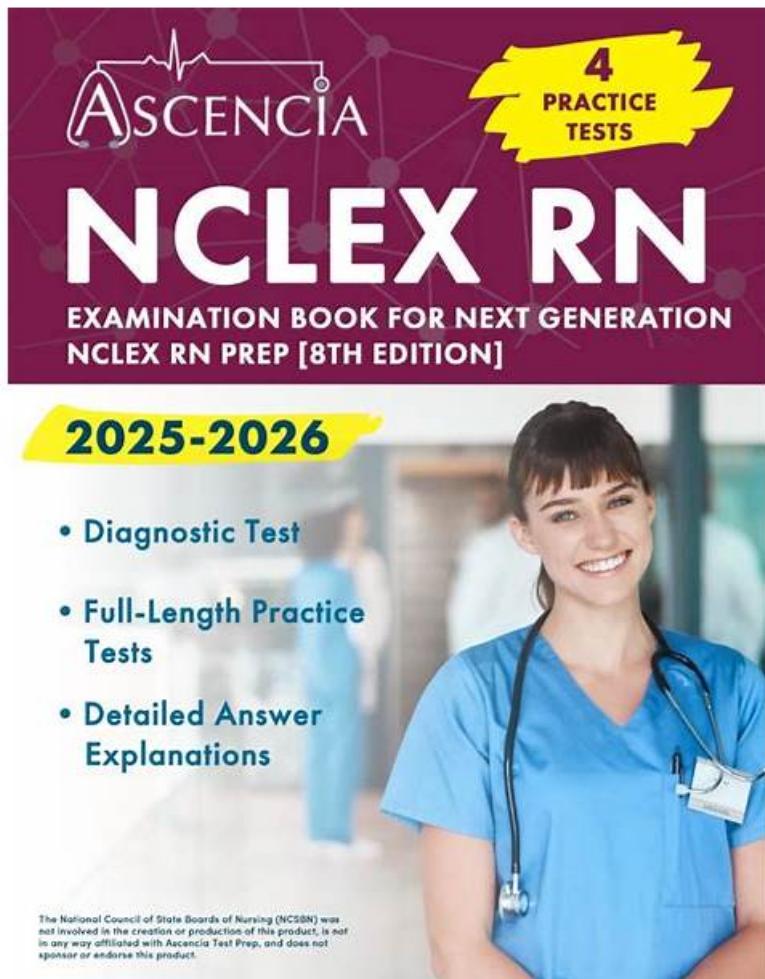


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NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q654-Q659):

NEW QUESTION # 654

Based on your knowledge of genetic inheritance, which of these statements is true for autosomal recessive genetic disorders?

- A. Only females are affected.
- B. Heterozygotes are affected.
- C. The disorder is always carried on the X chromosome.
- D. **Two affected parents always have affected children.**

Answer: D

Explanation:

(A) The term heterozygote refers to an individual with one normal and one mutant allele at a given locus on a pair of homologous chromosomes. An individual who is heterozygous for the abnormal gene does not manifest obvious symptoms. (B) Disorders carried on either the X or Y sex chromosome are referred to as sex-linked recessive. (C) Either sex may be affected by autosomal recessive genetic disorders because the responsible allele can be on any one of the 46 chromosomes. (D) If both parents are affected by the disorder and are not just carriers, then all their children would manifest the same disorder.

NEW QUESTION # 655

The nurse would expect to include which of the following when planning the management of the client with Lyme disease?

- A. **Tetracycline treatment**
- B. High-protein diet with limited fluids
- C. IV amphotericin B
- D. Complete bed rest for 6-8 weeks

Answer: A

Explanation:

Explanation

(A) The client is not placed on complete bed rest for 6 weeks. (B) Tetracycline is the treatment of choice for children with Lyme disease who are over the age of 9. (C) IV amphotericin B is the treatment for histoplasmosis. (D) The client is not restricted to a high-protein diet with limited fluids.

NEW QUESTION # 656

Because a client is taking an MAO inhibitor, it is necessary to discuss the need for adherence to a low- tyramine diet. Which of the following are foods that she should avoid?

- A. Fresh vegetables
- B. Fresh fruit such as apples and oranges
- C. **Pickled, aged, smoked, and fermented foods**
- D. Broiled fresh fish and fowl

Answer: C

Explanation:

Explanation/Reference:

Explanation:

- (A) These foods may produce elevation in blood pressure when consumed during MAO inhibition therapy.
(B) These foods have not been pickled, fermented, smoked, or aged. They contain very little, if any, tyramine or tryptophan. (C) As long as the meat has not been aged or smoked, it is within the dietary regimen. (D) Fresh fruits can be consumed as desired. However, the consumption of bananas is limited.

NEW QUESTION # 657

Assessment of severe depression in a client reveals feelings of hopelessness, worthlessness; inability to feel pleasure; sleep, psychomotor, and nutritional alterations; delusional thinking; negative view of self; and feelings of abandonment. These clinical features of the client's depression alert the nurse to prioritize problems and care by addressing which of the following problems first:

- A. Impaired thinking
- B. Possible harm to self
- C. Rest and activity impairment
- D. Nutritional status

Answer: B

Explanation:

Explanation

(A) Anorexia and weight loss are problems that need attention in severe depression, but they can be addressed secondary to immediate concerns. (B) Impaired thinking and confusion are problems in severe depression that are addressed with administration of medication, through group and individual psychotherapy, and through activity therapy as motivation and interest increase. (C) Possible harm to self as with suicidal ideation; a suicide plan, means to execute plan; and/or overt gestures or an attempt must be addressed as an immediate concern and safety measures implemented appropriate to the risk of suicide. (D) Rest and activity impairment may take time and further assessment to determine client's sleep pattern and amount of psychomotor retardation with the more immediate concern for safety present.

NEW QUESTION # 658

A female client at 30 weeks' gestation is brought into the emergency department after falling down a flight of stairs. On examination, the physician notes a rigid, boardlike abdomen; FHR in the 160s; and stable vital signs. Considering possible abdominal trauma, which obstetric emergency must be anticipated?

- A. Abruptio placentae
- B. Placenta previa
- C. Ectopic pregnancy
- D. Massive uterine rupture

Answer: A

Explanation:

(A) Abruptio placentae, the complete or partial separation of the placenta from the uterine wall, can be caused by external trauma. When hemorrhage is concealed, one sign is a rapid increase in uterine size with rigidity. (B) Ectopic pregnancy occurs when the embryo implants itself outside the uterine cavity. (C) Massive uterine rupture occurs during labor when the uterine contents are extruded through the uterine wall. It is usually due to weakness from a pre-existing uterine scar and trauma from instruments or an obstetrical intervention. (D) Placenta previa is the condition in which the placenta is implanted in the lower uterine segment and either completely or partially covers the cervical os.

NEW QUESTION # 659

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