



**NCE-ABE시험대비 최신버전 덤프자료 - NCE-ABE퍼펙트 최신 덤프**

**최신 National Certified Counselor NCE-ABE 무료샘플문제 (Q147-Q152):**

### 질문 # 147

The type of test validity that refers to the test's relationship to independent ratings of an individual's performance in a particular area is:

- A. Face validity.
- B. Content validity.
- **C. Criterion validity.**
- D. Construct validity.

정답: C

설명:

Within the Intake, Assessment and Diagnosis work behavior area, counselors are expected to understand the basic principles of test construction, reliability, and validity so they can select and interpret assessment instruments appropriately.

Criterion validity refers to how well a test score is related to an external criterion, such as independent ratings, real-world performance, or other objective measures of behavior or achievement. For example, if a test is designed to measure job performance, its criterion validity would be demonstrated by the strength of the relationship between test scores and supervisor performance ratings or actual productivity.

\* Face validity (A) is a superficial judgment about whether a test appears to measure what it claims to measure and is not based on statistical relationships.

\* Content validity (C) concerns whether the items on a test adequately represent the full range of the content area or domain being measured.

\* Construct validity (D) refers to how well a test measures a theoretical construct or trait (such as depression, anxiety, or intelligence) and involves an accumulation of evidence from many sources.

Because this question specifically references the test's relationship to independent ratings of performance, it is describing criterion validity, making option B the correct answer.

### 질문 # 148

Techniques such as relaxation training, covert modeling, mental imagery, interpretation, and empty chair are routinely used by counselors who favor which of the following approaches to counseling?

- **A. Eclectic**
- B. Affective
- C. Cognitive
- D. Behavioral

정답: A

설명:

The techniques listed come from different theoretical orientations:

\* Relaxation training - commonly associated with behavioral and cognitive-behavioral approaches.

\* Covert modeling - a behavioral technique using imagined models.

\* Mental imagery - used in both cognitive and experiential/affective approaches.

\* Interpretation - often associated with psychodynamic and insight-oriented therapies.

\* Empty chair - a hallmark of Gestalt and other affective/experiential approaches.

Because this list spans multiple theoretical orientations, the best match is D. Eclectic, where counselors intentionally draw techniques from different theories and apply them in an integrated manner based on client need rather than allegiance to a single model.

NBCC Counselor Work Behavior Areas describe effective counselors as able to:

\* Select and apply a variety of interventions.

\* Match techniques to client goals, problems, and preferences.

\* Integrate methods from different orientations when appropriate.

This is the essence of an eclectic approach, making D the correct answer.

### 질문 # 149

Which of the following types of data is considered to have the greatest impact when collecting career counseling program data for accountability purposes?

- A. Process
- **B. Outcome**

- C. Input
- D. Context

**정답: B**

**설명:**

In accountability and program evaluation, counselors are expected to use data that reflects actual client change to demonstrate effectiveness. Within professional practice, the most powerful and persuasive evidence is outcome data, because it shows:

- \* What changed for clients (e.g., improved career decision-making, job placement, satisfaction with career choice).
- \* The degree to which program goals and client objectives were met.
- \* The impact of services on client functioning and development.

By comparison:

- \* Input data focuses on what resources went into the program (e.g., staff, time, materials).
- \* Context data describes the environment or client population characteristics.
- \* Process data shows what was done (activities, number of sessions), but not whether it worked.

NBCC-aligned counselor work behaviors emphasize using results-focused (outcome) data for accountability to stakeholders and for improving services, which is why outcome data has the greatest impact.

**질문 # 150**

What term describes the phenomenon of an adolescent girl who complains about being grouped with other girls in math because, she says, "Most girls are not good at math, but I am"?

- A. Internalized privilege
- **B. Internalized sexism**
- C. Gender role conflict
- D. Gender identity

**정답: B**

**설명:**

The Social and Cultural Diversity core area requires counselors to understand oppression, privilege, and internalized oppression, including internalized racism, sexism, and other forms of bias.

\* Internalized sexism occurs when individuals from a marginalized gender group adopt and believe sexist stereotypes about their own group.

\* In this example, the adolescent states, "Most girls are not good at math," which reflects a negative stereotype about girls' abilities, and then claims to be the exception ("but I am"). This is a classic presentation of internalized sexism: accepting a harmful cultural stereotype about one's own gender group.

Gender role conflict refers to distress that arises from rigid gender-role expectations and how they conflict with a person's behavior or self-concept; it does not necessarily involve endorsing a demeaning stereotype about one's group. Gender identity is simply one's internal sense of gender. Internalized privilege would refer to members of a dominant group accepting and benefiting from their unearned advantages; she is not in the privileged group in this stereotype.

Therefore, the term that best matches CACREP's description of internalized oppression in this scenario is A. Internalized sexism.

**질문 # 151**

What is the appropriate emphasis in career counseling with persons who are vocationally immature?

- A. Identify occupational choices.
- **B. Provide occupational information.**
- C. Evaluate past career-related decisions.
- D. Establish long-term goals.

**정답: B**

**설명:**

When clients are described as vocationally immature, they typically lack sufficient awareness of the world of work, have limited understanding of career options, and often have not yet developed realistic views of themselves in relation to occupations. Within the NBCC Counselor Work Behavior Areas, career-focused practice emphasizes meeting clients where they are developmentally and supplying the foundational information and experiences needed before moving into more advanced planning tasks.

For vocationally immature clients, the appropriate emphasis is on providing occupational information- helping them learn about different types of work, training requirements, work environments, typical duties, earnings, and opportunities for advancement. This information reduces confusion, increases readiness for decision-making, and supports later steps like goal setting and occupational choice, making Option B correct.

\* Option A (Identify occupational choices) is premature if the client does not yet understand the range of possibilities.

\* Option C (Evaluate past career-related decisions) is not central when the person has made few or no meaningful career decisions.

\* Option D (Establish long-term goals) is also a later-stage task; vocationally immature clients often struggle with long-range planning until they have more information and self-understanding.

NBCC work expectations related to clinical focus in career counseling stress using developmentally appropriate interventions- building awareness and knowledge first, then progressing toward decision-making and long-term planning.

## 질문 # 152

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