100% Pass 2025 CCRN-Adult: Fantastic Test CCRN (Adult) - Direct Care Eligibility Pathway Quiz

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One day following posterior spinal fusion surgery a 35 year old female suddenly exhibits restlessness, labored breathing and acute chest pain. Her heart rate is 122/min., she is afebrile, and exhibits slightly diminished breath sounds on the right side.

The findings described above should lead the nurse to suspect that the patient has developed:

- A. A spontaneous pneumothorax
- B. A pulmonary embolus
- C. Aspiration pneumonia
- D. A pleural effusion Answer -B. A pulmonary embolus

One day following posterior spinal fusion surgery a 35 year old female suddenly exhibits restlessness, labored breathing and acute chest pain. Her heart rate is 122/min., she is afebrile, and exhibits slightly diminished breath sounds on the right side.

Which of the following will most likely confirm the patient's diagnosis?

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AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 3	The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.

Topic 5	Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.
Topic 6	 CLINICAL JUDGMENT: This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.

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AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q745-Q750):

NEW QUESTION #745

Intravenous (IV) sodium bicarbonate is indicated in diabetic ketoacidosis (DKA) in which clinical situation?

- · A. High anion gap
- B. Low anion gap
- C. pH greater than 7
- D. pH less than 7

Answer: D

Explanation:

The most common precipitating scenarios associated with DKA are underlying or concomitant infection (40%), missed insulin (25%), and newly diagnosed, previously unknown diabetes (15%). Other causes make up about 20%, including MI, stroke, trauma, and pancreatitis. DKA is primarily a complication of type 1 diabetes, but can (rarely) occur in some forms of type 2 diabetes. It is a biochemical triad of hyperglycemia, ketonemia, and metabolic acidosis with a large anion gap. DKA can develop in less than 24 hours, making prompt recognition of symptoms and treatment critical. The administration of adequate IV fluids, insulin, and potassium replacement is sufficient to reverse acidosis in most cases.

Use of sodium bicarbonate is not recommended for patients with a pH > 7.0 in DKA.

NEW QUESTION #746

The MOST common mechanism of injury to the chest is:

- A. Penetrating trauma
- B. Dysrhythmias
- C. Improper cardiopulmonary resuscitation (CPR)
- D. Blunt trauma

Answer: D

Explanation:

Thoracic trauma accounts for approximately 25% of all trauma-related deaths, and may include injuries created by fractured ribs, blunt cardiac injury, vascular injury, and contused or punctured lung tissue.

The most common mechanism of injury to the chest includes blunt trauma (caused by motor vehicle- related injuries), followed by penetrating chest trauma from gunshots and stabbings.

Dysrhythmias are common in patients with blunt cardiac injury. Improper CPR is not a common mechanism of injury to the chest.

NEW QUESTION #747

A plan to teach wound care to the wife of a patient has been implemented. The wife has not been successful in demonstrating the skill. Which intervention would be the MOST appropriate next step?

- A. Provide written step-by-step instructions for the wife
- B. Ask the wound care specialist to consult on the teaching
- C. Eliminate dressing changes from the procedure the wife will perform
- D. Provide coaching and the opportunity to repeat the skill

Answer: D

Explanation:

The nurse facilitates learning for the patients and their families. Education should be based on the strengths and weaknesses of the patient and their family. Creative measures should be used, and coaching and mentoring is a vital piece of facilitating learning. The nurse should provide coaching and the opportunity to repeat the skill. If the wife still needs further assistance, the nurse may need to consult the wound care specialist. Written instructions are generally provided upon hospital discharge.

NEW QUESTION #748

Systemic inflammatory response syndrome (SIRS) consists of a series of systemic events that occur in response to an insult to the body. There are essentially four different types of cells that are activated as a part of this response. Which is NOT one of these cells?

- A. Cytokines
- B. Endothelial cells
- C. Neutrophils
- D. Macrophages

Answer: A

Explanation:

When a patient becomes septic from infection, it is important to understand the variety of immune mechanisms, which, when unchecked, can lead to organ damage. The body responds at a cellular level, initiating a number of mediator-induced responses, which are both inflammatory and immune in nature.

The four types of cells that are activated as part of the response to an insult include:

NEW QUESTION #749

Which of the following conditions requires the MOST immediate attention?

- A. Pulmonary contusion
- B. Tension pneumothorax
- C. Open pneumothorax
- D. Hemothorax

Answer: B

Explanation:

A tension pneumothorax occurs when air enters the pleural space and is unable to escape. As this build up continues, pressure develops in the plural space, compressing the thoracic organs and causing hypoventilation, compression of the great vessels, and cardiogenic shock. As a tension pneumothorax is a medical emergency, this condition will require the most immediate attention. An open pneumothorax allows air to escape via the open wound, preventing the increase in intrathoracic pressure and the associated complications. A hemothorax is defined as blood in the pleural space, and only normally requires immediate attention if it is

associated with hemorrhage. A pulmonary contusion is a serious condition, but occurs more gradually than a tension pneumothorax, allowing more time to respond.

NEW QUESTION #750

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