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NCLEX Question 51

A client has the following laboratory values: a pH of 7.55, an HCO₃⁻ level of 22 mm Hg, and a PCo₂ of 30 mm Hg. Which action should the nurse take?

- A. Perform Allen's test.**
- B. Prepare the client for dialysis.**
- C. Administer insulin as prescribed.**
- D. Encourage the client to slow down breathing.**

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NCLEX National Council Licensure Examination(NCLEX-RN) NCLEX-RN Prüfungsfragen mit Lösungen (Q817-Q822):

817. Frage

A client with a head injury asks why he cannot have something for his headache. The nurse's response is based on the understanding that analgesics could:

- A. Mask symptoms of increasing intracranial pressure
- B. Counteract the effects of antibiotics
- C. Elevate the blood pressure
- D. Stimulate the central nervous system

Antwort: A

Begründung:

(A) Analgesic medication does not counteract the effects of antibiotics. (B) Analgesic medication may lower blood pressure elevated due to anxiety. (C) Analgesic medication, especially CNS depressants, is not given if there is danger of increasing ICP, because neurological changes may not be apparent. Also, further depression of the CNS is contraindicated. (D) Analgesics do not stimulate the CNS.

818. Frage

A client diagnosed with bipolar disorder continues to be hyperactive and to lose weight. Which of the following nutritional interventions would be most therapeutic for him at this time?

- A. Small, frequent feedings of foods that can be carried
- B. Allowing him to eat when and what he wants
- C. Giving him a quiet place where he can sit down to eat meals
- D. Tube feedings with nutritional supplements

Antwort: A

Begründung:

Explanation/Reference:

Explanation:

(A) The manic client is unable to sit still long enough to eat an adequate meal. Small, frequent feedings with finger foods allow him to eat during periods of activity. (B) This type of therapy should be implemented when other methods have been exhausted. (C) The manic client should not be in control of his treatment plan. This type of client may forget to eat. (D) The manic client is unable to sit down to eat full meals.

819. Frage

MgSO₄ is ordered IV following the established protocol for a client with severe PIH. The anticipated effects of this therapy are anticonvulsant and:

- A. Hypertensive

- B. Vasodilative
- C. Vasoconstrictive
- D. Antiemetic

Antwort: B

Begründung:

(A) An anticonvulsant effect is the goal of drug therapy for PIH. However, we would not want to increase the vasoconstriction that is already present. This would make the symptoms more severe. (B) An anticonvulsant effect and vasodilation are the desired outcomes when administering this drug. (C) An anticonvulsant effect is the goal of drug therapy for PIH; however, hypertensive drugs would increase the blood pressure even more. (D) An anticonvulsant effect is the goal of drug therapy for PIH. MgSO₄ is not classified as an antiemetic. Antiemetics are not indicated for PIH treatment.

820. Frage

At her monthly prenatal visit, a client reports experiencing heartburn. Which nursing measure should be included in her plan of care to help alleviate it?

- A. Restrict fluid intake.
- B. Lie down after eating.
- C. Eat small, frequent bland meals.
- D. Use Alka-Seltzer as necessary.

Antwort: C

Begründung:

(A) At least eight glasses of fluid per day are encouraged to help dilute stomach contents, thereby decreasing irritation. (B) Alka Seltzer contains aspirin, which is irritating to gastric mucosa, and therefore should be avoided. (C) Small, frequent bland meals help to decrease gastric pressure and to prevent reflux. (D) Lying down after meals may cause gastric reflux and prevents optimal gastric emptying.

821. Frage

On admission to the inpatient unit, a 34-year-old client is able to follow simple directions, but with great difficulty. He is worried about how he can keep clean in such a public place and repeatedly dusts his bureau, straightens his bed, and adjusts the clothes in his closet. The client is experiencing a severe level of anxiety. Which response by the nurse would be most therapeutic in initially attempting to reduce his anxiety?

- A. "I've inspected this room and it is perfectly clean."
- B. "Tell me why your room needs to be so clean."
- C. "You will not be allowed to remain in your room if you continue to bother things."
- D. "I can see how uncomfortable you are, but I would like you to walk with me so I can show you around the unit."

Antwort: D

Begründung:

Explanation

(A) This statement is punitive. (B) Acknowledging the anxiety and channeling it into some positive activity is therapeutic. (C) The client cannot say "why"; this statement puts the client on the defensive. (D) A rational approach, especially a judgmental one, is nontherapeutic.

822. Frage

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