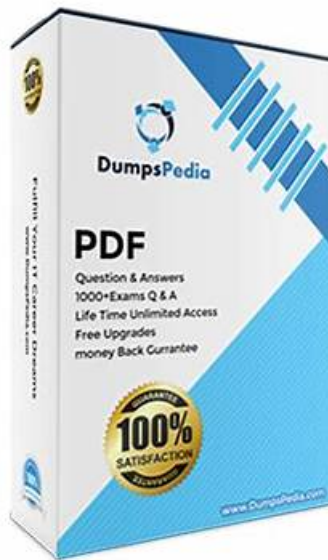


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Psychiatric Rehabilitation Association Certified Child and Family Resiliency Practitioner (CFRP) Sample Questions (Q73-Q78):

NEW QUESTION # 73

During assessment, it is important to encourage children to talk about their experiences and perceptions because children often

- A. are unaware of their strengths and weaknesses.
- B. repress their memories and feelings.
- C. are excited to talk about themselves.
- D. hide important information about themselves.

Answer: A

Explanation:

In the CFRP framework, assessment, planning, and outcomes emphasize engaging children in the assessment process to gain insight into their needs and strengths. Encouraging children to talk about their experiences and perceptions is critical because they are often unaware of their strengths and weaknesses, which can inform tailored interventions. The CFRP study guide states, "During assessments, practitioners should encourage children to share their experiences and perceptions, as children are often unaware of their strengths and weaknesses, providing valuable insights for planning." While children may be excited to talk (option A), repress memories (option C), or hide information (option D), these are less universal and less directly tied to the purpose of identifying strengths and weaknesses.

* CFRP Study Guide (Section on Assessment, Planning, and Outcomes): "Encouraging children to discuss their experiences during assessments is essential, as they are often unaware of their strengths and weaknesses, which informs effective planning." References: Certified Child and Family Resiliency Practitioner (CFRP) Study Guide, Section on Assessment, Planning, and Outcomes, Child-Centered Assessments.

Psychiatric Rehabilitation Association (PRA) Guidelines on Strengths-Based Assessment.

NEW QUESTION # 74

Generational poverty is defined as a

- A. family having been in poverty for two or more generations.
- B. life event that causes poverty for a family lasting up to 20 years.
- C. downward trend in socio-economic status.
- D. financial event affecting an entire generation.

Answer: A

Explanation:

Systems competencies in the CFRP framework include understanding socio-economic factors like generational poverty, which impacts family resilience. Generational poverty is defined as a family having been in poverty for two or more generations, reflecting entrenched economic challenges. The CFRP study guide states, "Generational poverty is defined as a family experiencing poverty for two or more consecutive generations, creating systemic barriers to resilience." A life event causing poverty (option A) or a financial event (option D) is situational, not generational. A downward trend (option B) is too vague to define generational poverty.

* CFRP Study Guide (Section on Systems Competencies): "Generational poverty refers to a family having been in poverty for two or more generations, posing significant systemic challenges to family well-being." References: CFRP Study Guide, Section on Systems Competencies, Socio-Economic Factors.

Psychiatric Rehabilitation Association (PRA) Guidelines on Poverty and Mental Health.

NEW QUESTION # 75

The concept of person-first language is founded in

- A. the limits of disability.
- B. the need for accommodation.
- C. respect for differences.
- D. political correctness.

Answer: C

Explanation:

The CFRP framework emphasizes cultural competence and respectful communication within interpersonal competencies. Person-first language, which prioritizes the individual over their disability or condition (e.g., "a child with autism" rather than "an autistic child"), is founded in respect for differences. This approach acknowledges the dignity and individuality of each person. The CFRP study guide states, "Person-first language is rooted in respect for differences, emphasizing the individual's humanity and unique qualities over their condition or disability." The limits of disability (option A) or the need for accommodation (option B) are not the foundation, though they may relate to its application. Political correctness (option C) is a mischaracterization, as person-first language is about dignity, not superficial compliance.

* CFRP Study Guide (Section on Interpersonal Competencies): "The concept of person-first language is founded in respect for differences, promoting dignity by prioritizing the individual's identity over their disability or condition." References:

Certified Child and Family Resiliency Practitioner (CFRP) Study Guide, Section on Interpersonal Competencies, Respectful Communication.

Psychiatric Rehabilitation Association (PRA) Guidelines on Person-First Language.

NEW QUESTION # 76

A principle of family support is demonstrated when the practitioner

- A. sets firm boundaries with the family to manage identified concerns.
- B. acquires resources he feels the family needs to be successful.
- C. establishes a contract for the family based on behaviors and contingencies.
- **D. affirms a family's cultural, racial, and linguistic identities.**

Answer: D

Explanation:

A core principle of family support within the CFRP framework's interpersonal competencies is cultural competence, which involves affirming a family's cultural, racial, and linguistic identities. This practice fosters trust and ensures services are relevant and respectful of the family's unique context. The CFRP study guide states, "Affirming a family's cultural, racial, and linguistic identities is a fundamental principle of family support, promoting engagement and resilience." Acquiring resources (option A) is part of case management but not a defining principle of family support. Establishing behavioral contracts (option C) or setting firm boundaries (option D) may be therapeutic techniques but do not represent the core principle of family support as directly as cultural affirmation.

* CFRP Study Guide (Section on Interpersonal Competencies): "A key principle of family support is affirming the cultural, racial, and linguistic identities of families to build trust and support resilience." References:

Certified Child and Family Resiliency Practitioner (CFRP) Study Guide, Section on Interpersonal Competencies, Cultural Competence.

Psychiatric Rehabilitation Association (PRA) Guidelines on Family Support Principles.

NEW QUESTION # 77

Empathy is

- **A. understanding a person on a cognitive and emotional level.**
- B. feeling pity or sorrow for someone's misfortune.
- C. being concerned with the well-being of another.
- D. sharing a similar experience with someone else.

Answer: A

Explanation:

Interpersonal competencies in the CFRP framework highlight empathy as a key skill for building therapeutic relationships. Empathy is defined as understanding a person on both a cognitive (intellectual comprehension) and emotional (feeling with) level, enabling deep connection. The CFRP study guide states, "Empathy involves understanding a person on a cognitive and emotional level, fostering trust and validation in interactions." Feeling pity (option A) describes sympathy, not empathy. Sharing experiences (option C) is not required for empathy, and concern for well-being (option D) is too broad.

* CFRP Study Guide (Section on Interpersonal Competencies): "Empathy is the ability to understand a person on both cognitive and emotional levels, creating a foundation for trustful relationships." References:

CFRP Study Guide, Section on Interpersonal Competencies, Empathy in Practice.

Psychiatric Rehabilitation Association (PRA) Guidelines on Therapeutic Communication.

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