

Multiple Formats Of Real PMHNP Exam Questions

Sample Test Questions ANCC – PMHNP | updated 2024 | with complete solution | Graded A+

A patient with borderline personality disorder experiences intense anxiety when an adult psychiatric and mental health nurse practitioner goes on vacation. The best explanation for this reaction is that the patient:

- A. has failed to develop clear ego boundaries.
- B. has failed to master object constancy.
- C. is employing primitive idealization.
- D. is employing projective identification. - B. has failed to master object constancy

2. A patient has been taking escitalopram (Lexapro) 10 mg daily for four weeks. Initially, the patient reported depression and suicidal thoughts. The patient's sleep, appetite, energy, and appearance have now begun to improve. Which statement applies to this patient?

- A. The medication should be discontinued.
- B. The medication should be increased.
- C. The patient's risk for suicide is not a concern.
- D. The patient's suicide potential is increased. - D. The patient's suicide potential is increased.

3. Which behavior reflects existentially oriented therapy?

- A. Attempting to understand a patient's subjective world
- B. Challenging a patient's irrational beliefs
- C. Developing specific plans for change
- D. Establishing general group goals - A. Attempting to understand a patient's subjective world

4. Serving as a member on a crisis team, an adult psychiatric and mental health nurse practitioner provides crisis intervention to the survivors of a plane crash. Forty-eight hours after the accident, the survivors describe vivid flashbacks, startle reactions, and disrupted sleep patterns. The nurse practitioner responds by:

- A. advising the survivors to consider using a hypnotic medication for a brief period.
- B. educating the survivors about prodromal symptoms of posttraumatic stress disorder.
- C. encouraging the survivors to rest during the day.
- D. suggesting that the survivors join a posttrauma support group. - B. educating the survivors about prodromal symptoms of posttraumatic stress disorder.

5. An adult psychiatric and mental health nurse practitioner uses the interpersonal therapy model with a patient to establish a therapeutic alliance based upon empathy and trust. The nurse practitioner recognizes the patient's readiness to terminate therapy when the patient demonstrates:

- A. an understanding that leaving a significant other may be painful, but also presents an opportunity for growth.
- B. breathing and muscle relaxation exercises that decrease muscle tension and anxiety.

P.S. Free & New PMHNP dumps are available on Google Drive shared by Lead1Pass: <https://drive.google.com/open?id=1CqaG2WwVvzNgSO27T9WKJdNF9hVkm3A2>

The number of questions of the PMHNP preparation questions you have done has a great influence on your passing rate. And we update the content as well as the number of the PMHNP exam braindumps according to the exam center. As for our PMHNP Study Materials, we have prepared abundant exercises for you to do. You can take part in the real PMHNP exam after you have memorized all questions and answers accurately. And we promise that you will get a 100% pass guarantee.

The pressure is not terrible, and what is terrible is that you choose to evade it. You clearly have seen your own shortcomings, and you know that you really should change. Then, be determined to act! Buying our PMHNP exam questions is the first step you need to take. And as long as you study with our PMHNP Practice Guide, you will find that the exam is just a piece of cake and the certification is easy to get. With the certification, you will find your future is much brighter.

>> PMHNP Reliable Braindumps Book <<

PMHNP Exam Certification Cost | PMHNP Free Exam Dumps

It is known to us that the knowledge workers have been playing an increasingly important role all over the world, since we have to admit the fact that the PMHNP certification means a great deal to a lot of the people, especially these who want to change the present situation and get a better opportunity for development. If you also want to work your way up the ladder, preparing for the PMHNP Exam will be the best and most suitable choice for you. If you are still hesitating whether you need to take the PMHNP

exam or not, you will lag behind other people.

College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q762-Q767):

NEW QUESTION # 762

What lab value is most likely to be increased during treatment with lithium, thiazide diuretics, alkaline antacids, or vitamin D?

- A. Sodium
- B. Magnesium
- C. Calcium
- D. Potassium

Answer: C

Explanation:

Calcium values can be increased during treatment with lithium, thiazide diuretics, alkaline antacids, or vitamin D. While magnesium, sodium, and potassium levels can be affected by some of these medications, calcium is the only electrolyte that is directly related to each of them.

NEW QUESTION # 763

What discipline is defined as the protection, promotion, and optimization of health and abilities; prevention of illness and injury; facilitation of healing; alleviation of suffering through the diagnosis and treatment of human response; and advocacy in the care of individuals, families, groups, communities, and populations?

- A. Health care
- B. Medicine
- C. Nursing
- D. Therapy

Answer: C

Explanation:

The American Nurses Association defines nursing as "the protection, promotion, and optimization of health and abilities, prevention of illness and injury, facilitation of healing, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, groups, communities, and populations."

NEW QUESTION # 764

Which of the following would be least likely to be a goal of dialectical behavioral therapy?

- A. Decreasing emotional reactivity
- B. Assessment of past developmental and psychodynamic factors
- C. Increasing realistic decision-making
- D. Enhancing communication of emotions

Answer: B

Explanation:

Dialectical behavioral therapy was originated by Marsha Linehan. It is most commonly used to treat borderline personality disorder. It focuses on emotional regulation, tolerance for distress, self-management skills, interpersonal effectiveness, and mindfulness. The treatment goals include the following:

- * Decrease suicidal behaviors
- * Decrease therapy-interfering behaviors
- * Decrease emotional reactivity
- * Decrease self-invalidation
- * Decrease crisis-generating behaviors
- * Decrease active passivity

* Increase realistic decision-making

* Increase accurate communication of emotions and competencies

Assessing past developmental and psychodynamic factors is usually a goal of psychoanalytical therapy.

NEW QUESTION # 765

Clinically significant gastrointestinal side effects of lithium therapy include which of the following?

- A. Fine hand tremors
- B. Nystagmus
- C. Mental cloudiness
- D. Nausea

Answer: D

Explanation:

Other gastrointestinal side effects include diarrhea, vomiting, cramps, and anorexia.

Fine hand tremors, mental cloudiness, and nystagmus are all side effects of the central nervous system, not the gastrointestinal system.

NEW QUESTION # 766

The federal government offered financial awards to encourage hospitals to implement meaningful use. Which of the following is least likely to be the outcome of this incentive program?

- A. Technologically advanced clinical processes
- B. Effective data-capturing and sharing
- C. Improved patient outcomes
- D. Adoption of a government-designed electronic health record

Answer: D

Explanation:

The federal government offered financial awards to encourage hospitals to implement meaningful use. The incentive program required hospitals to demonstrate:

- * Effective data capturing and sharing
- * Technologically advanced clinical processes
- * Improved patient outcomes

NEW QUESTION # 767

.....

Lead1Pass provides exam dumps designed by experts to ensure that the candidates' success. This means that there is no need to worry about your results since everything PMHNP exam dumps are verified and updated by professionals. College Admission PMHNP Exam are made to be a model of actual exam dumps. Therefore, it can help users to feel in a real exam such as a real exam. This will improve your confidence and lessen stress to be able to pass the actual tests.

PMHNP Exam Certification Cost: <https://www.lead1pass.com/College-Admission/PMHNP-practice-exam-dumps.html>

According to the latest knowledge points and counseling information, PMHNP Exam Certification Cost practice questions are created by our certified senior experts, covering the latest PMHNP Exam Certification Cost exam points, College Admission PMHNP Reliable Braindumps Book Golden service: 7/24 online service, No Pass Full Refund, College Admission PMHNP Reliable Braindumps Book As a fresh graduate, you can apply a job with higher starting salary.

Implement strategies and roadmaps for managing risk and increasing PMHNP resilience, Smart XP programmers will extract the information from the spreadsheet automatically and read it into the system.

Pass Guaranteed Quiz College Admission - PMHNP - The Best American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse

