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College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q1198-Q1203):

NEW QUESTION # 1198

A process server delivers papers to a nurse practitioner (NP) notifying them that a patient is suing. What is the first thing the NP should do?

- A. Call the plaintiff's attorney
- B. Contact the patient for a follow-up appointment
- C. Review the patient's medical record
- D. Call the professional liability insurance company

Answer: D

Explanation:

If a nurse practitioner is sued, they should follow these guidelines:

1. Call their professional liability insurance company and report the lawsuit.

2. Never talk to the patient or the plaintiff's attorney.
3. Consider retaining an attorney if the suit is against a group of providers.
4. Never change a patient's record after learning of a lawsuit.
5. Think carefully before settling a case because settlement awards will appear on the nurse practitioner's record.

NEW QUESTION # 1199

What percentage of adolescents who complete suicide have had previous psychiatric treatment?

- A. 90%
- B. 40%
- C. 10%
- D. 1%

Answer: B

Explanation:

Approximately 40 percent of all completed suicides by adolescents follow previous psychiatric treatment. These individuals are more likely to complete suicide if they have a history of suicide attempts and if they have spent the majority of the past year in a depressed state.

NEW QUESTION # 1200

Good self-esteem, a healthy self-concept, and an internal locus of control are all examples of which kind of preventative factor?

- A. Psychological prevention
- B. Secondary prevention
- C. Primary prevention
- D. Tertiary prevention

Answer: A

Explanation:

These are all examples of psychological preventative factors. Primary, secondary, and tertiary prevention are public health principles.

NEW QUESTION # 1201

Which of the following patient rights is unaddressed by the Health Insurance Portability and Accountability Act (HIPAA)?

- A. To require their permission for disclosure of their personal information
- B. To request an amendment of their health information to which they object
- C. To be notified when their health information is sold to pharmaceutical companies
- D. To have access to their own medical records

Answer: C

Explanation:

The Health Insurance Portability and Accountability Act (HIPAA) was the first national comprehensive privacy protection act.

HIPAA guarantees patients four fundamental rights:

- * To be educated about HIPAA privacy protection
- * To have access to their medical records
- * To request an amendment of their health information to which they object
- * To require their permission for disclosure of their personal information

NEW QUESTION # 1202

The type of release from a psychiatric facility that usually requires outpatient treatment for a specified period is which of the following?

- A. conditional release

- B. temporary release
- C. release against medical advice
- D. unconditional release

Answer: A

Explanation:

The correct type of release from a psychiatric facility that usually requires outpatient treatment for a specified period is known as a "conditional release." This type of release allows a patient to leave the psychiatric facility under the condition that they continue to receive outpatient treatment. This often includes scheduled follow-ups and therapy sessions, medication management, and sometimes participation in community services or programs.

The main purpose of a conditional release is to ensure a smooth transition from inpatient care to community living while maintaining the necessary support systems. It is designed to help patients adapt to everyday life in a gradual and supported manner, which can be crucial for those with severe mental illnesses or those who have been in long-term psychiatric care.

During the period of conditional release, healthcare providers monitor the patient's progress closely. This monitoring helps to assess the effectiveness of the treatment plan, ensure the safety of the patient, and make any necessary adjustments to the treatment.

Adherence to medication protocols is a critical aspect, as it can significantly influence the patient's ability to function independently and safely within the community.

The conditional release also allows psychiatric professionals to evaluate the patient's ability to meet their basic needs, such as securing housing, maintaining personal hygiene, managing finances, and procuring food. Furthermore, it provides the patient with a safety net of professional support, which can be crucial in preventing relapse or deterioration of their condition.

In contrast, other types of releases such as unconditional release, release against medical advice, or temporary release differ in terms and conditions. An unconditional release does not require follow-up treatment, which might be suitable for patients deemed fully recovered. Release against medical advice occurs when a patient chooses to leave the facility despite medical advice to the contrary. Temporary release could be for short-term leaves, such as day passes or overnight stays, which are usually part of the therapeutic process or for assessing a patient's readiness for a longer-term release.

Thus, conditional release is specifically structured to provide ongoing support and ensures that the patient continues to receive necessary care and supervision after leaving the inpatient setting. This structured approach helps in reducing the risk of relapse and ensures better integration of the patient into the community, thereby supporting a more successful recovery process.

NEW QUESTION # 1203

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