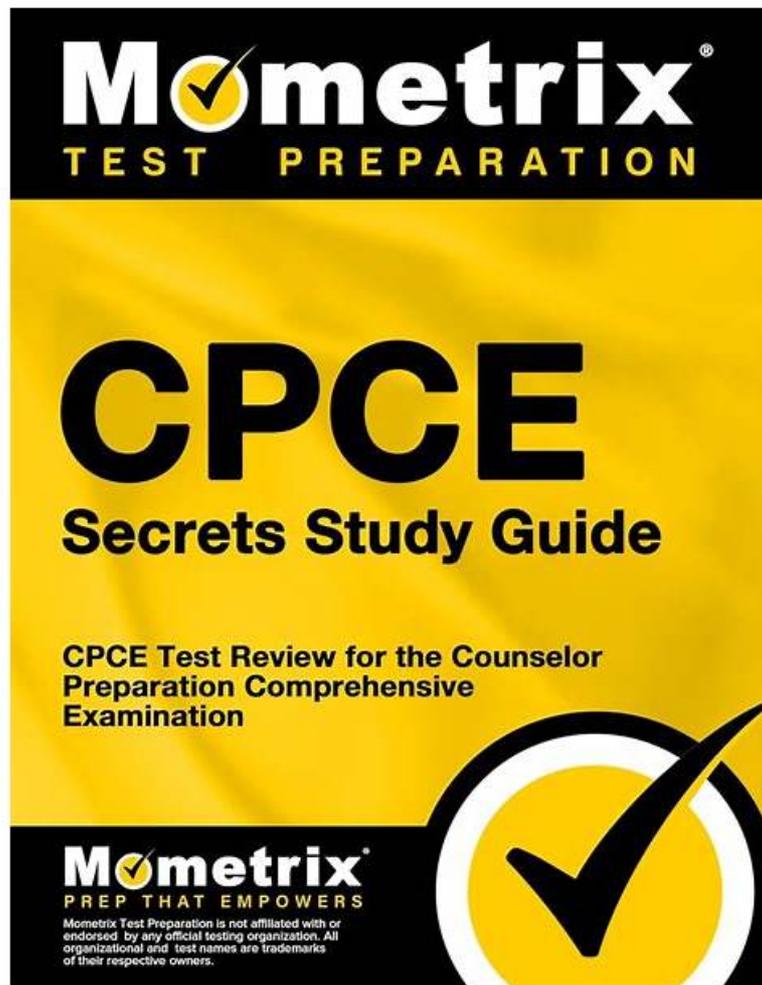# Valid CPCE Test Notes & Reliable CPCE Exam Syllabus

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CCE Global Counselor Preparation Comprehensive Examination (CPCE)

Sample Questions (Q161-Q166):

NEW QUESTION # 161

Which is most accurate in how social media impacts counseling relationships?

- A. The convenience and accessibility of social media outweighs negative effects.
- B. Clients can feel empowered in ways that traditional face-to-face interactions cannot achieve.
- C. The use of social media in counseling should be avoided as an ethical imperative.

Answer: B

Explanation:

While there are ethical considerations and potential pitfalls, social media and technology can empower clients by providing access, flexibility, and new forms of engagement not possible in traditional settings. Counselors must maintain ethical boundaries and confidentiality, but online interaction can facilitate unique opportunities for client empowerment and outreach.
Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; American Counseling Association (ACA) Code of Ethics.

NEW QUESTION # 162

The difference between a resistant and a reluctant client is that a reluctant client

- A. does not approach their problem situation passively.
- B. assumes that the counseling relationship is coercive.
- C. is confronting the difficulties of managing life better.

Answer: B

Explanation:

A reluctant client is one who does not actively seek counseling and may enter the process due to external pressure or a perception that the relationship is coercive or not their choice. In contrast, resistant clients actively oppose or block the counseling process, often as a defense against change. "Reluctant clients tend to assume that counseling is being imposed upon them, often due to outside influence or pressure, and may be apprehensive about participating." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Egan, G. (2014). The Skilled Helper (10th Edition).

NEW QUESTION # 163

The unique strength of the pretest-posttest control group design, namely the

- A. dependent variable
  , is also its main weakness.
- B. independent variable
- C. pretest

Answer: C

Explanation:

The pretest in a pretest-posttest control group design is both its main strength and weakness. The pretest allows for the measurement of change and comparison between groups, but it can also sensitize participants to the intervention, possibly affecting the outcomes (pretest reactivity). "While the pretest allows for baseline measurement, it may also influence participants' responses on the posttest, posing a threat to internal validity." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Royse, D., Thyer, B. A., & Padgett, D. K.
(2016). Program Evaluation: An Introduction.

NEW QUESTION # 164

A counselor familiar with stage development theory of a counseling group would expect members in the final stages of a group to be

- A. taking active steps to express negative feelings.
- B. assisting in development of group goals.
- C. evaluating the personal impact of the group.

Answer: C

Explanation:
According to group stage development theory (e.g., Corey), in the final or termination stage of group counseling, members typically reflect on and evaluate the personal impact of the group experience. They review progress, consolidate learning, and plan for continued growth after the group ends.
Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Corey, G. (2016). Theory and Practice of Group Counseling (9th Edition).

NEW QUESTION # 165
Which of the following is true regarding confidentiality in a group counseling setting? The group leader(s) should

- A. address the issue of confidentiality in a pre-group screening session.
- B. obtain consultation about any potential breach of confidentiality.
- C. assure the members that confidentiality will be respected by other group members.

Answer: A

Explanation:
It is essential for group leaders to address the issue of confidentiality during pre-group screening sessions so that all members understand the expectation and limits of confidentiality before joining. Unlike individual counseling, confidentiality cannot be absolutely guaranteed in groups because members are not legally bound to maintain it, so the topic must be discussed openly and thoroughly before the group begins.
Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Corey, G. (2016). Theory and Practice of Group Counseling (9th Edition).

NEW QUESTION # 166
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