

# PMHNP Latest Braindumps Ebook - PMHNP Examinations Actual Questions

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## PMHNP Final Exam Actual Questions and Answer Released Early Leak New Year 2024 solved by PMHNP Experts 100%

Which of the following is true regarding psychostimulants? Ans- First line treatment for ADHD

Stimulants are first line treatment for ADHD in children, adolescents and adults. They are the most studied (Dulcan).

If of the following are changes that were made to the DSM V regarding ADHD? Ans- Changed age of onset to 12

CAN have Autism and ADHD and added symptoms across the lifespan since we know ADHD does not go away

Can have ADHD and ODD comorbid.

Also included in DSM under ADHD comorbidity- discusses that ADHD and ODD are comorbid 50% of the time

modifiers were added so that the severity of the disorder (i.e., mild, moderate, or severe) can be specified and the disorder can be coded as "in partial remission"

ADHD treatment is associated with a ... Ans- Decrease in accidental injury and medical utilization due to accidents and trauma

Stimulants have a black box warning for: Ans- Drug Dependence

The U.S. Food and Drug Administration (FDA) reviewed the prescribing information on stimulants in an effort to clarify risks and benefits. After this careful review, the only black box warning for stimulants concerns their abuse potential" Screen for cardiac concerns.

Which of the following is true regarding cortical brain development in children with ADHD compared to healthy controls? Ans- The timing of cortical maturation is different

Peak thickness of cortex delayed (typically occurs around 7, may not happen until 10 for kids with ADHD)

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## College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q30-Q35):

### NEW QUESTION # 30

Which of the following is a Cluster C personality disorder?

- A. Narcissistic
- B. Obsessive-compulsive
- C. Histrionic
- D. Antisocial

**Answer: B**

Explanation:

Obsessive-compulsive falls under Cluster C.

Personality disorders are chronically maladaptive patterns of behavior that result in functional impairment in work, school, or relationships. The American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders Fifth Edition defines 10 specific personality disorders divided into three clusters: Cluster A, Cluster B, and Cluster C.

Cluster A patients are characterized as withdrawn, cold, suspicious, and irrational. Cluster A includes paranoid, schizoid, and schizotypal personality disorders.

Cluster B patients are characterized as theatrical, emotional, and attention-seeking. They often experience intense interpersonal conflicts and exhibit an extremely labile mood. Cluster B includes antisocial, borderline, histrionic, and narcissistic personality disorders.

\* Antisocial personality disorder: These patients exhibit criminal behavior beginning in childhood such as truancy, fighting, destructiveness, and theft. They often default on debts, behave irresponsibly, and act recklessly. They show no remorse for their behavior.

\* Borderline personality disorder: These patients exhibit impulsivity, self-harm, inappropriate anger, and affective instability. They feel empty and bored, and they frantically try to avoid abandonment.

\* Histrionic personality disorder: These patients appear overly emotional, vague, and desperate for attention, and they demand constant reassurance about their attractiveness.

\* Narcissistic personality disorder: These patients act self-important and are preoccupied with envy, fantasies of success, and ruminations about the uniqueness of their problems. They reject criticism and need constant admiration from others.

Cluster C patients tend to be anxious, fearful, tense, and overcontrolled. Cluster C includes avoidant, dependent, and obsessive-compulsive personality disorders.

### NEW QUESTION # 31

A psychiatric nurse practitioner is providing care to a patient who is experiencing severe anxiety and panic. According to Maslow's Hierarchy of Needs, which of the following should be the priority nursing intervention for this patient?

- A. Providing the patient with emotional support and comfort
- B. Ensuring the patient is safe from harm to self or others
- C. Administering a prescribed anti-anxiety medication
- D. Encouraging the patient to engage in deep breathing exercises

**Answer: B**

Explanation:

Maslow's Hierarchy of Needs is a theoretical framework used to prioritize interventions based on the individual's basic human needs. The hierarchy is comprised of five levels, with physiological needs at the bottom and self-actualization needs at the top. The five levels, in order from bottom to top, are physiological needs, safety needs, love and belonging needs, esteem needs, and self-actualization needs.

In the case of a patient experiencing severe anxiety and panic, the priority nursing intervention is to ensure the patient is safe from harm to self or others. This corresponds to the safety needs level of Maslow's Hierarchy of Needs. Until the patient's safety is ensured, the PMHNP cannot move on to addressing the patient's other needs.

### NEW QUESTION # 32

What discipline is defined as the protection, promotion, and optimization of health and abilities; prevention of illness and injury;

facilitation of healing; alleviation of suffering through the diagnosis and treatment of human response; and advocacy in the care of individuals, families, groups, communities, and populations?

- A. Therapy
- B. Medicine
- C. Nursing
- D. Health care

**Answer: C**

Explanation:

The American Nurses Association defines nursing as "the protection, promotion, and optimization of health and abilities, prevention of illness and injury, facilitation of healing, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, groups, communities, and populations."

#### **NEW QUESTION # 33**

Other than hopelessness, what other predictive factor worsens the risk of suicide among vulnerable patient groups?

- A. Personalization
- B. Selective abstraction
- C. Circular reasoning
- D. Secondary gain

**Answer: D**

Explanation:

Patients with suicidal thoughts usually exhibit severe hopelessness and believe that through suicide they will experience secondary gain.

Selective abstraction refers to when individuals take things out of context. Circular reasoning is a logical fallacy where a person begins with what they want to end with when making a statement. Personalization is unrelated to suicidal thinking, and it refers to a patient's tendency to attribute events to themselves without any apparent reason for doing so.

#### **NEW QUESTION # 34**

Which of the following is not an example of psychotherapy?

- A. Motivational interviewing
- B. Electroconvulsive therapy (ECT)
- C. Group therapy
- D. Individual therapy

**Answer: B**

Explanation:

Psychotherapy is a term for nonpharmacological interventions like talk therapy based on a variety of theoretical frameworks, such as the health belief model, the transtheoretical model, or motivational interviewing. Psychotherapy is based on the personalization of interventions, such as talk, individual, family, or group therapy.

Electroconvulsive therapy is a psychiatric intervention used for certain conditions.

#### **NEW QUESTION # 35**

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