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College Admission PMHNP Exam Syllabus Topics:

Section	Weight	Objectives
Topic 1: Advanced Practice Skills	27%	- Health assessment, history taking, diagnostic reasoning - Cultural competence, communication, and patient education - Screening, risk assessment, and safety evaluation - Care coordination, interprofessional collaboration
Topic 2: Diagnosis and Treatment	22%	- Biological, environmental, and lifestyle interventions - Differential diagnosis across lifespan - Pharmacological management and monitoring - Diagnostic classification systems (DSM-5, ICD-10)
Topic 3: Ethics, Legal Principles, and Cultural Care	17%	- Professional ethics, scope of practice, standards of care - Legal regulations, confidentiality, informed consent - Cultural, spiritual, and social determinants of health - Advocacy, policy, and quality improvement
Topic 4: Psychotherapy and Related Theories	11%	- Evidence-based psychotherapy approaches - Therapeutic frameworks and modalities - Group, family, and individual therapy principles - Crisis intervention and stabilization
Topic 5: Scientific Foundation	22%	- Genetics, epigenetics, and developmental processes - Psychopharmacology, pharmacokinetics, pharmacodynamics - Neuroanatomy, neurophysiology, neurochemistry - Pathophysiology of mental health disorders

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College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q304-Q309):

NEW QUESTION # 304

All of the following pertain to The Joint Commission EXCEPT:

- A. It accredits hospitals and other health care facilities.
- **B. It maintains electronic medical records to protect privacy per HIPAA.**
- C. It is subject to the accrediting standards of the Centers for Medicare and Medicaid Service.
- D. It evaluates behavioral healthcare organizations that provide mental health, chemical dependency, mental retardation and other psychosocial services.

Answer: B

Explanation:

The Joint Commission is an independent, not-for-profit organization that accredits and certifies nearly 21,000 health care organizations and programs in the United States. Its accreditation and certification is recognized nationwide as a symbol of quality that reflects an organization's commitment to meeting certain performance standards.

The Joint Commission's primary functions include the accreditation of hospitals and other healthcare agencies. This involves evaluating these organizations and ensuring they meet a set of predetermined standards. The Joint Commission also evaluates behavioral healthcare organizations that provide services such as mental health treatment, chemical dependency treatment, mental retardation services, and other psychosocial services. These standards are published in the Comprehensive Accreditation Manual for Behavioral Health Care.

However, the statement that 'The Joint Commission maintains electronic medical records to protect privacy per HIPAA' is not accurate. The Commission does not maintain electronic medical records. Its role is to accredit and certify health care organizations, not to handle individual patient records. HIPAA, the Health Insurance Portability and Accountability Act, provides data privacy and security provisions for safeguarding medical information, but the responsibility of maintaining and protecting these records falls to the individual health care providers, not The Joint Commission.

In conclusion, while The Joint Commission plays a critical role in ensuring the quality and safety of health care organizations and programs, it does not maintain electronic medical records or have responsibilities related to the protection of patient privacy as per HIPAA.

NEW QUESTION # 305

Tanner stages define physical measurement in the development of primary and secondary sex characteristics in both females and males. What is stage 2 of female breast development?

- A. Areola and papilla form a secondary mound above the level of the breast
- B. Prepubertal
- **C. Breast bud stage with elevation of the breast and papilla**
- D. Projection of papilla and recession of areola

Answer: C

Explanation:

Tanner stages define physical measurement in the development of primary and secondary sex characteristics in both females and males.

Tanner stages of breast development are as follows:

- * Stage 1: Prepubertal
- * Stage 2: Breast bud stage with elevation of breast and papilla
- * Stage 3: Further enlargement of breast and areola

- * Stage 4: Areola and papilla form a secondary mound above the level of the breast
- * Stage 5: Projection of papilla related to recession of areola

NEW QUESTION # 306

According to Freud, during what psychosexual stage of development do children identify with the same-sex parent?

- A. Anal
- **B. Phallic**
- C. Oral
- D. Genital

Answer: B

Explanation:

Freud's stages of psychosexual development include the following:

1. Oral: birth to 12-18 months
2. Anal: 12-18 months to 3 years
3. Phallic: 3 to 5-6 years
4. Latency: 5-6 years to adolescence
5. Genital: adolescence to adulthood

According to Freud, during the phallic stage of psychosexual development, children identify with their same-sex parent as they come to terms with the oedipal conflict. Freud believed that the penis is the organ of principal interest to both males and females during this phase. This phase is also associated with unconscious fantasies of sexual involvement with the opposite-sex parent and guilt over oedipal wishes.

NEW QUESTION # 307

A client taking clozapine is presenting with elevated body temperature. You recognize this as which of the following serious side effects?

- A. Anemia
- B. Hyperprolactinemia
- C. Hyperthermia
- **D. Agranulocytosis**

Answer: D

Explanation:

Agranulocytosis is a serious acute condition involving severe and dangerous leukopenia (lowered white blood cell count), most commonly of neutrophils, causing neutropenia in the circulating blood.

Hyperprolactinemia is a condition in which a person has higher-than-normal levels of the hormone prolactin in the blood, potentially causing the stimulation of breast milk.

Anemia is a condition in which a person lacks enough healthy red blood cells to carry adequate oxygen to the body's organs and tissues.

Hyperthermia describes the symptom, not the side effect that is causing the symptom.

NEW QUESTION # 308

Which of the following mental status exam findings could be expected in an individual experiencing major depressive disorder?

- A. Rapid pressured speech
- B. Unusual hair coloring
- **C. Wearing dark-colored clothing**
- D. Multiple tattoos

Answer: C

Explanation:

The following are specific attributes often associated with those suffering from major depressive disorders:

* unkempt appearance

- * tired appearance
- * wearing dark-colored clothing
- * wearing loose-fitting clothing
- * significant weight gain or loss

Bright-colored hair or choices of tattoos are not indicative of MDD. Rapid pressured speech is more likely to be found in individuals with anxiety.

NEW QUESTION # 309

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