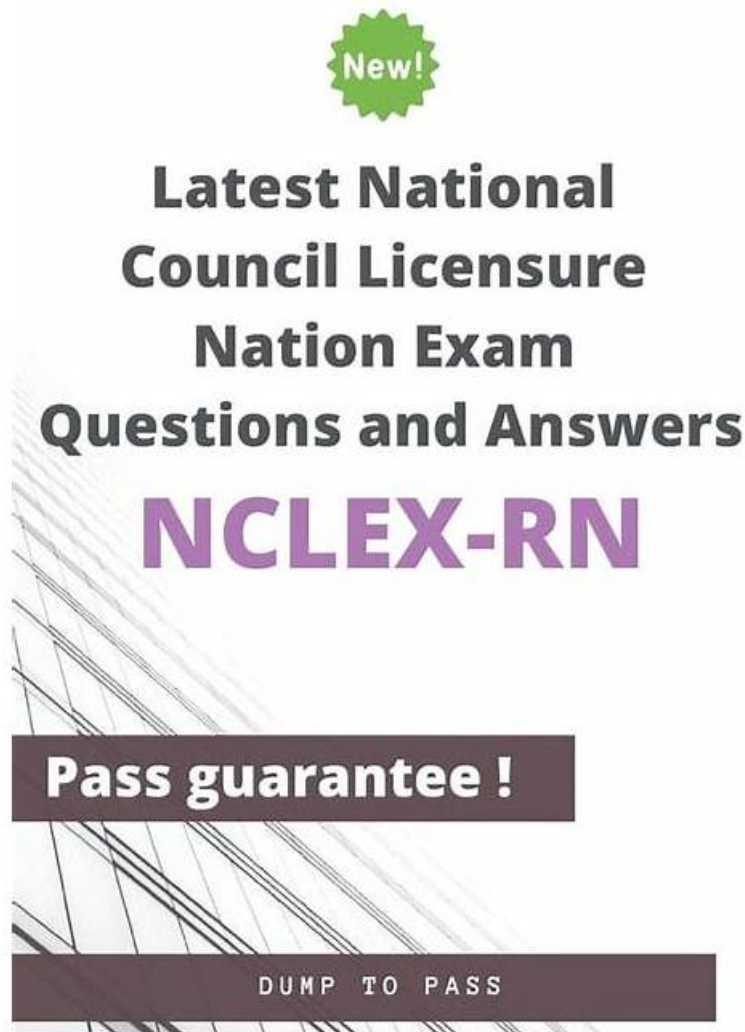


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NCLEX-RN (National Council Licensure Examination for Registered Nurses) is a standardized exam that aspiring registered nurses must pass to become licensed in the United States. NCLEX-RN Exam is designed to test the knowledge, skills, and abilities necessary for safe and effective nursing practice. It is administered by the National Council of State Boards of Nursing (NCSBN) and is used by all state boards of nursing to determine eligibility for licensure.

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Passing the NCLEX-RN Exam is a critical step towards becoming a licensed registered nurse. In addition to passing the exam, nurses must also meet other requirements for licensure, such as completing a nursing program and passing a criminal background check. Once licensed, nurses must also fulfill continuing education requirements to maintain their license and stay up-to-date on the latest developments in nursing practice.

NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q252-Q257):

NEW QUESTION # 252

A 22-year-old client is 16 weeks pregnant. She and her husband are expecting their first baby. The client tells the nurse that her last normal menstrual period was February 16, with 3 days of spotting on February 17, 18, and 19. The nurse calculates her expected date of delivery to be:

- A. December 9th
- B. December 26th
- C. September 14th
- **D. November 23rd**

Answer: D

Explanation:

Explanation/Reference:

Explanation:

(A) Naele's rule is as follows: add 7 days to the 1st day of the last menstrual period, subtract 3 months, and then add 1 year. (B) Naele's rule presumes that the woman has a 28-day menstrual cycle, with conception occurring on the 14th day of the cycle. Slight vaginal spotting may occur in early gestation for unknown reasons but is insignificant in the calculation of Naele's rule. (C) Naele's rule presumes that the woman has a 28-day menstrual cycle, with conception occurring on the 14th day of the cycle. Slight vaginal spotting may occur in early gestation for unknown reasons but is insignificant in the calculation of Naele's rule. (D) Naele's rule presumes that the woman has a 28-day menstrual cycle, with conception occurring on the 14th day of the cycle. Slight vaginal spotting may occur in early gestation for unknown reasons but is insignificant in the calculation of Naele's rule.

NEW QUESTION # 253

A client develops an intestinal obstruction postoperatively. A nasogastric tube is attached to low, intermittent suction with orders to "Irrigate NG tube with sterile saline q1h and prn." The rationale for using sterile saline, as opposed to using sterile water to irrigate the NG tube is:

- A. Water is not isotonic and will increase restlessness and insomnia in the immediate postoperative period.
- B. Saline will reduce the risk of severe, colicky abdominal pain during NG irrigation.
- **C. Water will deplete electrolytes resulting in metabolic acidosis.**
- D. Saline will increase peristalsis in the bowel.

Answer: C

Explanation:

Section: Questions Set G

Explanation:

(A) Water is a hypotonic solution and will deplete electrolytes and cause metabolic acidosis when used for nasogastric irrigation. (B) Irrigating with saline does not cause abdominal discomfort. Severe, colicky abdominal pain is a symptom of intestinal obstruction. (C) Irrigating with water will not cause restlessness or insomnia in the postoperative client. Restlessness and insomnia can be emotional complications of surgery. (D) A nasogastric tube placed in the stomach is used to decompress the bowel. Irrigating with saline ensures a patent, well-functioning tube. Irrigating with saline will not increase peristalsis.

NEW QUESTION # 254

A client with cystic fibrosis exhibits activity intolerance related to the pulmonary problems associated with his disease. However, he needs to be encouraged to participate in daily physical exercise. The ultimate aim of exercise is to:

- A. Help him overcome respiratory infections
- **B. Establish an effective, habitual breathing pattern**
- C. Create a sense of well-being and self-worth
- D. Promote normal growth and development

Answer: B

Explanation:

Explanation/Reference:

Explanation:

(A) Regular exercise does promote a sense of well-being and selfworth, but this is not the ultimate goal of exercise for this client. (B) Regular chest physiotherapy, not exercise per se, helps to prevent respiratory infections. (C) Physical exercise is an important adjunct to chest physiotherapy. It stimulates mucus secretion, promotes a feeling of well-being, and helps to establish a habitual breathing pattern. (D) Along with adequate nutrition and minimization of pulmonary complications, exercise does help promote normal growth and development. However, exercise is promoted primarily to help establish a habitual breathing pattern.

NEW QUESTION # 255

The family member of a child scheduled for heart surgery states, "I just don't understand this open-heart or closed-heart business. I'm so confused! Can you help me understand it?" The nurse explains that patent ductus arteriosus repair is:

- A. A pediatric version of percutaneous transluminal coronary angioplasty performed on adults. It is a closed-heart surgery.
- B. Open-heart surgery. The child will be placed on a heart-lung machine while the surgery is being performed.
- C. A pediatric version of the coronary artery bypass graft surgery performed on adults. It is an open-heart surgery.
- **D. Closed-heart surgery. It does not require that the child be placed on the heart-lung machine while the surgery is being performed.**

Answer: D

Explanation:

Explanation/Reference:

Explanation:

(A) Patent ductus arteriosus repair is a closed-heart procedure. The client is not placed on a heart-lung machine. (B) Patent ductus arteriosus is a ductus arteriosus that does not close shortly after birth but remains patent. Repair is a closed-heart procedure involving ligation of the patent ductus arteriosus. (C) Coronary artery bypass graft surgery is an open-heart surgical procedure in which blocked coronary arteries are bypassed using vessel grafts. (D) Percutaneous transluminal coronary angioplasty is a closedheart procedure that improves coronary blood flow by increasing the lumen size of narrowed vessels.

NEW QUESTION # 256

A client is experiencing muscle weakness and lethargy. His serum K⁺ is 3.2. What other symptoms might he exhibit?

- **A. Dysrhythmias**
- B. Tetany
- C. Numbness of extremities
- D. Headache

Answer: A

Explanation:

Explanation/Reference:

Explanation:

(A) Tetany is seen with low calcium. (B) Low potassium causes dysrhythmias because potassium is responsible for cardiac muscle activity. (C) Numbness of extremities is seen with high potassium. (D) Headache is not associated with potassium excess or deficiency.

NEW QUESTION # 257

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