

100% Pass 2026 Psychiatric Rehabilitation Association High-quality CPRP: Certified Psychiatric Rehabilitation Practitioner Valid Exam Question

2024 NEW CERTIFIED PSYCHIATRIC REHABILITATION PRACTITIONER (CPRP) EXAM PREP ACTUAL QUESTIONS WITH ANSWERS 100% RATED BY EXPERTS

Mental health affects about 20% of the population. - CORRECT ANSWER>>>True

Psychiatric rehabilitation emerged out of the deinstitutionalization movement of the 1930's. - CORRECT ANSWER>>>False

is/are example(s) of evidence-based practices. - CORRECT ANSWER>>>All of the above

Delusion are bizarre beliefs or ideas that a person cannot be talked out of while hallucinations are incorrect sensory information that the individual experiences as real. - CORRECT ANSWER>>>True

Mood disorders effect between - CORRECT ANSWER>>>about 5-20% of the population.

The "Vermont study" by Dr. Harding was one of the first longitudinal studies to demonstrate that persons with schizophrenia could have positive long-term outcomes. - CORRECT ANSWER>>>True

Illness Management and Recovery is an evidence based practice consisting of - CORRECT ANSWER>>>psychoeducation and self-management strategies.

Recovery is a operationalized construct that can only be measured by medical doctors. - CORRECT ANSWER>>>False

The main goal of Psychiatric Rehabilitation is: - CORRECT ANSWER>>>to promote recovery.

Shared decision making involves consumers deferring to the needs of the treatment team they are working with. - CORRECT ANSWER>>>False

The PsyR process has three stages: the diagnostic stage, the planning stage and the stage. - CORRECT ANSWER>>>intervention stage.

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Psychiatric Rehabilitation Association CPRP Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">Community Integration: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on assisting individuals in engaging with their communities. It covers supporting access to housing, employment, education, and social networks that foster independence and inclusion within community settings.

Topic 2	<ul style="list-style-type: none"> Professional Role Competencies: This section evaluates the abilities of Rehabilitation Counselors and emphasizes professionalism, ethics, and accountability in practice. It addresses maintaining confidentiality, applying rehabilitation principles, collaborating with multidisciplinary teams, and demonstrating cultural competence and self-awareness.
Topic 3	<ul style="list-style-type: none"> Assessment, Planning, and Outcomes: This section assesses the abilities of Rehabilitation Counselors and focuses on evaluating individual strengths, needs, and preferences. It includes setting recovery-oriented goals, developing personalized plans, tracking progress, and using outcome measures to guide and adjust interventions effectively.

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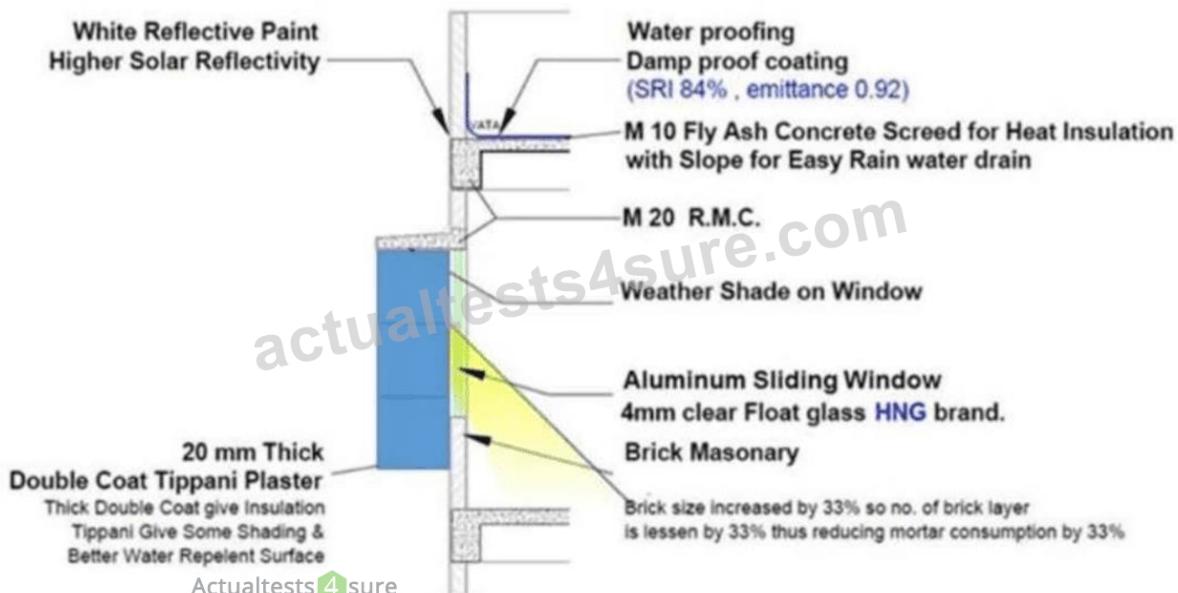
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Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q117-Q122):

NEW QUESTION # 117

The detail below is presented by the client.



What strategy is good for embodied energy saving?

- A. Aluminum sliding window
- B. Fly ash concrete**
- C. Waterproofing with SRI of 84%
- D. External shading

Answer: B

Explanation:

Embodied energy refers to the total energy consumed in the production, transportation, and installation of building materials, a key consideration for sustainable design that supports health and wellness through environmentally responsible practices. The CPRP Exam Blueprint (Domain VII: Supporting Health & Wellness) indirectly relates to this through promoting wellness via sustainable,

health-focused environments (Task VII.A.1: "Promote holistic wellness, including purpose and meaning in life"). Option B (fly ash concrete) is the best strategy for embodied energy saving, as fly ash-a byproduct of coal combustion- replaces a portion of Portland cement in concrete, which has high embodied energy due to its energy-intensive production (e.g., 4,000-5,000 MJ/ton for cement vs. 800-1,000 MJ/ton for fly ash concrete). Using fly ash reduces energy consumption, lowers greenhouse gas emissions, and enhances concrete durability, aligning with sustainable practices that support wellness by reducing environmental impact.

Option A (external shading) reduces operational energy (e.g., cooling) but has minimal impact on embodied energy, as shading materials (e.g., louvers) still require production energy. Option C (aluminum sliding window) has high embodied energy, as aluminum production is energy-intensive (around 200 MJ/kg). Option D (waterproofing with SRI of 84%) focuses on solar reflectance to reduce heat gain, affecting operational energy, not embodied energy, and waterproofing materials (e.g., coatings) have moderate production energy.

Literature on sustainable construction, such as guidelines from the U.S. Green Building Council, emphasizes fly ash concrete for embodied energy savings, supporting Option B.

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CPRP Exam Blueprint (2014), Domain VII: Supporting Health & Wellness, Task VII.A.1.

PRA Study Guide (2024), Section on Environmental Wellness (contextual application).

U.S. Green Building Council, LEED Guidelines on Embodied Energy (general knowledge).

NEW QUESTION # 118

Identifying personal preferences and values is a part of assessing

- A. rehabilitation readiness.
- B. mental health status.
- C. skill functioning.
- D. resource needs.

Answer: A

Explanation:

Assessing rehabilitation readiness involves understanding an individual's motivation, confidence, and personal drivers for pursuing recovery goals. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) includes identifying personal preferences and values as part of readiness assessment to determine an individual's preparedness for goal-setting (Task IV.A.2: "Assess individual's stage of change and readiness for goal-setting"). Option C (rehabilitation readiness) aligns with this, as preferences and values (e.g., what matters most to the individual, such as family or independence) inform their willingness and motivation to engage in rehabilitation activities.

Option A (resource needs) focuses on external supports, not personal values. Option B (mental health status) pertains to clinical symptoms, not preferences or readiness. Option D (skill functioning) assesses abilities, not motivational factors like values. The PRA Study Guide emphasizes that understanding preferences and values is critical for assessing readiness, supporting Option C.

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CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.2.

PRA Study Guide (2024), Section on Rehabilitation Readiness Assessment.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

NEW QUESTION # 119

A practitioner asks an individual to "list ten things in life you think are important." The practitioner then asks the individual to rank them in order of importance. The next step involves asking the individual to eliminate all except three of these. This is an example of a/an

- A. overall rehabilitation goal selection.
- B. functional assessment.
- C. skills development programming.
- D. values clarification activity.

Answer: D

Explanation:

The described exercise focuses on identifying and prioritizing an individual's values to guide person-centered planning. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) includes assessing personal values and preferences as part of readiness and goal-setting processes to ensure goals align with what matters most to the individual (Task IV.A.2: "Assess individual's stage of change and readiness for goal-setting"). Option D (values clarification activity) aligns with this, as the process of listing,

ranking, and narrowing down important life aspects helps the individual clarify their core values (e.g., family, independence, creativity), which informs the development of meaningful rehabilitation goals.

Option A (functional assessment) evaluates skills and deficits, not values. Option B (overall rehabilitation goal selection) is a subsequent step that builds on clarified values. Option C (skills development programming) involves teaching specific abilities, not exploring values. The PRA Study Guide emphasizes values clarification as a key activity for aligning goals with personal priorities, supporting Option D.

CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.2.

PRA Study Guide (2024), Section on Values Clarification in Planning.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

NEW QUESTION # 120

During a discussion with his practitioner, an individual reports that a recently formed relationship has helped him feel better in general. This is an example of

- A. independent living.
- B. positive reinforcement contributing to a healthy lifestyle.
- C. co-dependence.
- D. **friendship as a component of a healthy lifestyle.**

Answer: D

Explanation:

Social relationships are a key component of health and wellness in psychiatric rehabilitation, contributing to emotional well-being and recovery. The CPRP Exam Blueprint (Domain VII: Supporting Health & Wellness) emphasizes promoting social connections as part of a healthy lifestyle (Task VII.B.1: "Support the development of social and interpersonal skills"). Option B (friendship as a component of a healthy lifestyle) directly aligns with this task, as the individual's new relationship is described as improving his general well-being, reflecting the positive impact of social support and friendship on mental and emotional health.

Option A (independent living) relates to community integration (Domain III) but does not specifically address the emotional benefits of relationships. Option C (co-dependence) is incorrect, as the question does not suggest an unhealthy reliance on the relationship, and co-dependence is not a recovery-oriented concept.

Option D (positive reinforcement contributing to a healthy lifestyle) is less precise, as the relationship itself is the direct contributor to well-being, not an external reinforcement mechanism. The PRA Study Guide highlights social relationships as a pillar of wellness, supporting Option B.

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CPRP Exam Blueprint (2014), Domain VII: Supporting Health & Wellness, Task VII.B.1.

PRA Study Guide (2024), Section on Social Support and Wellness.

CPRP Exam Preparation & Primer Online 2024, Module on Supporting Health & Wellness.

NEW QUESTION # 121

Which of the following statements regarding psychiatric rehabilitation services is consistent with helping individuals with a severe mental illness achieve maximum community integration?

- A. Enroll individuals in supported employment programs
- B. **Provide services to individuals in environments of their choice**
- C. Develop small group homes and supervised apartments in the community
- D. Identify natural supports and encourage the use of medications

Answer: B

Explanation:

This question aligns with Domain III: Community Integration, which focuses on supporting individuals to live, work, and socialize in their chosen communities. The CPRP Exam Blueprint emphasizes "providing services in environments of the individual's choice to promote independence and integration." Maximum community integration involves enabling individuals to participate fully in community life, with services tailored to their preferences and delivered in natural settings.

* Option A: Providing services in environments of the individual's choice directly supports maximum community integration by respecting their autonomy and enabling participation in community settings (e.g., home, workplace, or social spaces) rather than segregated or institutional environments. This aligns with the PRA's person-centered, recovery-oriented approach to integration.

* Option B: Supported employment programs are valuable but focus specifically on work, which is only one aspect of community integration. This option is too narrow to represent "maximum" integration.

* Option C: Developing group homes and supervised apartments provides housing options but may limit integration if they are segregated from the broader community, making this less consistent with maximum integration.

* Option D: Identifying natural supports and encouraging medication use supports recovery but does not directly address the delivery of services in community settings, which is central to integration.

Extract from CPRP Exam Blueprint (Domain III: Community Integration):

"Tasks include: 1. Supporting individuals to live, work, and socialize in environments of their choice. 2.

Promoting independence and integration through person-centered services in community settings."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 4 - Community Integration.

Bond, G. R., & Drake, R. E. (2015). Making the Case for IPS Supported Employment. Administration and Policy in Mental Health (recommended CPRP study literature, emphasizes community-based services).

NEW QUESTION # 122

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