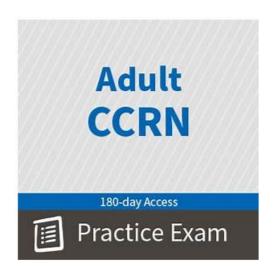
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## **AACN CCRN-Adult Exam Syllabus Topics:**

Topic	Details		
Topic 1	<ul> <li>PROFESSIONAL CARING &amp; ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.</li> </ul>		
Торіс 4	<ul> <li>Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.</li> </ul>		

Topic 6	<ul> <li>CLINICAL JUDGMENT: This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.</li> </ul>
Topic 8	In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.

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# **AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q705-Q710):**

#### **NEW QUESTION #705**

Which of the following is NOT a recommended technique provided by the AACN for ensuring the proper placement of an enteral feeding tube?

- A. Observe for signs of respiratory distress
- B. Auscultate over the epigastrium while administering an air bolus
- C. Measure the pH of aspirates
- D. Use capnography

#### Answer: B

#### Explanation:

There are four recommended techniques provided by the American Association of Colleges of Nursing (AACN) Practice Alert for preventing aspiration in adults when inserting an enteral feeding tube. These include:

- \* Observing for signs of respiratory distress
- \* Using capnography to detect inadvertent placement in the lungs
- \* Measuring the pH of aspirates
- \* Observing for visual signs of gastric aspirates

Auscultate over the epigastrium while administering an air bolus is not one of the AACN's recommended techniques.

#### **NEW QUESTION #706**

The nurse is caring for a patient and notes a murmur upon auscultation at the apex of the heart. Which of the following valvular disorders should the nurse suspect based on this finding, which is often associated with dilated cardiomyopathy?

- A. Aortic stenosis
- B. Mitral valve defect
- C. Pulmonic insufficiency
- D. Tricuspid valve defect

#### Answer: B

#### Explanation:

When the nurse auscultates a murmur at the apex, it may be related to a mitral valve defect. Murmurs of the mitral valve are loudest at the apex. Damage to the mitral valve can affect the valve's ability to close properly. During ventricular systole, as blood is ejected forward into the aorta, blood is, also, ejected backward through the insufficient mitral valve, causing an abnormal blood flow (murmur) that contributes to an increase in left atrial volume, pressure, and eventually dilation. Over time, the left ventricle dilates and hypertrophies, leading to dilated cardiomyopathy.

#### **NEW QUESTION #707**

A charge nurse is planning staffing for the evening shift after having two nurses call out sick. Which of the following AACN Synergy Model competencies is the nurse exhibiting?

- A. Collaboration
- B. Advocacy and moral agency
- C. This action is not exhibiting one of the AACN Synergy Model competencies
- D. Systems thinking

#### Answer: D

#### Explanation:

The AACN Synergy Model is the source of content for 20% of the CCRN, making this concept a central component of the test. The eight components of the AACN Synergy Model are:

- \* Clinical judgement
- \* Advocacy and moral agency
- \* Caring practices
- \* Collaboration
- \* Systems thinking
- \* Response to diversity
- \* Facilitation of learning
- \* Clinical inquiry

Systems thinking involves critical thinking regarding the system through which healthcare is provided.

Planning to ensure that adequate staff levels are present to provide care is an example of systems thinking.

#### **NEW QUESTION #708**

Pain in the elderly patient is often reported differently than that of a younger patient due to all of the following changes that accompany aging EXCEPT:

- A. physiological
- B. cultural
- C. psychological
- D. social

#### Answer: D

#### Explanation:

Social changes may occur with age, but are not related to pain like other aging related changes.

Psychological, physiologic, and cultural changes occur with aging, some elderly patients may fear loss of control or independence, or may even associate pain with impending death. For these reasons, elderly patients may not report their pain accurately, as if to deny pain is to deny death. It is important for nurses to incorporate behavioral or physiologic indicators of pain into a variety of pain assessment strategies when caring for elderly patients.

#### **NEW QUESTION #709**

A 35-year-old male patient with a history of drug abuse is admitted to the ICU for severe pneumoni a. He expresses a desire to leave the hospital Against Medical Advice (AMA). As the patient's nurse, what should you do FIRST?

- A. Place the patient in restraints
- B. Call security to prevent the patient from leaving
- C. Ensure the patient signs the AMA form prior to leaving
- D. Explain the risks associated with leaving AMA to the patient

#### Answer: D

#### Explanation:

The nurse's first responsibility is to the patient, ensuring their safety and recognizing their right to autonomy. The nurse should explain the potential risks and consequences associated with leaving AMA to ensure the patient's decision is informed. For legal purposes, the nurse should ensure the patient signs an AMA form prior to leaving, however, it is more important that patient safety is prioritized than to ensure legal paperwork is completed. Calling security or placing the patient in restraints are not appropriate responses as they do not respect the patient's autonomy.

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