

College Admission PMHNP Reliable Learning Materials | PMHNP Most Reliable Questions

PMHNP Exam Questions and Answers 2024

DBT (dialectical behavior therapy)	Correct ans - relaxation muscle prior to DBT
Greatest patient at risk for Violence	Correct ans - Substance abuse
EMDR (eye movement desensitization and reprocessing)	Correct ans - eye movement desensitization and reprocessing
What is dissemination?	Correct ans - Getting the research information out to those who need to know it!
Publication - highest level	
Presenting at National Conference	
Presenting at Local Conference	
Journal Club where one person reviews an article	
What does a 17 on MMSE mean?	Correct ans - Moderate cognitive impairment
What is Tegretol in the CYP450 system?	Correct ans - Inducer ->will lower dose of Lamictal and BCP's
What do BCP's do to Lamictal?	Correct ans - Inducer - will lower dose of Lamictal
What is a Type I research error?	Correct ans - There IS a difference but you say there isn't a difference.
What is a Type II research error?	Correct ans - There is NO difference but you say there is a difference.
What is pseudo-dementia?	Correct ans - Cognitive impairment secondary to depression that clears when treated in the elderly. Dementia won't improve.
Is it normal for a 1 month old to have a palmar grasp?	Correct ans - Yes.
What is a drug 1/2 life?	Correct ans - The time it takes for 50% of a drug to be eliminated from the body.
What 3 atypicals can be used with teens?	Correct ans - Zyprexa, Abilify, Seroquel - low doses

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For College Admission professionals, passing the American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified exams such as the PMHNP Exam is essential to achieve their dream professional life. However, passing the American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified (PMHNP) Exam is not an easy task, especially for those with busy schedules who need time to prepare well for the PMHNP Exam. To ensure success

on the PMHNP Exam, you need College Admission PMHNP Exam Questions that contain all the relevant information about the exam.

College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q1275-Q1280):

NEW QUESTION # 1275

Mr. Smith is a 25-year-old sales associate. He has a strong family history of mental illness and is worried that he may experience similar problems in his life. He presented to his local primary care provider complaining of the following symptoms: extreme hyper-alertness, decreased appetite, insomnia, and paranoia. Mr. Smith is worried that these symptoms might be the beginning of a mental illness and requests an X-ray of his brain. He says he has never seen a psychiatric provider or taken medication for his symptoms. What would be an initial consideration in your assessment when meeting with Mr. Smith?

- A. Educating Mr. Smith on his need for Wellbutrin immediately
- B. Assessing Mr. Smith for the need for voluntary inpatient admission
- C. Performing genetic testing prior to moving forward with the evaluation
- **D. Ensuring that Mr. Smith understands appropriate diagnostics and testing for determining a mental illness**

Answer: D

Explanation:

Patients often misunderstand and misinterpret diagnostic testing. Explaining this first is important in moving to the diagnostic phase so that all appropriate options for diagnosing his condition can be explored.

Prescribing Wellbutrin immediately is not an appropriate initial intervention, as Mr. Smith is most likely experiencing an increase in norepinephrine. Wellbutrin is an NDRI.

Although performing genetic testing may be necessary, it is often not approved by insurance after an initial visit and if the patient has not used psychotropics in the past.

Mr. Smith is not a danger to himself or others and is not gravely disabled and thus does not meet the criteria for inpatient admission.

NEW QUESTION # 1276

Which of the following is incorrect regarding the rights of a client?

- A. Clients have a right to privacy
- B. Clients have a right to give and withdraw consent when they choose to do so
- C. Clients have a right to the least restrictive treatment measures
- **D. Clients have a right to refuse involuntary treatment**

Answer: D

Explanation:

Clients do not have the right to refuse involuntary treatment when they present as being a danger to themselves or a danger to others and have a court order or legal hold mandating involuntary admission and treatment.

Clients do have the following rights:

- * Right to their privacy and confidentiality
- * Right to the least restrictive treatment measures
- * Right to consent and withdraw consent at any time

NEW QUESTION # 1277

A PMHNP is leading a team of healthcare providers who are treating patients with mental illness. The nurse has a reputation for being controlling and making unilateral decisions without seeking input from team members. What is this leadership style?

- A. Laissez-faire leadership
- **B. Autocratic leadership**
- C. Democratic leadership
- D. Transformational leadership

Answer: B

Explanation:

Autocratic leadership is characterized by a single leader who makes all decisions and does not seek input from others. The leader is in control of the group and often uses power to get things done. This leadership style can be effective in situations where decisions need to be made quickly or when the leader has specialized knowledge and expertise.

NEW QUESTION # 1278

A contract is an agreement consisting of one or more legally enforceable promises between two or more parties. There are four elements in a contractual relationship. Which of the following is NOT one of these?

- A. restitution
- B. consideration
- C. offer
- D. acceptance

Answer: A

Explanation:

In contract law, a valid agreement between parties must exhibit certain fundamental elements to be legally enforceable. These elements include offer, acceptance, consideration, and intention to create legal relations. Each of these elements plays a crucial role in forming a binding contract. However, restitution is not one of these essential elements. Instead, restitution is a separate legal concept that involves the return of benefits or compensation from one party to another, not necessarily within the framework of a contractual relationship.

Offer is the first element and involves one party (the offeror) presenting terms to another party (the offeree) with the intention that, once accepted, these terms will form a binding contract. Acceptance, the second element, occurs when the offeree agrees to the terms set out in the offer without modification, thereby completing the mutual agreement necessary for a contract.

Consideration, the third element, refers to something of value that each party agrees to exchange as part of the contract. This could be money, services, or an agreement to refrain from performing a particular action. Without consideration, a contract generally lacks the necessary substance to be enforceable.

Lastly, intention to create legal relations involves the determination that the parties involved intended the agreement to be legally binding. This is typically presumed in commercial agreements.

Restitution, on the other hand, is not a foundational element of contract formation but rather a remedy in both contractual and non-contractual situations. It involves returning the injured party to the position they were in before the loss or compensating them for the value of what was lost. This legal concept is often applied in cases where one party has unjustly benefited at the expense of another, outside of a mutual agreement like a contract.

Thus, when asked which of the listed options—offer, acceptance, consideration, or restitution—is not an element of a contractual relationship, the correct answer is restitution. It does not contribute to the formation of a contract but is instead relevant in the context of correcting situations where one party has unjustly gained or another has suffered a loss.

NEW QUESTION # 1279

Abnormalities in how a person thinks would be classified in which of the four main schizophrenia symptoms groups?

- A. Positive symptoms
- B. Negative symptoms
- C. Affective symptoms
- D. Cognitive symptoms

Answer: D

Explanation:

The correct classification for abnormalities in how a person thinks, in the context of schizophrenia symptoms, is **Cognitive symptoms**.

Schizophrenia, a complex and chronic mental health disorder, is characterized by a range of symptoms that are typically divided into four main groups: positive symptoms, negative symptoms, cognitive symptoms, and affective (or mood-related) symptoms. Each of these groups describes specific types of disruptions caused by the disorder.

Cognitive symptoms specifically refer to changes in cognitive functions such as memory, attention, and the ability to process information. Individuals with schizophrenia who have cognitive symptoms might experience difficulty in concentrating, following through on tasks, or remembering important information. These symptoms can significantly affect a person's ability to function and maintain daily activities. For example, they may struggle with organizing their thoughts, making decisions, or understanding information quickly.

****Positive symptoms****, another category, include hallucinations (like hearing voices or seeing things that are not there) and delusions (false beliefs that are not based in reality). These symptoms represent an excess or distortion of normal functions.

****Negative symptoms**** are characterized by a decrease or loss of functions and abilities. This could manifest as apathy, lack of emotion, or impaired social functioning. For instance, a person may show less facial expression, have reduced feelings of pleasure in everyday life, or withdraw from social interactions.

Lastly, ****affective symptoms**** in schizophrenia are related to mood disturbances, which can range from depression to manic episodes, though they are typically less central than the other types of symptoms.

In summary, abnormalities in how a person thinks, under the umbrella of schizophrenia symptoms, are classified as cognitive symptoms. This group specifically addresses the impairments in cognitive processes such as thinking, memory, and attention, which are common challenges faced by individuals suffering from schizophrenia.

NEW QUESTION # 1280

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