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Questions EMT Pdf - EMT Relevant Answers

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NREMT Emergency Medical Technicians Exam Sample Questions (Q194-Q199):

NEW QUESTION # 194

Through which of the following routes is hepatitis A transmitted?

- A. Urine
- B. Saliva
- C. Blood
- **D. Fecal**

Answer: D

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Hepatitis A virus is transmitted exclusively via the fecal-oral route. Ingesting contaminated food or water allows the virus to enter the digestive tract, infecting liver cells. It's often spread through poor hand hygiene or unsanitary food handling. It is not bloodborne, unlike Hepatitis B and C. It is not commonly spread through saliva or urine.

References:

CDC: "Hepatitis A - Questions and Answers for Health Professionals"

NREMT Medical Guidelines - Communicable Disease

National EMS Education Standards - Infection Control and Prevention

NEW QUESTION # 195

Which of the following actions are steps for inserting a nasopharyngeal airway? Select the two answer options that are correct.

- **A. Place the device in the larger nostril.**
- B. Measure from the corner of the mouth to the tip of the ear.
- C. Insert the bevel away from the septum.
- D. Follow the base of the tongue during insertion.
- **E. Lubricate the distal tip.**

Answer: A,E

Explanation:

The correct answers are D. Place the device in the larger nostril and E. Lubricate the distal tip.

Proper insertion of a nasopharyngeal airway (NPA) follows specific steps outlined in NREMT-aligned airway management guidelines.

Correct Steps:

1. Choose the larger nostril (D):

* The NPA should be inserted into the nostril with better airflow (larger nostril) to reduce resistance and trauma.

* This improves ease of insertion and patient comfort.

2. Lubricate the distal tip (E):

* The airway must be lubricated with a water-soluble lubricant before insertion.

* This minimizes friction and reduces the risk of nasal mucosal injury or bleeding.

NREMT-aligned references state:

* "Insert the NPA into the larger nostril when possible."

* "Lubricate the airway prior to insertion."

Why the other options are incorrect:

* A. Measure from the corner of the mouth to the tip of the ear # Incorrect

* This measurement is used for an oropharyngeal airway (OPA), not an NPA.

* NPA is measured from nose to earlobe.

- * B. Follow the base of the tongue during insertion # Incorrect
- * This applies to OPA insertion, not NPA.
- * NPA is inserted along the floor of the nasal passage.
- * C. Insert the bevel away from the septum # Incorrect
- * The bevel should face toward the septum (medially), not away.

Exact Extracts (NREMT-aligned EMT educational references):

- * "Measure NPA from the nostril to the earlobe."
- * "Lubricate the airway before insertion."
- * "Insert into the larger nostril if possible."
- * "Advance gently along the nasal floor."

Clinical Priority Summary:

Correct NPA insertion requires proper nostril selection and lubrication, making D and E the correct answers.

References:

NREMT EMT Education Standards - Airway, Respiration & Ventilation

NREMT National Continued Competency Program (NCCP)

AAOS Emergency Care and Transportation of the Sick and Injured (NREMT-aligned)

NEW QUESTION # 196

The AED announces, "Shock advised." You should suspect:

- A. Atrial fibrillation
- B. Pulseless electrical activity
- C. Asystole
- **D. Ventricular tachycardia**

Answer: D

Explanation:

The correct answer is D. Ventricular tachycardia.

When an AED states "shock advised," it means the device has detected a shockable rhythm, which includes:

- * Ventricular fibrillation (VF)
- * Pulseless ventricular tachycardia (VT)

Among the answer choices, the only shockable rhythm listed is ventricular tachycardia.

Why this is correct:

AEDs are specifically programmed to identify rhythms that benefit from defibrillation. According to NREMT and AHA guidelines:

- * "Shockable rhythms include ventricular fibrillation and pulseless ventricular tachycardia." Why the other options are incorrect:
- * A. Asystole: This is a non-shockable rhythm (flatline). Treatment is CPR and medications, not defibrillation.
- * B. Atrial fibrillation: This is typically a perfusing rhythm and is not treated with AED shocks in cardiac arrest.
- * C. Pulseless electrical activity (PEA): Also a non-shockable rhythm; treated with CPR and addressing underlying causes.

Exact Extracts (NREMT-aligned EMT educational references):

* "AEDs will advise a shock only for ventricular fibrillation or pulseless ventricular tachycardia."

* "Asystole and pulseless electrical activity are non-shockable rhythms." Clinical Priority Summary:

A "shock advised" message always indicates a shockable rhythm, and the only correct option given is ventricular tachycardia, making D the correct answer.

References:

NREMT EMT Education Standards - Cardiology & Resuscitation

American Heart Association (AHA) Guidelines for CPR and ECC

NREMT National Continued Competency Program (NCCP)

NEW QUESTION # 197

A 13-year-old patient is lethargic with a fever, headache, and a stiff neck. Which of the following statements should the EMT consider while caring for this patient? Select the two answer options that are correct.

- **A. Airway management is a concern for this patient.**
- B. The patient requires minimal stimuli to prevent vomiting.
- C. The patient must get fully decontaminated prior to treatment.
- **D. The patient is likely contagious to others.**
- E. EMTs cannot treat the patient without a parent 's consent.

Answer: A,D

Explanation:

The correct answers are A. The patient is likely contagious to others and B. Airway management is a concern for this patient.

Key Diagnosis: Suspected Meningitis

The patient presents with:

- * Fever
- * Headache
- * Stiff neck
- * Lethargy

These are classic signs of meningitis, a serious infection of the central nervous system.

Why A is correct (Contagious):

- * Certain forms of meningitis (especially bacterial meningitis) are highly contagious
- * Spread via respiratory droplets

NREMT-aligned guidance states:

- * "Patients with suspected meningitis should be considered contagious."
- * "Use appropriate PPE and precautions."

Why B is correct (Airway concern):

- * Decreased level of consciousness (lethargy) increases risk of:
- * Airway compromise
- * Vomiting and aspiration
- * Continuous airway monitoring is critical
- * "Altered mental status requires close airway monitoring."

Why the other options are incorrect:

- * C. Minimal stimuli to prevent vomiting# More associated with head injury or increased ICP, not primary meningitis management
- * D. Cannot treat without parent consent# In emergencies, implied consent applies, especially in minors

* E. Full decontamination required# Not indicated - meningitis is not a hazardous materials exposure Exact Extracts (NREMT-aligned EMT educational references):

- * "Meningitis may present with fever, headache, stiff neck, and altered mental status."
- * "Consider patients contagious and use PPE."
- * "Airway management is a priority in patients with decreased LOC."

Clinical Priority Summary:

Suspected meningitis requires infection control precautions and airway vigilance, making A and B the correct answers.

References:

NREMT EMT Education Standards - Medical Emergencies (Neurological/Infectious) NREMT National Continued Competency Program (NCCP) AAOS Emergency Care and Transportation of the Sick and Injured (NREMT-aligned)

NEW QUESTION # 198

A program whose efforts are to limit the effects of an injury or illness that you cannot completely prevent is called:

- A. reactive prevention
- **B. secondary prevention**
- C. proactive prevention
- D. primary prevention

Answer: B

Explanation:

Comprehensive and Detailed Explanation:

The correct answer is A. secondary prevention.

Key Concept: Levels of Prevention

EMS and public health recognize three levels of prevention:

- * Primary prevention
- * Prevents the injury or illness before it occurs
- * Example: seat belts, vaccinations
- * Secondary prevention #
- * Reduces the effects of an illness or injury that has already occurred or cannot be fully prevented
- * Focuses on early detection and limiting severity
- * Tertiary prevention
- * Reduces long-term complications and disability

* Example: rehabilitation

Why A is correct (Secondary Prevention):

* The question states: "limit the effects of an injury or illness that you cannot completely prevent"

* This directly matches the definition of secondary prevention, which aims to:

* Minimize severity

* Detect problems early

* Prevent worsening

Why the other options are incorrect:

* B. Primary prevention# Focuses on stopping the problem before it starts, not limiting effects

* C. Reactive prevention# Not a recognized EMS/public health category

* D. Proactive prevention# Also not a formal classification in EMS prevention models Key Takeaway:

* Primary = prevent occurrence

* Secondary = limit effects (correct answer)

* Tertiary = reduce long-term impact

References:

NREMT EMT Education Standards - EMS Operations (Prevention & Public Health) AAOS Emergency Care and Transportation of the Sick and Injured NHTSA EMS Education Guidelines

NEW QUESTION # 199

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