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Adult CCRN/PCCN Certification Practice Test 2025/2026 Exam Questions and Answers | 100% Pass

One day following posterior spinal fusion surgery a 35 year old female suddenly exhibits restlessness, labored breathing and acute chest pain. Her heart rate is 122/min., she is afebrile, and exhibits slightly diminished breath sounds on the right side.

The findings described above should lead the nurse to suspect that the patient has developed:

- A. A spontaneous pneumothorax
- B. A pulmonary embolus
- C. Aspiration pneumonia
- D. A pleural effusion - ANSWER ✓✓B. A pulmonary embolus

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AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">• PROFESSIONAL CARING & ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.

Topic 2	<ul style="list-style-type: none"> Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.
Topic 4	<ul style="list-style-type: none"> In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.
Topic 5	<ul style="list-style-type: none"> The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.
Topic 6	<ul style="list-style-type: none"> CLINICAL JUDGMENT: This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.

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AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q261-Q266):

NEW QUESTION # 261

A patient is admitted for acute benzodiazepine overdose. Nursing interventions should include administration of

- A. sodium bicarbonate.
- **B. flumazenil (Romazicon).**
- C. naloxone (Narcan).
- D. osmotic diuretics.

Answer: B

Explanation:

Flumazenil is a benzodiazepine antagonist that can reverse the effects of benzodiazepine overdose. It acts by competitively inhibiting the activity at the benzodiazepine receptor, thus reversing sedation and other effects caused by benzodiazepines. Sodium bicarbonate, naloxone, and osmotic diuretics are not appropriate treatments for benzodiazepine overdose. References: AACN Adult CCRN Certification Review Course, AACN CCRN Exam Handbook.

NEW QUESTION # 262

Which of the following statements made by the nurse when providing teaching on the interventions for pulmonary fibrosis is INCORRECT?

- A. You should avoid taking nitrofurantoin.
- **B. You may need to go on oxygen at some point as your disease progresses.**

- C. You should stop smoking as soon as possible.
- D. You should consider genetic counseling prior to having children to avoid passing this disease on to them.

Answer: D

Explanation:

Pulmonary fibrosis is not a congenital disease and genetic counseling is not necessary when considering starting a family like it would be for conditions such as cystic fibrosis. Smoking cessation and avoiding medications that cause lung toxicity, such as nitrofurantoin, is recommended. Oxygen therapy may be necessary as pulmonary fibrosis progresses.

NEW QUESTION # 263

A patient is admitted with an acute anterior wall MI. Initial hemodynamic readings are:

The nurse anticipates initiating a plan of care for

- A. pulmonary hypertension.
- B. cardiogenic shock.
- C. volume overload.
- D. right ventricular infarct.

Answer: B

Explanation:

The hemodynamic readings provided (BP 80/60, HR 110, CVP 20 mm Hg, PAOP 26 mm Hg, CO 2.1 L/min, CI 1.3 L/min/m², PAP 42/32 mm Hg, SVR 1762 dynes/sec/cm) suggest cardiogenic shock. This condition is characterized by low cardiac output and index, elevated filling pressures (CVP and PAOP), and systemic vascular resistance. Cardiogenic shock often occurs following an acute anterior wall myocardial infarction (MI) due to extensive damage to the myocardium, leading to impaired contractility and inadequate tissue perfusion. References: = CCRN Exam Handbook, page 12

NEW QUESTION # 264

All of the following signs and symptoms of drug overdose are commonly seen with an opioid overdose EXCEPT:

- A. respiratory depression
- B. seizures
- C. behavioral changes
- D. decreased Level of Consciousness (LOC)

Answer: B

Explanation:

The specific signs and symptoms of drug overdose depend on the substance ingested, with opioids overdoses resulting in neurological depression. The changes that occur with this include changes in mental status (generally decreased LOC), behavioral changes, and respiratory depression.

Seizures are specific to PCP intoxication and tricyclic antidepressant overdoses, but may also occur with certain types of withdrawals.

NEW QUESTION # 265

The critical care nurse is assuming care for a patient who underwent a thoracotomy one day ago. The nurse anticipates the plan of care for this patient will involve all of the following EXCEPT:

- A. use of incentive spirometry
- B. chest tube removal
- C. pain control
- D. frequent side-to-side positioning and sitting upright

Answer: B

Explanation:

The thoracotomy incision is one of the most painful surgical incisions and pain control is an important factor in recovery and

prevention of respiratory complications. In addition, frequent side-to-side repositioning in bed is essential to prevent atelectasis and other complications, deep breathing exercises and use of incentive spirometry are encouraged regularly, and early ambulation and sitting at the bedside are important to improve diaphragmatic excursion.

Chest tubes generally stay in place until lung expansion is restored, fluid or air removal has been accomplished, and the underlying lung abnormality has been resolved or corrected.

NEW QUESTION # 266

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