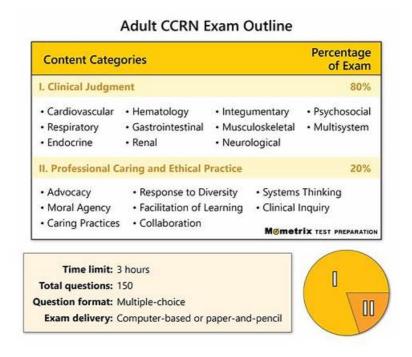
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### **AACN CCRN-Adult Exam Syllabus Topics:**

Topic	Details
Topic 1	The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.

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## CCRN-Adult Valid Test Syllabus & CCRN-Adult Guide

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# **AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q510-Q515):**

#### **NEW QUESTION #510**

A nurse notices that the rate of Catheter-Associated Urinary Tract Infections (CAUTIs) has increased in her ICU over the last quarter. The nurse feels that introducing a CAUTI prevention bundle could be beneficial. What should the nurse do FIRST?

- A. Informally suggest the bundle to her peers to see their response
- B. Educate other nurses on how to implement components of a CAUTI prevention bundle
- C. Research the evidence supporting the use of a CAUTI prevention bundle
- D. Write down the elements she believes should be part of a CAUTI prevention bundle, then present her suggestions to the team

#### Answer: C

#### Explanation:

Researching the evidence supporting the use of a CAUTI prevention bundle can provide information that the nurse can then use to make evidence-based suggestions. Informally suggest the bundle to her peers to see their response may provide feedback on how to implement the bundle; however, the bundle must first be designed before feedback can be sought or before any staff education can be provided.

The nurse should not begin development of the elements she believes should be part of a CAUTI prevention bundle until she has researched the evidence supporting the use of the bundle.

#### **NEW QUESTION #511**

Which of the following is MOST important for a patient who develops Transfusion-Related Acute Lung Injury (TRALI) during a blood transfusion?

- A. TRALI will not occur in patients who are receiving blood transfusions
- B. Administering antibiotics
- C. Providing aggressive respiratory support
- D. Administering a diuretic and limiting fluid intake

#### Answer: C

#### Explanation:

Transfusion-Related Acute Lung Injury (TRALI) is caused by an immune reaction to a transfusion and results in hypoxia and noncardiogenic pulmonary edema. The correct response to this reaction is to provide aggressive respiratory support. Administering antibiotics is only important if the patient is developing an infection. Administering a diuretic and limiting fluid intake is important in patients experiencing a Transfusion-Associated Circulatory Overload (TACO), as this reaction is due to excesses fluid. While a TRALI may cause pulmonary edema, this pulmonary edema will be more due to the immune reaction and will respond better to aggressive respirator support than it will to diuretics.

#### **NEW QUESTION #512**

The critical care nurse understands that depression occurring concurrently with a medical illness is LIKELY to have which of the following effects?

- A. It increases morbidity, but not mortality
- B. It increases mortality, but not morbidity
- C. It does not increase morbidity or mortality
- D. It increases morbidity and mortality

#### Answer: D

#### Explanation:

When depression occurs concurrently with a medical illness, it affects long-term recovery by lengthening the course of the illness, ultimately increasing both morbidity and mortality. Depression can be underlying or can be caused related to the patient's illness or hospitalization.

#### **NEW QUESTION #513**

An 82-year-old female arrives at the emergency department with complaints of abdominal cramping, nausea and diarrhe a. She has a history of renal failure and diabetes mellitus. The nurse establishes an IV line and draws the patient's blood for lab studies. The patient's serum potassium level is 6.5 mEg/L.

Which of the following ECG changes should the nurse expect in this patient?

A. Prolonged QT interval

- B. Tachycardia
- C. Widened QRS complex
- D. Shortened PR interval

#### Answer: C

#### Explanation:

Because K+ impacts normal neuronuscular and cardiac function, these systems are carefully evaluated when hyperkalemia is suspected or confirmed (serum K+ more than 5.5 mEq/L). The predominant cardiac abnormalities are repolarization changes, which are reflected as tall, tented (peaked) T waves.

These are seen in the early phase of hyperkalemia.

As potassium levels increase, other ECG changes occur. These include:

- \* 5.5-6.5 mEq/L
- \* QT interval may shorten
- \* ST-segment depression
- \* 6.5-8.0 mEq/L
- \* Peaked T waves
- \* Widened ORS complex
- \* Amplified R wave
- \* Prolonged PR interval
- \* > 8.0 mEg/L
- \* Absence of P wave
- \* Progressive QRS widening
- \* Advanced AV block with ventricular escape rhythms, ventricular fibrillation, or asystole Bradycardia is also seen with hyperkalemia.

#### **NEW QUESTION #514**

The critical nurse is creating a care plan for a patient who was admitted in septic shock. When formulating a care plan for this patient, which of the following approaches is BEST?

- A. The care plan should be reviewed by multiple clinicians who are not involved in the patients care for an outside perspective
- B. The care plan must be approved by the unit's manager
- C. The care plan should collaboratively involve multiple disciplines
- D. The care plan should be focused and discipline-specific

#### Answer: C

#### Explanation:

Care plans should be developed collaboratively with other disciplines to enhance the continuity of care and have multidisciplinary inputs that result in more comprehensive treatment. A good care plan should not be specific to one discipline. Having a care plan reviewed by multiple clinicians who are unfamiliar with the patient is unlikely to be helpful, although outside consultation may be indicated in some situations. The manager of a unit is not required to approve care plans.

#### **NEW QUESTION #515**

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