

Sample EMT Questions Answers, EMT Free Exam Questions

EMT--Trauma Practice Test with Answers

During transport of a patient with a head injury, what assessment factor will provide you with the most information regarding the patient's condition?

- A. Pupil size
- B. Heart size
- C. Mental status
- D. Blood pressure -
✓ Mental status

A young man fell and landed on his outstretched hand, resulting in pain and deformity to the left midshaft forearm. Distal circulation should be assessed at which of the following pulse locations?

- A. Radial
- B. Brachial
- C. Pedal
- D. Popliteal -
✓ Radial

You are called to a local nightclub for an injured patient. Upon arrival, you see a young man who is lying on the ground screaming in pain, bright red blood is spurting from an apparent stab wound to his groin area. Your first action should be to

- A. control the bleeding
- B. apply 100% oxygen
- C. ensure an open airway
- D. elevate the patient's legs -
✓ control the bleeding

During a soccer game, a 20 year old man collided shoulder to shoulder with another player. He has pain and a noticeable anterior bulge to the left shoulder. What is the most effective method of immobilizing this injury?

- A. An air-inflatable splint with the left arm immobilized in the flexed position
- B. A long board splint with the left arm immobilized in the extended position
- C. A sling to support the left arm and swathes to secure the arm to the body
- D. A sling to support the left arm and swathes to maintain downward traction -
✓ A sling to support the left arm and swathes to secure the arm to the body

Which of the following mechanisms of injury would necessitate performing a rapid trauma assessment?

- A. A 5'8" tall adult who fell 12' from a roof and landed on his side
- B. A stable patient involved in a car crash, whose passenger was killed

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NREMT Emergency Medical Technicians Exam Sample Questions (Q49-Q54):

NEW QUESTION # 49

What should be the EMT's immediate actions when arriving at a scene? Select the two answer options that are correct.

- A. Handing PPE to all providers
- **B. Requesting additional resources**
- C. Providing patient treatment
- D. Ruling out life threats
- **E. Identifying hazards**

Answer: B,E

Explanation:

Comprehensive and Detailed Explanation (Based on NREMT standards):

Upon arrival, EMTs must immediately perform a scene size-up, which focuses on safety and incident management rather than patient treatment.

Option A (Identifying hazards) is correct because recognizing dangers such as traffic, fire, violence, or hazardous materials is essential to prevent responder injury.

Option E (Requesting additional resources) is correct because early recognition of the need for more personnel, ALS support, fire services, or law enforcement improves patient outcomes and scene control.

Option B is incorrect because ruling out life threats occurs during the primary assessment, not immediately upon arrival.

Option C is incorrect because patient treatment must wait until scene safety is confirmed.

Option D is incorrect because PPE use is a personal responsibility, not a primary scene-arrival task.

NREMT stresses that effective EMS operations begin with safety, situational awareness, and resource management.

NEW QUESTION # 50

A patient with emphysema is displaying pursed lip breathing. Which of the following pathological responses is responsible for this type of breathing?

- A. Decreased hemoglobin
- **B. Loss of lung elasticity**
- C. Inadequate diaphragmatic function
- D. Increased mucous production

Answer: B

Explanation:

Pursed-lip breathing is a classic compensatory mechanism seen in patients with emphysema, a form of chronic obstructive pulmonary disease (COPD). According to NREMT education, emphysema is characterized by destruction of the alveolar walls, which leads to loss of lung elasticity. This loss prevents the small airways from remaining open during exhalation.

Option A is correct because pursed-lip breathing creates positive pressure in the airways during exhalation.

This pressure helps keep collapsed airways open longer, allowing trapped air to escape and improving ventilation. It also reduces the work of breathing and helps alleviate dyspnea.

Option B is incorrect because decreased hemoglobin affects oxygen-carrying capacity, not airway mechanics or breathing patterns.

Option C is more commonly associated with chronic bronchitis, not emphysema.

Option D is incorrect because diaphragmatic dysfunction is not the primary cause of pursed-lip breathing.

NREMT emphasizes recognizing compensatory breathing patterns in chronic lung disease to guide supportive care, including oxygen administration and positioning.

NEW QUESTION # 51

A 38-year-old patient is unconscious with slow, shallow, and gasping breaths. The patient is not moving. What should the EMT perform first?

- A. Auscultate breath sounds
- **B. Assess the airway**
- C. Perform a secondary assessment
- D. Check a carotid pulse

Answer: B

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

In any unresponsive patient, the first step is to assess and open the airway to determine patency and identify obstruction or inadequate breathing.

Gasping respirations (agonal) are not effective; they require BVM ventilation support. The airway must be open before checking for a pulse or performing auscultation. A secondary assessment is performed only after primary survey and stabilization.

References:

AHA BLS Provider Manual (2020) - Unresponsive Patient Algorithm

NREMT Airway Skills - Primary Assessment

National EMS Education Standards - Airway, Breathing, Circulation (ABC) Sequence

NEW QUESTION # 52

What components are necessary to maintain adequate perfusion? Select the three correct options.

- A. Hypoxic drive
- **B. Patent airway**
- C. Low ventilation-perfusion ratio
- D. High alveolar pressure
- **E. Sufficient blood volume**
- **F. Intact microcirculation**

Answer: B,E,F

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Perfusion refers to delivery of oxygen and nutrients to tissues. It depends on three essential components:

* Patent airway: Ensures oxygen reaches lungs

* Intact microcirculation: Capillary-level exchange must function

* Sufficient blood volume: Maintains blood pressure and oxygen transport. Hypoxic drive relates to COPD physiology, not perfusion. High alveolar pressure (like from CPAP) may impede venous return, and a low ventilation-perfusion ratio means poor oxygenation efficiency, which negatively affects perfusion.

References:

NREMT Cardiovascular and Shock Guidelines

National EMS Education Standards - Perfusion and Circulatory Assessment
AHA ACLS Provider Manual - Systemic Perfusion Concepts

NEW QUESTION # 53

A 7-year-old patient is confused and disoriented. What should the EMT assess to rapidly determine the patient's condition? Select the three answer options that are correct.

- **A. Accessory muscle use**
- B. Disability
- **C. Response to environment**
- D. Mucous membranes
- **E. Pallor**
- F. Lung sounds

Answer: A,C,E

Explanation:

To rapidly determine a pediatric patient's condition, NREMT emphasizes the Pediatric Assessment Triangle (PAT), which allows EMTs to form a quick clinical impression without hands-on assessment. The PAT consists of appearance, work of breathing, and circulation to skin.

Option F (Response to environment) evaluates appearance, including interaction, awareness, and mental status-critical in a confused child.

Option E (Accessory muscle use) assesses work of breathing, identifying respiratory compromise through visible effort such as retractions or nasal flaring.

Option A (Pallor) reflects circulation to skin, helping identify poor perfusion or shock.

Options B, C, and D are part of more detailed assessments but are not part of the rapid initial determination emphasized by NREMT.

Using the PAT allows EMTs to quickly identify life-threatening problems and prioritize care.

NEW QUESTION # 54

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