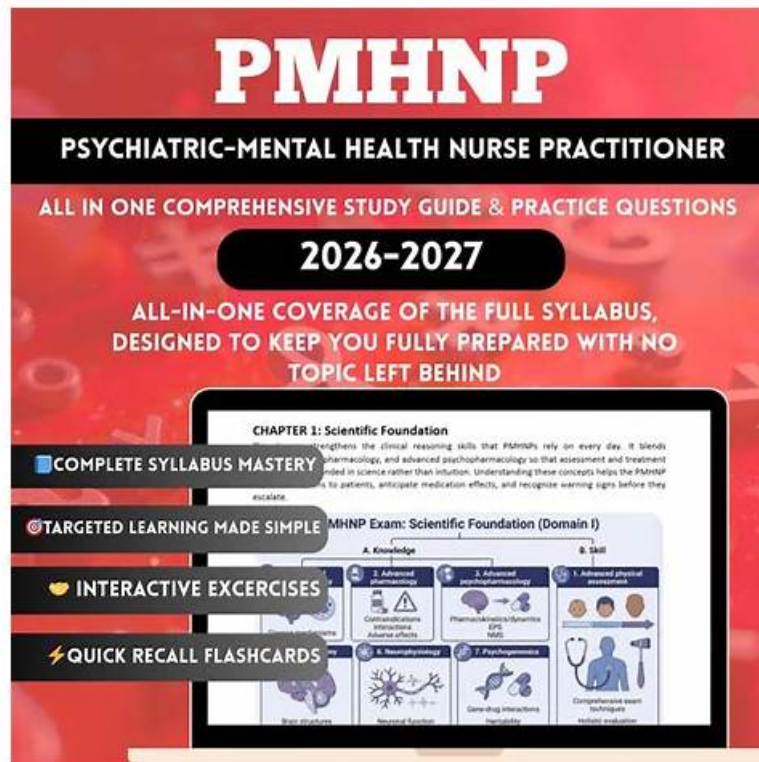


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College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q327-Q332):

NEW QUESTION # 327

Which statement accurately describes an individual with schizoid personality disorder?

- A. They often engage in self-harm behaviors
- B. They are easily wounded by criticism from others
- C. They behave irresponsibly and recklessly
- **D. They have a restricted emotional range**

Answer: D

Explanation:

Patients with schizoid personality disorder care little for social relationships, have a restricted emotional range, and appear indifferent to criticism or praise.

Patients with borderline personality disorder exhibit impulsivity, self-harm, inappropriate anger, and affective instability. They feel empty and bored, and they frantically try to avoid abandonment.

Patients with avoidant personality disorder are timid and easily wounded by criticism from others. They fear embarrassment and hesitate to form interpersonal relationships.

Patients with antisocial personality disorder exhibit criminal behavior beginning in childhood, such as truancy, fighting, destructiveness, and theft. They often default on debts, behave irresponsibly, and act recklessly. They show no remorse for their behavior.

NEW QUESTION # 328

Which of the following complementary and alternative therapies (CATs) would not be recommended for an individual who is prescribed an SSRI or MAOI or is taking St. John's wort?

- A. Omega-3 fatty acids
- B. Melatonin
- **C. Tryptophan**
- D. Vitamin E

Answer: C

Explanation:

Tryptophan increases the risk of serotonin syndrome when taken with SSRI medication, MAOI medication, or the herbal supplement St. John's wort.

Vitamin E interacts with warfarin, statins, and antiplatelet drugs. Melatonin interacts with aspirin, NSAIDs, beta-blockers, and steroids. Omega-3 fatty acids interact with warfarin.

NEW QUESTION # 329

What term describes when an insurance company does not pay a bill because certain required conditions were not met?

- **A. Denying the claim**
- B. Pre-approval
- C. Benefit
- D. Claim

Answer: A

Explanation:

Denying the claim is when an insurance company does not pay a bill because certain required conditions were not met.

The claim is a request to the insurance company to pay benefits for a loss. The benefit is the amount the insurance company pays when the insured suffers a loss. Pre-approval is the requirement set forth by an insurance company to authorize certain care before it is provided.

NEW QUESTION # 330

Violence in school is on the rise. When warning signs indicate that danger is imminent, safety must always be the first and foremost consideration. Immediate intervention by school authorities and possibly law enforcement officers is needed when a child does what?

- **A. Having a conversation with a friend about a firearm in their locker**
- B. Having a conversation with a friend about online gaming involving violence and shooting
- C. Having a conversation with a friend about their father's purchase of a new gun

- D. Having a conversation with a friend about their brother's firearm collection

Answer: A

Explanation:

Having a firearm at school is a likely sign of imminent danger.

Talking about firearms within societal norms and contexts does not indicate imminent danger. Talking about a new or existing firearm in the house is not an immediate cause for concern unless the child is also verbalizing an intent to use it for malicious purposes.

Engaging in video games that glorify violence does not indicate the need for law enforcement involvement unless the child verbalizes an intent to act out these behaviors in real life.

NEW QUESTION # 331

More patients are seeking complementary and alternative therapies, including guided imagery, meditation, yoga, biofeedback, and biological therapies. Which of these is based on raising awareness and learning somatic quieting with the most evidence of efficacy to date?

- A. Biofeedback
- B. Biologic therapies
- C. Yoga
- D. Meditation

Answer: A

Explanation:

Biofeedback has the most evidence of effectiveness to date and teaches people to control autonomic functions such as breathing, heart rate, and perception.

Yoga and meditation both draw on elements of biofeedback but have less evidence at present. Biologic therapies such as herbs and vitamins have little supporting evidence.

NEW QUESTION # 332

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