


# EMT Reliable Exam Bootcamp, EMT Exam Objectives Pdf

| EMT Exam Overview   |   |
|---|---|
| <b>General Information</b>  |   |
| <ul style="list-style-type: none"><li>• <b>Cognitive Exam</b><ul style="list-style-type: none"><li>◦ 70-120 Questions</li><li>◦ 2 Hours</li></ul></li></ul>   | <ul style="list-style-type: none"><li>• <b>Psychomotor Exam</b><ul style="list-style-type: none"><li>◦ Hands-On Testing</li><li>◦ Varies by State</li></ul></li></ul> |
| <b>Cognitive Exam Breakdown</b>   |   |
| <ul style="list-style-type: none"><li>• <b>Airway, Respiration, and Ventilation (18-22%)</b></li><li>• <b>Cardiology and Resuscitation (20-24%)</b></li><li>• <b>Trauma (14-18%)</b></li><li>• <b>Obstetrics and Gynecology (27-31%)</b></li><li>• <b>EMS Operations (10-14%)</b></li></ul> |   |
|    |   |
| <div style="border: 1px solid red; padding: 5px; display: inline-block;">The cognitive exam is computer adaptive (CAT).</div>   |   |

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## How can you ready for Emergency Medical Technicians (EMT) Exam

**For Emergency Medical Technicians (EMT) Exam, there is a study guide**

**Emergency Medical Technicians (EMT): Get our quick guide if you don't have time to read all the page.**

The National Registry of Emergency Medical Technicians, or NREMT, is a nonprofit organization that helps maintain the skills, knowledge, and abilities of Emergency Medical Technicians (EMTs) in the United States. Although you probably know the important role EMUs play in our society, you may not be familiar with the proof required to become an emergency medical technician. NREMT manages a wide range of professional emergency medical tests, including First Aid, First Aid (EMR), First Aid Technicians (EMT), Advanced First Aid Technicians (AEMT), EMT -Intermediate / 99 (EMT- I / 99) and paramedics. Although the exams vary by type of emergency responder, they cover all the general knowledge and skills necessary to provide emergency medical services. In this guide, we'll cover everything you need to know about the EMT exam, including study tips, test content, scoring, the best NREMT practice exam, and much more.

## Following is the Test Prep EMT Exam Format

Format: Multiple choices, multiple answers

- Length of Examination: 120 minutes
- Number of Questions: 70-120
- Passing score: 70%
- Language: English

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## EMT Exam Objectives Pdf - EMT Exam Price

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## EMT Emergency Medical Technician

EMT (Emergency medical technician), sometimes also called ambulance technician, is the term employed to describe a health care provider of emergency medical services. As EMTs most commonly work in ambulances, they are trained to respond quickly to emergency situations regarding medical issues, traumatic injuries and accident scenes.

EMTs are certified according to their level of training, and EMT certification requirements are set by the National Highway Traffic Safety Administration and The National Registry of Emergency Medical Technicians (NREMT). NREMT and NHTSA provide certification exams for four levels of EMTs: EMT-B (Basic); EMT-I/85 (Intermediate); EMT-I/99 (Intermediate or Advanced); EMT-P (Paramedic).

The vast majority of EMT Exam candidates find these exams rather challenging. To boost your chances at passing the EMT exam from your first attempt, we recommend that you practice with the latest exam questions and answers as much as possible. This approach has proven itself beneficial for all levels of the EMT exams.

## NREMT Emergency Medical Technicians Exam Sample Questions (Q155-Q160):

### NEW QUESTION # 155

In an MCI, a 32-year-old patient is unresponsive and not breathing. Which of the following interventions should the EMT perform first?

- A. Provide mechanical ventilations.
- B. Administer chest compressions.
- C. Open the airway.
- D. Assess their blood pressure.

**Answer: C**

Explanation:

The correct answer is B because during mass-casualty incident (MCI) triage, the EMT follows a rapid assessment approach (such as START triage). For an unresponsive, non-breathing patient, the first step is to open the airway to determine if breathing resumes. NREMT-aligned triage principles emphasize that if the patient begins breathing after airway repositioning, they are categorized as immediate. If they do not begin breathing, they are tagged as deceased/expectant, and no further resuscitation (like CPR) is initiated during triage.

Therefore, airway opening is the first and most critical step in this scenario.

### NEW QUESTION # 156

Which of the following adverse conditions typically occurs during hemodialysis treatment?

- A. Tinnitus
- B. Hypertension
- C. Muscle cramps
- D. Gallstones

**Answer: C**

Explanation:

The correct answer is D. Muscle cramps.

Hemodialysis is a process that removes waste products and excess fluid from the blood in patients with kidney failure. During this process, rapid shifts in fluid and electrolytes can lead to several complications.

One of the most common adverse effects during hemodialysis is muscle cramps, which are primarily caused by:

- \* Rapid fluid removal (hypovolemia)
- \* Electrolyte imbalances
- \* Changes in osmolarity

Why D is correct:

NREMT-based medical guidelines highlight that:

- \* "Patients undergoing dialysis commonly experience complications such as hypotension and muscle cramping."
- \* Muscle cramps are frequently reported during or immediately after dialysis due to fluid shifts.

Why the other options are incorrect:

- \* A. Tinnitus: Not associated with dialysis treatment.
- \* B. Gallstones: A chronic condition unrelated to dialysis sessions.
- \* C. Hypertension: While kidney patients may have hypertension, dialysis more commonly causes hypotension, not hypertension, during treatment.

Exact Extracts:

- \* "Complications of dialysis include hypotension and muscle cramps."
- \* "Rapid fluid shifts during dialysis can result in painful muscle cramping."
- \* "Dialysis patients may experience electrolyte imbalances leading to neuromuscular symptoms." References: NREMT EMT Education Standards - Medical Emergencies (Renal and Urologic Conditions) NREMT National Continued Competency Program (NCCP) - Medical Content Prehospital Emergency Care (EMT) - Renal Emergencies

### NEW QUESTION # 157

A 22-year-old patient fell and had pain in their right arm. The EMT began transporting the patient without splinting the arm. During transport, the patient's pain increased, and a deformity formed. The patient required surgical intervention for a displaced fracture. Based on this example, which of the following elements of negligence could be applied?

- A. Breach of duty
- **B. Causation**
- C. Duty to act
- D. Damages

**Answer: B**

Explanation:

The correct answer is B. Causation.

Negligence in EMS requires four elements:

- \* Duty to act
- \* Breach of duty
- \* Causation
- \* Damages

Why B is correct (Causation):

Causation refers to:

- \* A direct link between the EMT's actions (or inaction) and the patient's injury or worsening condition In this scenario:
- \* The EMT failed to splint the arm
- \* During transport, the injury worsened (deformity developed)
- \* The patient required surgical intervention

This demonstrates that the EMT's action (not splinting) directly caused further harm, which defines causation.

NREMT-aligned references state:

- \* "Causation means that the provider's actions directly caused the patient's injury." Why the other options are incorrect:
- \* A. Damages Refers to the actual harm or injury suffered (which is present, but the question focuses on the link between action and outcome)
- \* C. Duty to act Refers to the EMT's responsibility to provide care (already assumed in this scenario)
- \* D. Breach of duty Refers to failure to meet the standard of care (also present, but the question specifically highlights the resulting worsening condition, pointing to causation) Exact Extracts (NREMT-aligned EMT educational references):
- \* "Negligence requires duty to act, breach of duty, causation, and damages."
- \* "Causation links the provider's actions to the patient's injury."
- \* "Failure to provide appropriate care that results in harm establishes causation." Clinical Priority Summary:

Because the EMT's failure to splint directly led to worsening injury and need for surgery, this scenario best illustrates causation, making B the correct answer.

References:

NREMT EMT Education Standards - EMS Operations (Medical, Legal & Ethical Issues) NREMT National Continued Competency Program (NCCP) AAOS Emergency Care and Transportation of the Sick and Injured (NREMT-aligned)

### NEW QUESTION # 158

A 58-year-old patient reports chest pain and difficulty breathing after missing their last three hemodialysis treatments. Which of the following signs and symptoms should the EMT suspect to find?

- A. Fever
- **B. Crackles**
- C. Hypotension
- D. Bradycardia

**Answer: B**

Explanation:

Missing dialysis leads to fluid overload, causing:

\* Pulmonary edema, evident by crackles on auscultation

\* Dyspnea and chest discomfort

Bradycardia is less likely; patients more often present with tachycardia due to volume stress. Fever would suggest infection (not stated here), and hypotension can occur later, but hypertension is more common in early fluid overload.

References:

NREMT Medical Emergencies - Renal and Dialysis Patients

National Kidney Foundation Guidelines - Missed Dialysis and Pulmonary Symptoms AAOS EMT Textbook - Urologic and Fluid Volume Imbalance

### NEW QUESTION # 159

A 38-year-old patient is unconscious with slow, shallow, and gasping breaths. The patient is not moving. What should the EMT perform first?

- **A. Assess the airway**
- B. Auscultate breath sounds
- C. Check a carotid pulse
- D. Perform a secondary assessment

**Answer: A**

Explanation:

In any unresponsive patient, the first step is to assess and open the airway to determine patency and identify obstruction or inadequate breathing.

Gasping respirations (agonal) are not effective; they require BVM ventilation support. The airway must be open before checking for a pulse or performing auscultation. A secondary assessment is performed only after primary survey and stabilization.

References:

AHA BLS Provider Manual (2020) - Unresponsive Patient Algorithm


NREMT Airway Skills - Primary Assessment

National EMS Education Standards - Airway, Breathing, Circulation (ABC) Sequence

### NEW QUESTION # 160

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