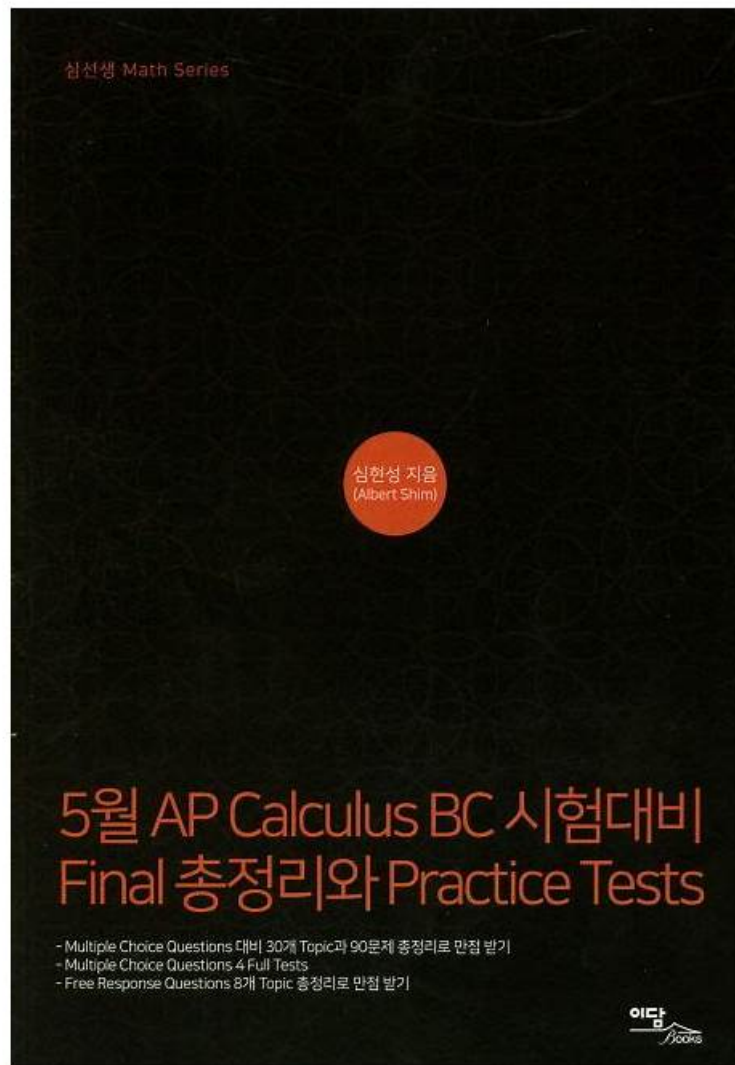


# PMHN-BC시험패스인증덤프자료 - PMHN-BC시험대비인증공부



Fast2test사이트에서 제공하는Nursing 인증PMHN-BC 덤프의 일부 문제와 답을 체험해보세요. 우리 Fast2test의 를 Nursing 인증PMHN-BC 덤프공부자료를 선택해주신다면 우리는 최선을 다하여 여러분이 꼭 한번에 시험을 패스할 수 있도록 도와드리겠습니다.만약 여러분이 우리의 인증시험 덤프를 보시고 시험이랑 틀려서 패스를 하지 못하였다면 우리는 무조건 덤프비용 전부를 환불해드릴것입니다. Fast2test제품으로 자격증을 정복합시다!

Fast2test 제공 Nursing PMHN-BC시험덤프자료가 광범한 시험준비인사들의 찬양을 받은지 하루이틀일이 아닙니다. 이렇게 많은 분들이Fast2test 제공 Nursing PMHN-BC덤프로 시험을 통과하여 자격증을 취득하였다는것은Fast2test 제공 Nursing PMHN-BC덤프가 믿을만한 존재라는것을 증명해드립니다. 덤프에 있는 문제만 열심히 공부하시면 시험통과 가능하기에 시간도 절약해줄수있어 최고의 믿음과 인기를 받아왔습니다. Nursing PMHN-BC 시험을 봐야 하는 분이라면Fast2test를 한번 믿어보세요. Fast2test도움으로 후회없이 멋진 IT전문가로 거듭날수 있을것입니다.

>> PMHN-BC시험패스 인증덤프자료 <<

## 시험패스 가능한 PMHN-BC시험패스 인증덤프자료 최신 덤프자료

우리Fast2test의 덤프는 여러분이Nursing PMHN-BC인증시험응시에 도움이 되시라고 제공되는 것입니다, 우라 Fast2test에서 제공되는 학습가이드에는Nursing PMHN-BC인증시험관련 정보기술로 여러분이 이 분야의 지식 장악에 많은 도움이 될 것이며 또한 아주 정확한Nursing PMHN-BC시험문제와 답으로 여러분은 한번에 안전하게 시험

을 패스하실 수 있습니다,Nursing PMHN-BC인증시험을 아주 높은 점수로 패스할 것을 보장해 드립니다,

## 최신 Nursing ANCC PMHN-BC 무료샘플문제 (Q93-Q98):

### 질문 # 93

How many concepts make up the nursing process?

- A. Five.
- B. Four.
- C. Nine.
- D. Seven.

정답: A

#### 설명:

The nursing process is a fundamental framework that guides nurses in delivering effective, patient-centered care. It encompasses five critical steps, each essential for ensuring comprehensive care and optimal patient outcomes. These steps are: Assessment, Diagnosis, Planning, Implementation, and Evaluation. This structured approach allows for consistent, evidence-based professional practice in the nursing field.

The first step, Assessment, involves gathering comprehensive data about the patient's health status. This includes taking a complete health history and performing a physical examination. The data collected during the assessment phase forms the basis for all subsequent steps.

The second step, Diagnosis, involves analyzing the assessment data to determine the patient's actual or potential health problems. These problems are then articulated as nursing diagnoses. Each diagnosis provides a precise definition of issues that nurses are qualified and licensed to treat.

In the Planning phase, the third step, nurses prioritize the diagnosed problems and set measurable and achievable short- and long-term goals for the patient. They also develop a care plan that outlines strategies to address the nursing diagnoses.

Implementation, the fourth step, involves putting the care plan into action. This step can include administering medication, providing education, and conducting other necessary interventions to address the patient's health needs.

The final step, Evaluation, focuses on assessing the outcomes of the nursing interventions. Nurses determine whether the health goals for the patient are being met or if adjustments to the care plan are necessary. This step is crucial as it ensures that the care provided is effective and responsive to the patient's needs.

Thus, the nursing process is a dynamic and iterative method that enables nurses to provide holistic and patient-focused care. Each of the five steps plays a critical role in fostering better health outcomes and enhancing the quality of care delivered to patients.

### 질문 # 94

Involving family members in teaching clients is essential for which of the following reasons?

- A. The family may have cultural needs to be met.
- B. They may feel isolated if not included.
- C. The chances that instruction for the patient will be utilized increases.
- D. The family can let you know how the patient is complying with instructions.

정답: C

#### 설명:

Involving family members in teaching clients is essential for several reasons. First, including family members can prevent them from feeling isolated from the care process. When family members are not involved, they may feel disconnected and unsure about how to support the patient effectively. Including them in educational sessions ensures they understand the patient's condition, the required care, and the reasons behind specific treatments or procedures. This inclusion can help build a supportive environment around the patient.

Secondly, involving family members significantly increases the likelihood that the instructions given to the patient will be utilized effectively. Family often plays a crucial role in the patient's day-to-day care, especially in cases where patients are dealing with long-term illnesses or disabilities. By educating the family, healthcare providers can ensure that there is a consistent and informed approach to the patient's care regimen, which can improve health outcomes. Family members who understand the care plan are better equipped to assist and encourage the patient, reinforcing the instructions given by healthcare professionals.

Additionally, involving family members in patient education addresses cultural needs. Families may have specific cultural practices or beliefs that influence how they perceive illness and medical care. Acknowledging and incorporating these cultural needs into the care plan can make the medical advice more acceptable and easier to integrate into their daily lives. This cultural competence by healthcare providers can enhance the effectiveness of the treatment and increase patient and family satisfaction with the care.

received.

Lastly, family involvement is crucial for monitoring patient compliance with medical instructions. Family members who understand the care instructions are more likely to notice if the patient is not following the treatment plan correctly and can notify healthcare providers about non-compliance. They can also provide valuable feedback to healthcare providers about what parts of the care plan are working or not, which can be essential for adjusting the treatment to better suit the patient's needs.

In conclusion, involving family members in teaching clients is fundamental not only for ensuring that they do not feel isolated but also for increasing the likelihood that the patient will follow through with treatments. It helps meet cultural needs and provides a system of monitoring and feedback that is crucial for the patient's health management. These factors collectively contribute to more effective healthcare delivery and better patient outcomes.

#### 질문 # 95

A patient is released after being treated for cocaine intoxication. Which of the following would an nurse recommend to increase community support?

- A. Alanon.
- **B. NA.**
- C. Rehab.
- D. A

정답: B

설명:

When a patient has been treated for cocaine intoxication and is being released from a medical facility, it is crucial to provide recommendations that will support their ongoing recovery. Community support groups play a vital role in the rehabilitation process by offering a network of individuals facing similar challenges, which can significantly enhance the patient's ability to maintain sobriety and manage addiction issues effectively.

One of the most appropriate recommendations for a patient recovering from cocaine addiction is to connect with Narcotics Anonymous (NA). NA is a community-based organization that is part of a larger global network aimed at helping individuals to overcome drug addiction and maintain long-term recovery. NA provides a supportive environment where individuals are encouraged to share their experiences and struggles with addiction in a confidential setting, following a structured 12-step program similar to that of Alcoholics Anonymous (AA).

The 12-step program includes steps that involve admitting powerlessness over addiction, recognizing a higher power that can offer strength, examining past errors with the help of a sponsor (experienced member), making amends for these errors, learning to live a new life with a new code of behavior, and helping others who suffer from the same addictions. This program is designed to promote personal growth and healing, which are essential components of recovery from drug addiction.

It is important to clarify that while AA also uses a 12-step model, it is specifically geared towards individuals recovering from alcoholism, not drug addiction. Therefore, while AA provides tremendous support for alcohol-related issues, it is not the most suitable option for someone recovering from cocaine addiction. Similarly, Al-Anon is another support group, but it is designed to help family members of individuals struggling with addiction, not the addicts themselves. Its focus is on providing support and coping strategies for those who are indirectly affected by the substance abuse of a loved one.

A recommendation to join NA rather than AA or Al-Anon is based on the specific focus of NA on drug addiction, providing the most relevant and specialized support for a patient recovering from cocaine use. This ensures that the patient will receive the appropriate guidance and community support tailored to their particular recovery needs. Engaging with NA can help the patient build a network of supportive peers, which is crucial for long-term recovery and preventing relapse.

In summary, NA stands out as the recommended choice for someone recovering from cocaine intoxication due to its direct relevance to drug addiction, structured recovery program, and supportive community environment, all of which are essential for effective recovery and sustained sobriety.

#### 질문 # 96

If a nurse is feeling they need to rescue a patient, which of the following solutions might be effective?

- A. Avoid calling the patient when off duty.
- **B. All of the above**
- C. Avoid any secret alliances.
- D. Allow the patient to direct issues.

정답: B

설명:

When a nurse feels the need to "rescue" a patient, it typically refers to a scenario where the nurse may develop an overly involved or overly empathetic stance towards the patient, often leading to blurred professional boundaries. This feeling can sometimes result in the nurse taking extra measures that may not be professionally recommended or might even compromise the ethical standards of nursing care. Here are the expanded explanations for the suggested solutions to manage such a situation:

**\*\*Allow the patient to direct issues:\*\*** This approach empowers the patient by letting them have a say in their care decisions and express their concerns and preferences. By doing so, the nurse shifts from being a rescuer to a facilitator of care. This strategy can help in preventing overidentification with the patient's condition, where the nurse might otherwise project personal feelings and potentially overstep professional boundaries to 'save' the patient. Allowing the patient to direct their issues encourages autonomy, enhances patient satisfaction, and maintains a professional nurse-patient relationship.

**\*\*Avoid any secret alliances:\*\*** Secret alliances, or unofficial understandings and agreements between the nurse and the patient that are concealed from other healthcare team members, can be problematic. They can disrupt the continuity and consistency of care, create conflicts within the care team, and might even lead to favoritism or partiality. By avoiding such alliances, the nurse maintains transparency, promotes teamwork, and upholds the integrity of the care provided. This practice helps in managing the impulse to rescue by reinforcing professional boundaries and ensuring that all actions taken are in the patient's best interest and within ethical guidelines.

**\*\*Avoid calling the patient when off duty:\*\*** Making personal calls or contacts outside of professional hours can lead to overinvolvement in the patient's life, which might blur the lines between personal and professional relationships. This behavior can be misconstrued by the patient or might create dependencies that are not conducive to the patient's independence and recovery. By refraining from contacting patients while off duty, the nurse can maintain a healthy work-life balance and professional boundaries, thus avoiding the pitfalls of feeling the need to rescue or becoming too emotionally involved with the patient.

**\*\*All of the above\*\*** would be correct. Each of these strategies aims to foster professional conduct, uphold ethical standards, and ensure that the nurse-patient relationship promotes healing and autonomy without overstepping necessary boundaries. In conclusion, managing the urge to rescue involves reinforcing professional boundaries, encouraging patient autonomy, maintaining transparency in actions, and ensuring all interactions are ethically sound and supportive of the patient's overall well-being.

#### 질문 # 97

Which of the following serious adverse reactions could occur with the concurrent use MAOI's and beta blockers?

- A. Hives
- **B. Bradycardia**
- C. Liver failure
- D. Congestive heart failure

**정답 : B**

#### 설명:

The concurrent use of MAOIs (monoamine oxidase inhibitors) and beta blockers can lead to several serious adverse reactions, one of which is bradycardia. Bradycardia refers to an abnormally slow heart rate, which can lead to fainting, dizziness, fatigue, and in severe cases, cardiac arrest. Both MAOIs and beta blockers influence neurotransmitter levels and heart rate, respectively, which can compound the effects of one another, leading to pronounced bradycardia.

MAOIs work by inhibiting the action of the enzyme monoamine oxidase, which is responsible for breaking down neurotransmitters such as serotonin, dopamine, and norepinephrine in the brain. By inhibiting this breakdown, MAOIs increase the levels of these neurotransmitters, which can have various effects on mood and blood pressure regulation. However, this inhibition can also interact with the effects of beta blockers, which primarily work by slowing down the heart rate and reducing blood pressure by blocking the beta-adrenergic receptors in the heart.

When MAOIs are used together with beta blockers, the risk of developing low blood pressure (hypotension) and a significantly reduced heart rate (bradycardia) increases. This is because both classes of drugs can decrease the body's sympathetic (adrenergic) tone, which normally helps to maintain alertness, heart rate, and blood pressure. The combined effects can lead to an excessive suppression of the cardiovascular system.

Other potential serious and even fatal adverse reactions from the use of MAOIs include hypertensive crisis, which can occur if foods containing tyramine (such as certain cheeses and wines) are consumed. This is because MAOIs inhibit the breakdown of tyramine, leading to increased levels of tyramine which can cause dangerous spikes in blood pressure.

In addition to monitoring for signs of bradycardia, healthcare providers need to educate patients on the importance of dietary restrictions with MAOIs and the signs of hypertensive crisis. Regular monitoring of blood pressure and heart rate is recommended for patients taking this combination of medications. Adjustments in medication dosage or switching to alternative therapies might be necessary if adverse reactions occur.

In summary, while bradycardia is a significant risk when combining MAOIs and beta blockers, other serious health issues can also arise, necessitating careful management and monitoring by healthcare professionals. Patients should be counseled on potential symptoms and the importance of adherence to dietary restrictions while on MAOIs.

## 질문 # 98

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IT인증자격증을 취득하는 것은 IT업계에서 자신의 경쟁력을 높이는 유력한 수단입니다. 경쟁에서 밀리지 않으려면 자격증을 많이 취득하는 편이 안전합니다. 하지만 IT자격증취득은 생각보다 많이 어려운 일입니다. Nursing인증 PMHN-BC시험은 인기자격증을 취득하는데 필요한 시험과목입니다. Fast2test는 여러분이 자격증을 취득하는 길에 서의 없어서는 안될 동반자입니다. Fast2test의Nursing인증 PMHN-BC덤프로 자격증을 편하게 취득하는게 어떨까요?

**PMHN-BC시험대비 인증 공부 :** <https://kr.fast2test.com/PMHN-BC-premium-file.html>

Nursing PMHN-BC시험패스 인증덤프자료 데모도 pdf버전과 온라인버전으로 나뉘어져 있습니다. pdf버전과 온라인 버전은 문제는 같은데 온라인버전은 pdf버전을 공부한후 실력테스트 가능한 프로그램입니다. IT업계 종사자라면 누구나 Nursing PMHN-BC시험대비 인증공부 시험을 패스하고 싶어하리라고 믿습니다. ITCertKR는 Nursing PMHN-BC 시험을 패스하는데 가장 좋은 선택이기도 하고 Nursing PMHN-BC인증시험을 패스하기 위한 가장 힘이 되어 드리는 보험입니다. Nursing PMHN-BC덤프는 이 시험에 대비한 가장 적합한 자료로서 자격증을 제일 빠르게 간편하게 취득할수 있는 지름길입니다.

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## PMHN-BC시험패스 인증덤프자료 100% 합격 보장 가능한 최신 공부자료

IT업계 종사자라면 누구나 Nursing 시험을 패스하고 싶어하리라고 믿습니다. ITCertKR는 Nursing PMHN-BC 시험을 패스하는데 가장 좋은 선택이기도 하고 Nursing PMHN-BC인증시험을 패스하기 위한 가장 힘이 되어 드리는 보험입니다.

Nursing PMHN-BC덤프는 이 시험에 대비한 가장 적합한 자료로서 자격증을 제일 빠르게 간편하게 취득할수 있는 지름길입니다. 경쟁이 이와같이 치열한 환경속에서 누구도 대체할수 없는 자기만의 자리를 찾으려면 IT인증자격증취득은 무조건 해야 하는것이 아닌가 싶습니다.

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- [bbs.t-firefly.com](https://bbs.t-firefly.com), [www.stes.tyc.edu.tw](http://www.stes.tyc.edu.tw), [www.stes.tyc.edu.tw](http://www.stes.tyc.edu.tw), [www.stes.tyc.edu.tw](http://www.stes.tyc.edu.tw), [www.stes.tyc.edu.tw](http://www.stes.tyc.edu.tw),  
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