

시험패스가능한030-444덤프문제모음덤프샘플문제다 운발기



BONUS!!! Itexamdump 030-444 시험 문제집 전체 버전을 무료로 다운로드하세요: https://drive.google.com/open?id=1-lhGUS12ajNZU9QF2n_gxfglZVtHur_D

030-444인증시험은ACSM사의 인증시험입니다.ACSCM인증사의 시험을 패스한다면 it업계에서의 대우는 달라집니다. 때문에 점점 많은 분들이ACSCM인증030-444시험을 응시합니다.하지만 실질적으로030-444시험을 패스하시는 분들은 너무 적습니다.전문적인 지식을 터득하면서 완벽한 준비하고 응시하기에는 너무 많은 시간이 필요합니다. 하지만 우리Itexamdump는 이러한 여러분의 시간을 절약해드립니다.

ACSM 030-444인증시험덤프는 적응율이 높아 100% ACSM 030-444ACSM 030-444시험에서 패스할 수 있게 만들어져 있습니다. 덤프는 IT전문가들이 최신 실러버스에 따라 몇년간의 노하우와 경험을 충분히 활용하여 연구제작해 낸 시험대비자료입니다. 저희 ACSM 030-444덤프는 모든 시험유형을 포함하고 있는 퍼펙트한 자료기에 한방에 시험패스 가능합니다.

>> 030-444덤프문제모음 <<

시험대비 030-444덤프문제모음 인증공부

다른 사이트에서도ACSM 030-444인증시험관련 자료를 보셨다고 믿습니다.하지만 우리 Itexamdump의 자료는 차원이 다른 완벽한 자료입니다.100%통과 율은 물론Itexamdump을 선택으로 여러분의 직장생활에 더 나은 개편을 가져

다 드리며 ,또한Itexamdump를 선택으로 여러분은 이미 충분한 시험준비를 하였습니다.우리는 여러분이 한번에 통과하게 도와주고 또 일년무료 업데이트서비스도 드립니다.

ACSM 030-444 시험요강:

주제	소개
주제 1	• Exercise Training and Leadership: This section of the exam measures the skills of exercise training instructors and covers the ability to effectively lead and supervise exercise training sessions for individuals with chronic diseases or conditions. It emphasizes the importance of implementing safe and effective exercise programs, modifying exercise plans as needed, and monitoring patients' responses to exercise.
주제 2	• Education and Behavior Change: This section of the exam measures the skills of health and wellness coaches and focuses on educating patients about the benefits of exercise, promoting behavior change, and providing strategies for long-term adherence to physical activity. It includes knowledge of patient-centered health counseling techniques and motivational interviewing skills, tailored exercise recommendations, and strategies for overcoming barriers to adherence.
주제 3	• Legal and Professional Responsibilities: This section of the exam measures the skills of clinical practice managers and covers the legal and ethical considerations related to the practice of clinical exercise physiology. It includes knowledge of professional standards of care, legal regulations, emergency procedures, and risk management strategies. The section also emphasizes the importance of maintaining patient confidentiality, obtaining informed consent, and adhering to ethical guidelines in all aspects of practice.
주제 4	• Exercise Testing: This section of the exam measures the skills of exercise testing technicians and covers the selection, administration, and interpretation of submaximal aerobic exercise tests, as well as tests for musculoskeletal fitness, mobility, and balance. It includes knowledge of the acute and chronic responses to exercise and the ability to modify tests based on medication use or side effects. The focus is on selecting appropriate tests, administering them correctly, and interpreting the results to assess a patient's physical function and balance.

최신 ACSM-CEP 030-444 무료샘플문제 (Q68-Q73):

질문 # 68

Many clients have WI-mode programmed pacemakers. Which of the following is TRUE regarding exercise programming with WI pacemakers?

- A. Persons who are chronotropically competent are tachycardic at rest and should not exercise at low intensities.
- B. Persons with WI pacemakers must avoid exercise on the bicycle ergometer because of the location of the ventricular lead wire and potential for displacement.
- C. BP response is not a good marker of intensity effort in those with WI pacemakers and need not be evaluated during an exercise session.
- D. Persons with WI pacemakers may be chronotropically (HR) competent with exercise but require longer warm-up and gradual increase in intensity during the initial exercise portion of their session.

정답: D

질문 # 69

All of the following factors are important to consider when determining exercise intensity EXCEPT

- A. Individual preference and exercise objectives.
- B. Any previous history participating in organized sports.
- C. An individual's level of fitness.
- D. The risk of cardiovascular or orthopedic injury.

정답: B

질문 # 70

What is the optimal approach for long-term management of body weight?

- A. A low-fat, high-fiber diet and daily physical activity.
- B. Hypocaloric diet.
- C. Resistance training.
- D. Daily aerobic exercise.

정답: A

질문 # 71

What is a subject's work rate in watts if he pedals on a Monark cycle ergometer at 50 rpm at a resistance of 2.0 kiloponds?

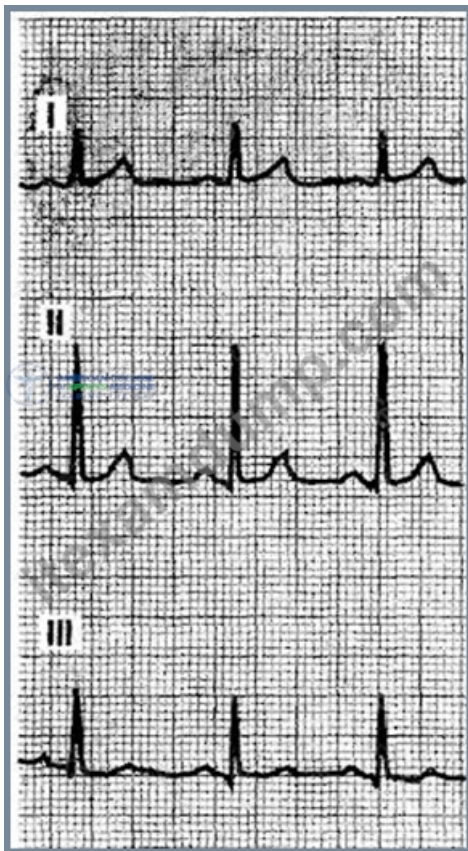
- A. 50W.
- B. 300W.
- C. 200W.
- D. 100W.

정답: D

질문 # 72

Examine the six extremity leads shown in the figure below. What is the appropriate mean QRS axis?

- A. -30° .
- B. 120° .



(From Goldberger AL: Clinical Electrocardiography: A Simplified Approach, 6th ed. St Louis, Mosby, 1999, p 55.)

- C. 90° .
- D. 60° .

질문 # 73

https://drive.google.com/open?id=1-lhGUS12ajNZU9OF2n_gxfg1ZVtHur_D