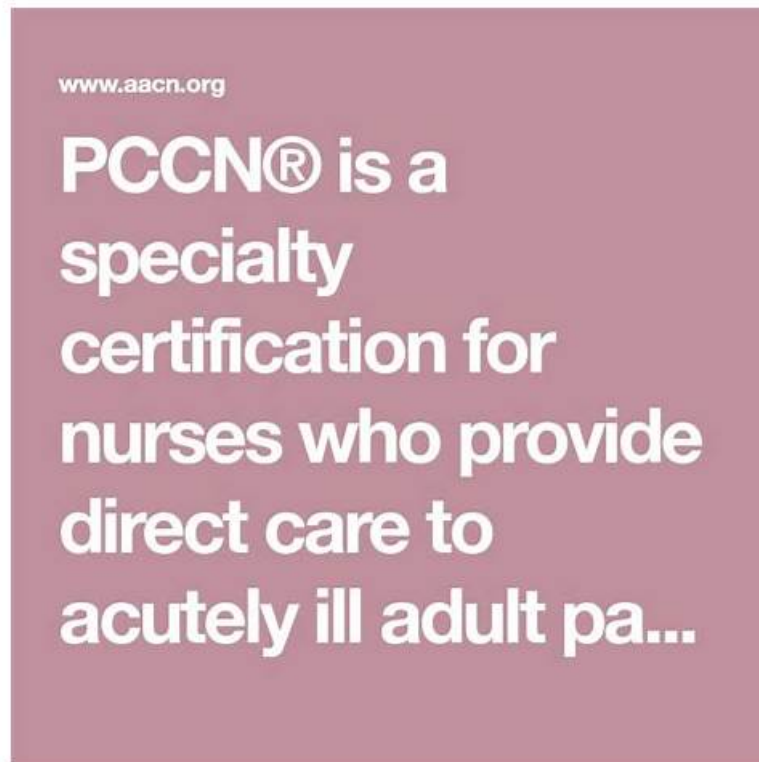


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AACN CCRN-Adult 考試大綱：

主題	簡介
主題 1	<ul style="list-style-type: none">Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.
主題 2	<ul style="list-style-type: none">In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.
主題 3	<ul style="list-style-type: none">The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.

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最新的 AACN CCRN CCRN-Adult 免費考試真題 (Q895-Q900):

問題 #895

Which of the following transport mechanisms are NOT included in Continuous Renal Replacement Therapy (CRRT)?

- A. Convection
- B. Diffusion
- C. Hemostasis
- D. Ultrafiltration

答案: C

解題說明:

CRRT includes any of the following four major types of transport mechanisms:

1. Diffusion
2. Convection
3. Ultrafiltration
4. Adsorption

Because fluid removal with CRRT is much slower than with intermittent hemodialysis, CRRT is an ideal therapy for critically ill patients in unstable conditions.

問題 #896

A patient has been complaining of tearing pain in their chest and is about to be tested for a possible aortic aneurysm. The patient calls the nurse into the room and tells them "my pain just suddenly went away on its own." Which of the following responses is CORRECT?

- A. This means that we can probably cancel the test that we had planned.
- B. I will let the doctor know, and he will probably want to test for a different condition that may have been causing your pain.
- C. I am going to call a rapid response team to your room.
- D. That is good news, but we will still want to continue with the test that we have planned.

答案: C

解題說明:

Pain that is likely related to an aortic aneurysm and suddenly resolves can be symptomatic of aortic rupture, a life-threatening emergency. Calling the rapid response team to the patient's room to respond to this change is an appropriate intervention. Continuing with the test as planned or canceling the tests are not correct if aortic rupture may have occurred. The sudden change in condition does not mean that a different diagnosis should be considered.

問題 #897

The term "hypotension" does not have a specific definition, however, it is generally understood that that hypotension is assumed to refer to which of the following?

- A. DBP < 40 mm Hg
- B. PAWP < 25 mm Hg
- C. MAP < 65 mm Hg
- D. SBP < 90 mm Hg

答案: C

解題說明:

While the danger with hypertension occurs due to the high amount of pressure exerted on the vasculature, making Systolic Blood

Pressure (SBP) the most important parameter, the danger of hypotension occurs due to inadequate perfusion. Perfusion is best measured by assessing Mean Arterial Pressure (MAP), and a MAP of less than 65 mm Hg is typically used to define hypotension.

問題 #898

When communicating content to a critical care patient during a teaching session, which of the following is MOST important?

- A. Providing a multitude of communication vehicles during each teaching session
- B. Being sure to cover the main concepts of the educational topic
- C. Listening to the patient's needs
- D. Establishing the outcome of the teaching

答案： C

解題說明：

The nurse should always listen to the needs of the patient and respond to those needs using clear and precise responses. This is crucial during the communication of content, regardless of the type of communication used (video, pamphlet, discussion). It ensures that the patient is gaining the fullest understanding possible through individualized teaching.

While the main concepts of the educational topic should be covered in a single session, it is more important to ensure the patient understands what is being taught.

Providing multiple communication vehicles is ideal initially, but this should be tailored to the patient's needs as teaching continues, and is not an essential focus of teaching.

Establishing the outcome of the teaching is important, but does not take priority over listening to the patient's needs and responding clearly and precisely.

問題 #899

The nurse is caring for a patient in End-Stage Kidney Disease (ESKD) preparing to undergo a renal transplant. The patient has been on hemodialysis for six years and has a history of diabetes and hypertension.

A preoperative evaluation of this patient is necessary to detect which of the following contraindications for renal transplant?

- A. Congestive heart failure
- B. Nutritional deficiency
- C. Hyperglycemia
- D. Infection

答案： D

解題說明：

An active infection is a contraindication for renal transplant surgery.

Since this patient is in End-Stage Kidney Disease (ESKD) and is a diabetic with hypertension, it is anticipated before evaluation that he would be hyperglycemic and have signs and symptoms of congestive heart failure. In addition, nutritional deficiencies are common in these patients as providing a balance between sufficient calories and protein to prevent catabolism, yet not creating problems such as fluid and electrolyte imbalances, is a challenge. The clinical dietitian is an important resource for the healthcare team.

問題 #900

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