

# NCE-ABE Pdf Exam Dump, Valid NCE-ABE Exam Test

## NCE EXAM 1 QUESTIONS AND ANSWERS 2023/2024 UPDATE

Acculturation level is influenced by

number of years in the new country, country of origin, age at the beginning of acculturation process. Which part of the brain is least developed at birth

Forebrain

The \_\_\_\_ was passed in response to the U.S.S.R.'s launching of Sputnik and sought to increase the number of trained counselors in secondary schools to raise the number of students enrolled in higher education that were pursuing math and science careers

National Defense Education Act (NDEA)

Wellness is

a state of complete well being - physical, cognitive, and psychological.

\_\_\_\_ is the name of the ACA division dedicated to group

work. Association for Specialists in Group Work

The concept of a free appropriate public education (FAPE) is

associated with IDEA

This 19th century pioneer is credited with recognizing that mental retardation was related to developmental deficiencies rather than mental illness

Jean Esquirol

The \_\_\_\_ design requires random assignment

true experimental design

Parents of a minor client demand to be informed by the counselor about what the client is talking about during counseling sessions. In this situation the first thing the counselor should do is

explain the importance of confidentiality to the parents and if they still insist, try to seek release from the child before disclosing any information to the parent.

A person's genetics and biology make a

person's race

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## NBCC National Counselor Examination Sample Questions (Q83-Q88):

### NEW QUESTION # 83

Successful completion of stage II (transition, storming, or conflict) in a group counseling process usually results in a high degree of cohesiveness among group members. In the early portion of stage II, it is common for group members to

- A. Rely on the group leader.
- B. Meld emotionally.
- **C. Exhibit hostility toward other group members.**
- D. Join to formulate group goals.

**Answer: C**

Explanation:

The Group Counseling and Group Work core area covers stages of group development. In many commonly taught models:

\* Stage I (initial/orientation): Members are cautious, often rely on the leader, and seek structure.

\* Stage II (transition/storming/conflict):

\* Members may show resistance, anxiety, and testing of limits.

\* Conflict and even hostility toward the leader or other members often emerge.

\* This stage is normal and necessary for working through tensions and moving toward cohesion.

Only after working through this conflict do groups typically develop greater trust, cohesion, and emotional closeness in later stages.

### NEW QUESTION # 84

What is the best technique for working with children who are diagnosed with mild intellectual impairment?

- A. Psychoeducation based on the recognition of others' emotions
- B. Peer help for reading and math in a mainstream classroom
- C. Free play with general-population, same-age peers
- **D. Facilitate active and concrete examples of social interaction**

**Answer: D**

Explanation:

The Human Growth and Development core area covers developmental differences, including work with children who have intellectual disabilities. Children with mild intellectual impairment typically:

\* Learn best through concrete, hands-on, and highly structured experiences,

\* Benefit from clear, specific, and immediately relevant examples, especially in social and interpersonal domains.

Option D ("facilitate active and concrete examples of social interaction") matches these principles. It uses active practice and concrete modeling to teach social skills, which is consistent with developmentally appropriate interventions for mild intellectual impairment.

\* A (psychoeducation about recognizing others' emotions) may be useful but is often too abstract if not paired with concrete, experiential methods.

\* B focuses on academic support rather than counseling techniques or social-emotional intervention.

\* C (free play) provides unstructured interaction and may not be sufficient for skill building without guided, concrete instruction.

Therefore, D represents the best technique in line with developmental theory and appropriate intervention strategies for children with mild intellectual impairment.

### NEW QUESTION # 85

What is an appropriate reason for a counselor to consult with another professional counselor?

- A. To engage peers in building a supportive professional community
- B. To share professional frustrations with a trusted colleague
- **C. To seek assistance with ethical obligations or professional practice**
- D. To gather instructions in lieu of professional development

**Answer: C**

Explanation:

In the Professional Counseling Orientation and Ethical Practice core area, counselors are expected to recognize that consultation with colleagues is an important part of maintaining ethical and competent practice. Ethical guidelines emphasize that counselors:

\* Seek consultation or supervision when facing ethical dilemmas,

- \* Seek consultation when a client's needs are beyond their current competence,
- \* Use consultation to improve the quality of client care.

While collegial support (options A and D) can be helpful, CACREP-aligned ethical standards specifically highlight consultation as a means to clarify and uphold ethical responsibilities and strengthen clinical decision-making, not simply to vent or replace formal professional development. Thus, the best answer is C.

To seek assistance with ethical obligations or professional practice.

### NEW QUESTION # 86

A college counselor met with a third-year student who expressed distress after being advised to change majors from education to computer science after the student came out as transgender. What would be the most appropriate initial response?

- A. "I'll help you file a complaint against your advisor."
- B. "You need to do what is best for you regardless of what your advisor says."
- C. "How do you think that being transgender would negatively impact your career choice?"
- D. "What feelings came up for you when your advisor told you that?"

**Answer: D**

Explanation:

This question draws on both Social and Cultural Diversity and Counseling and Helping Relationships core areas. Counselors are expected to:

- \* Demonstrate cultural sensitivity and responsiveness with clients from marginalized groups, including transgender clients.
- \* Respond to potential bias, discrimination, or microaggressions in ways that prioritize the client's safety, dignity, and emotional experience.
- \* Use empathic, client-centered responses to explore feelings before problem-solving or taking action.

Option analysis:

- \* A. "I'll help you file a complaint..." - Advocacy and support may be appropriate later, but jumping straight to action skips the crucial step of understanding the client's internal experience.
- \* B. "What feelings came up for you when your advisor told you that?" - This response is client-centered and explores the student's emotional reaction to a potentially discriminatory event. It aligns with core counseling skills and multicultural competence, making it the best initial response.
- \* C. "How do you think that being transgender would negatively impact your career choice?" - This subtly assumes that being transgender is a negative factor and risks reinforcing stigma, which is contrary to multicultural and ethical principles.
- \* D. "You need to do what is best for you regardless of what your advisor says." - This is advice-giving and bypasses exploration of feelings, context, and potential systemic issues.

Because the first task in a counseling relationship-especially around identity and discrimination-is to understand and validate the client's emotional experience, Option B is the most appropriate initial response.

### NEW QUESTION # 87

Piaget's studies of the cognitive growth of children are an example of which of the following types of research?

- A. Causal-comparative
- B. Correlational
- C. Descriptive
- D. Historical

**Answer: C**

Explanation:

Counselors are expected to understand major developmental theories and the research methods that support them. Piaget's classic work on children's cognitive development relied primarily on systematic observation and description of how children think at different ages. He observed children's responses to tasks and carefully recorded how their thinking changed over time, building a stage model from these observations rather than from statistical tests of relationships between variables.

This type of work is best classified as descriptive research, which focuses on portraying characteristics or developmental patterns of individuals or groups without manipulating variables or inferring cause-and-effect relationships.

By contrast:

- \* Correlational research (B) studies the degree of relationship between variables (e.g., how two measured variables co-vary).
- \* Causal-comparative research (C) compares existing groups to look for possible causes after the fact (ex post facto).
- \* Historical research (D) analyzes past events using records and documents.

- [illegible]

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