

# CPCE Practice Test & New CPCE Test Online

## CPCE Exam Outline

Content Categories	Questions
1. Professional Counseling Orientation and Ethical Practice	20
2. Social and Cultural Diversity	20
3. Human Growth and Development	20
4. Career Development	20
5. Counseling and Helping Relationships	20
6. Group Counseling and Group Work	20
7. Assessment and Testing	20
8. Research and Program Evaluation	20

**Time limit:** 3 hours and 45 minutes

**Total questions:** 160

**Question format:** Multiple-choice

**Delivery format:** Computer-delivered

**Mometrix** TEST PREPARATION

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## CCE Global Counselor Preparation Comprehensive Examination (CPCE) Sample Questions (Q155-Q160):

### NEW QUESTION # 155

According to Holland's theory, a person who prefers working with ideas and concepts is likely to have which personality type?

- A. Investigative
- B. Social
- C. Realistic

**Answer: A**

Explanation:

Holland's Investigative type is described as analytical, intellectual, and curious, preferring to work with theories and ideas rather than people or physical activities. This typology assists counselors in matching clients to compatible careers.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Niles, S. G., & Harris-Bowlsbey, J. (2012). Career Development Interventions.

#### NEW QUESTION # 156

Which of the following is a characteristic of the "generativity vs. stagnation" stage in Erikson's theory of psychosocial development?

- A. The individual focuses on developing a sense of trust and security.
- B. The individual seeks to contribute to society and future generations.
- C. The individual experiences conflict between intimacy and isolation.

**Answer: B**

Explanation:

The "generativity vs. stagnation" stage, according to Erikson, occurs during middle adulthood. Individuals in this stage strive to contribute to society and support the next generation through activities such as parenting, teaching, or mentoring. Successful navigation leads to generativity, while failure results in stagnation and self-absorption.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Santrock, J. W. (2018). Life-Span Development.

#### NEW QUESTION # 157

What best describes the application of Super's theory in career counseling?

- A. Analyze the stability of a person's career across different life stages.
- B. Understand a person's ability to match personal interests with current job opportunities.
- C. Evaluate a person's self-concept and its influence on career choices over time.

**Answer: C**

Explanation:

Super's theory of career development is grounded in the concept of self-concept and how it evolves across the lifespan. The theory emphasizes understanding how a person's self-concept influences their career choices over time, rather than simply matching interests to jobs or analyzing career stability.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Niles, S. G. & Harris-Bowlsbey, J. (2016). Career Development Interventions.

#### NEW QUESTION # 158

Native Americans typically have a time orientation that is oriented.

- A. present
- B. spiritually
- C. past

**Answer: A**

Explanation:

Native Americans are widely recognized for having a present-oriented perspective toward time. This means they often focus on the "here and now" rather than being heavily oriented toward the past or future. This perspective is essential for counselors to recognize, as it can affect how Native American clients approach counseling, planning, and goal setting. Understanding this cultural difference is a key aspect of effective multicultural counseling.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Gladding, S. T. (2018). Counseling: A Comprehensive Profession

(8th Edition).

### NEW QUESTION # 159

Ethnocentrism is defined as:

- A. Accepting cultural differences
- **B. Believing one's own culture is superior**
- C. Being culturally competent

**Answer: B**

Explanation:

Ethnocentrism involves judging other cultures by the standards of one's own culture and believing that one's own culture is superior.

Recognizing and overcoming ethnocentrism is vital for effective multicultural counseling.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Sue, D. W., & Sue, D. (2016). Counseling the Culturally Diverse.

### NEW QUESTION # 160

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