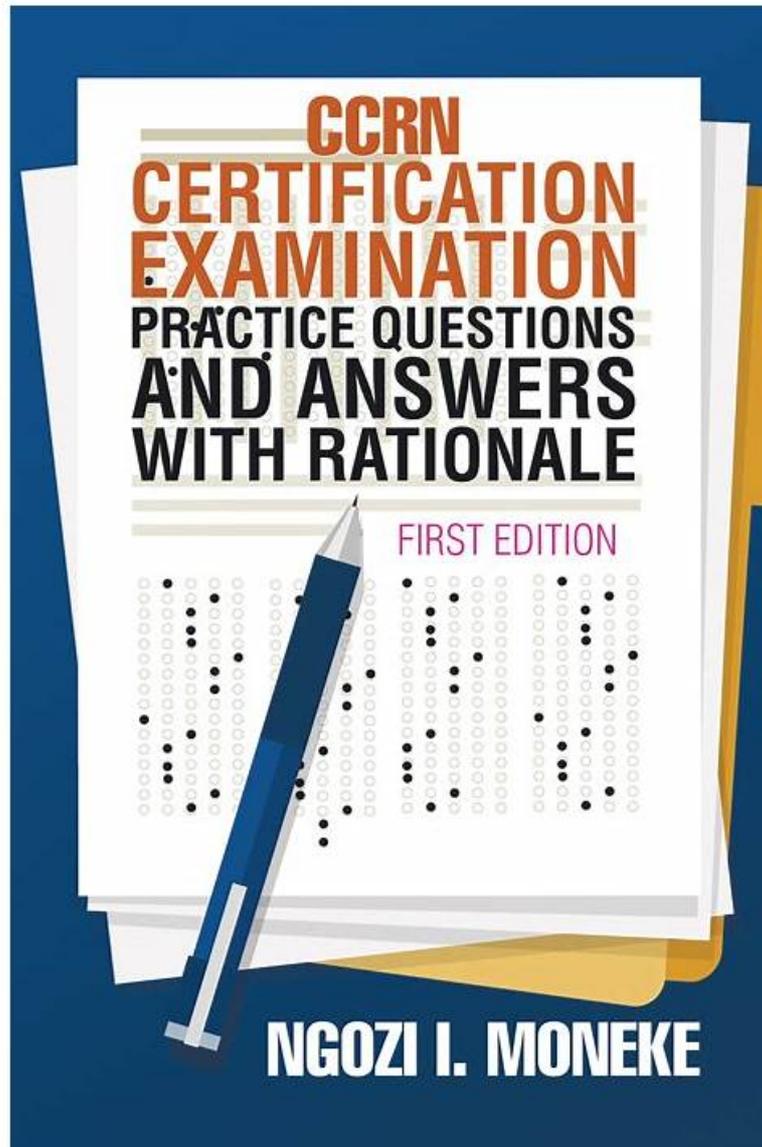


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Our experts have carefully researched each part of the test syllabus of the CCRN-Adult guide materials. Then they compile new questions and answers of the study materials according to the new knowledge parts. At last, they reorganize the CCRN-Adult learning questions and issue the new version of the study materials. Once the newest test syllabus of the CCRN-Adult Exam appear on the official website, our staff will quickly analyze them and send you the updated version. So our CCRN-Adult guide materials deserve your investment.

AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.

Topic 2	<ul style="list-style-type: none"> • PROFESSIONAL CARING & ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.
Topic 3	<ul style="list-style-type: none"> • Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.

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AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q33-Q38):

NEW QUESTION # 33

Which of the following patients is MOST LIKELY to have Hyperosmolar Hyperglycemic Syndrome (HHS)?

- A. A patient with newly diagnosed type 1 diabetes
- B. A patient with type 1 diabetes who is non-compliant with his medications
- C. A patient with diabetes insipidus
- **D. A patient with type 2 diabetes who is non-compliant with his medications**

Answer: D

Explanation:

Hyperosmolar Hyperglycemic Syndrome (HHS) is caused by severe hyperglycemia in which glucose is still able to enter the cells. This typically occurs in patients with type 2 diabetes, particularly if they are noncompliant with their medications. Patients with type 1 diabetes will be more likely to develop Diabetic Ketoacidosis (DKA) than HHS. Diabetes insipidus does not cause HHS.

NEW QUESTION # 34

Early signs of sepsis include all of the following EXCEPT:

- A. Elevated temperature
- **B. Elevated platelet level**
- C. Elevated heart rate
- D. Elevated respiratory rate

Answer: B

Explanation:

Early recognition and treatment of sepsis and septic shock is extremely important. The clinical manifestations of sepsis result from altered perfusion to vital organ systems, a by-product of mediator over-activation. Clinical signs of organ system dysfunction include alterations in the:

- * cardiovascular system (hypotension, tachycardia, dysrhythmias)
- * respiratory system (tachypnea, hypoxemia)

- * renal function (oliguria, elevated creatinine)
- * liver function (elevated transaminitis, jaundice, coagulopathies)
- * hematologic system (thrombocytopenia [not elevated platelets])
- * gastrointestinal system (change in bowel sounds, ileus)
- * cognitive function (confusion, agitation)

Fever and leukocytosis are classic indicators of infection and the onset of sepsis in a critically ill patient, as well.

NEW QUESTION # 35

A flattened diaphragm suggests which of the following conditions?

- A. Pneumonia
- B. Atelectasis
- C. Acute bronchitis
- **D. Chronic Obstructive Pulmonary Disease (COPD)**

Answer: D

Explanation:

A flattened diaphragm suggests COPD, a chronic inflammatory lung disease that causes obstructed airflow from the lungs. An elevated diaphragm may indicate pneumonia, pleurisy, acute bronchitis, or atelectasis.

NEW QUESTION # 36

The Glasgow Coma Scale (GCS) includes all the following assessment parameters, EXCEPT:

- **A. Respiratory response**
- B. Motor response
- C. Verbal response
- D. Eye-opening

Answer: A

Explanation:

The GCS is often used to monitor neurologic status in critically ill patients, because it provides a standardized approach to assessing and documenting the level of consciousness (LOC). Response is determined in three categories: eye-opening, motor response, and verbal response.

GCS scores range from 3 to 15, with 15 indicating a patient that is alert, fully oriented, and following commands. As the GCS score decreases, the probability of a poor outcome increases.

Behavior Score

Eye Opening (E)

Spontaneous 4

To verbal stimuli 3

To pain 2

None 1

Motor Response (M)

Obeys commands 6

Localizes pain 5

Withdraws to pain 4

Abnormal flexion 3

Extensor response 2

None 1

Verbal Response (V)

Oriented 5

Confused 4

Inappropriate words 3

Incomprehensible sounds 2

None 1

*Coma score = E + M + V

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