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Agile Project Management. Agile Project Management (AgilePM) Foundation Exam certification is offered by APMG-International, which is a leading global accreditation and examination institute. The AgilePM Foundation Certification is a valuable credential for project managers, team leaders, and other professionals who are involved in managing projects.

## APMG-International Agile Project Management (AgilePM) Foundation Exam Sample Questions (Q129-Q134):

### NEW QUESTION # 129

Which of the following is NOT a Project Artifact relevant to Financial Governance?

- A. Feasibility Assessment
- **B. Sprint Review Record**
- C. Project Review Report
- D. Foundation Summary

**Answer: B**

Explanation:

Comprehensive and Detailed Explanation (paraphrased from AgilePM governance guidance):

AgilePM's financial governance relies on artifacts that demonstrate continuing business justification, predictable control, and informed decision-making. Core project artifacts include the Feasibility Assessment (early viability and value assessment), the Foundations Summary (establishes the Business Case, scope, approach, plans, and controls), and the Project Review Report (evidence-based assessments of progress, benefits, and risks). These directly support budget stewardship, investment decisions, and release planning. A Sprint Review Record is a Scrum team-level event output focused on inspecting increments and adapting the Product Backlog; it is not a defined AgilePM project artifact nor specifically a financial governance instrument. While insights from reviews inform governance, the formal artifacts tied to AgilePM's project-level financial control are exemplified by options A, C, and D-hence B is the correct "NOT" choice.

### NEW QUESTION # 130

What is the purpose of documenting the 'Measurement methodology' in a change communication strategy?

- A. Ensure everyone understands the value of the change.
- B. Quantify the number of people impacted by the change.
- C. Communicate test activities for the final solution.
- **D. Assess the effectiveness of the communication efforts.**

**Answer: D**

Explanation:

\* Assessing Effectiveness: The measurement methodology helps determine whether communication efforts are achieving their intended goals. Metrics such as engagement levels and feedback are used to refine strategies.

\* Other Options:

\* B: Focuses on testing rather than communication.

\* C: Relates to impact assessment, not methodology.

\* D: Ensuring understanding is an objective, not a methodology.

Key AgilePM Concepts Referenced:

\* Communication Effectiveness: AgilePM Handbook, Chapter 4, Section 4.5.

### NEW QUESTION # 131

Considering the words of the Agile Manifesto, which of the following is true?

- A. Contractual agreements should be avoided if possible
- B. Contractual agreements should be encouraged by default
- C. Contractual agreements must be standardized for simplicity
- **D. Contractual agreements should be considered for their value**

**Answer: D**

Explanation:

Comprehensive and Detailed 150-300 words Explanation (paraphrased from Agile Manifesto principles; exact long extracts cannot be provided due to content limits):

The Agile Manifesto values "customer collaboration over contract negotiation." This does not reject contracts, nor does it insist they be minimized or standardized; it emphasizes that collaboration is usually a more effective driver of value than rigid reliance on contractual terms. In many environments-regulated sectors, outsourced development, or vendor relationships-contracts are necessary and useful. Agile guidance encourages shaping agreements to enable adaptability: focusing on outcomes, shared goals, transparency, and mechanisms for change, rather than locking down detailed scope up front. By recognizing the value of contractual agreements-while prioritizing collaborative behaviors, frequent inspection, and incremental delivery-organizations can balance governance with agility. The practical implication is to design contracts that support iterative delivery, evolving requirements (e.g., via prioritized backlogs), and joint decision-making, rather than treating the contract as the sole arbiter of success. Hence, the statement that most accurately reflects Agile's stance is that contractual agreements should be considered for their value (option C), with collaboration taking precedence in day-to-day delivery and problem-solving.

### NEW QUESTION # 132

According to the brain science of resistance, which of the key neural factors is an example of a fixed mindset?

- A. Cognitive rigidity.
- B. Emotional reaction to forced change.
- C. Short-term focus.
- D. Routine seeking.

**Answer: A**

Explanation:

\* Cognitive Rigidity: This represents a fixed mindset, where individuals resist new ways of thinking or acting. Neuroscience highlights that flexibility is key to adapting to change.

\* Other Options:

\* A: Routine seeking reflects comfort in familiarity but isn't a fixed mindset.

\* B: Emotional reactions are part of normal responses to change.

\* D: Short-term focus relates to decision-making, not fixed thinking.

Key AgilePM Concepts Referenced:

\* Managing Resistance Through Neuroscience: AgilePM Handbook, Chapter 6, Section 6.7.

### NEW QUESTION # 133

Which approach is recommended for helping people through the 'change curve'?

- A. Advise people not to discuss their problems with colleagues.
- B. Recognize negative emotions as a sign that the change is being managed badly.
- C. Assume that everyone will eventually move on in time to deal with the change.
- D. Actively involve line managers in listening and providing support.

**Answer: D**

Explanation:

\* Actively Involve Line Managers: Change management frameworks highlight the importance of involving line managers to support individuals through the emotional phases of the change curve. Line managers can offer guidance, listen to concerns, and provide the reassurance needed to navigate uncertainty.

\* Why the Other Options Are Incorrect:

\* B: Negative emotions are a normal part of the change curve and should not automatically be seen as mismanagement.

\* C: Discouraging discussion can create further resistance and disengagement.

\* D: Assuming individuals will adapt over time neglects the need for proactive engagement and support.

Key AgilePM Concepts Referenced:

\* Navigating the Change Curve: AgilePM Handbook, Chapter 6, Section 6.3

### NEW QUESTION # 134

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