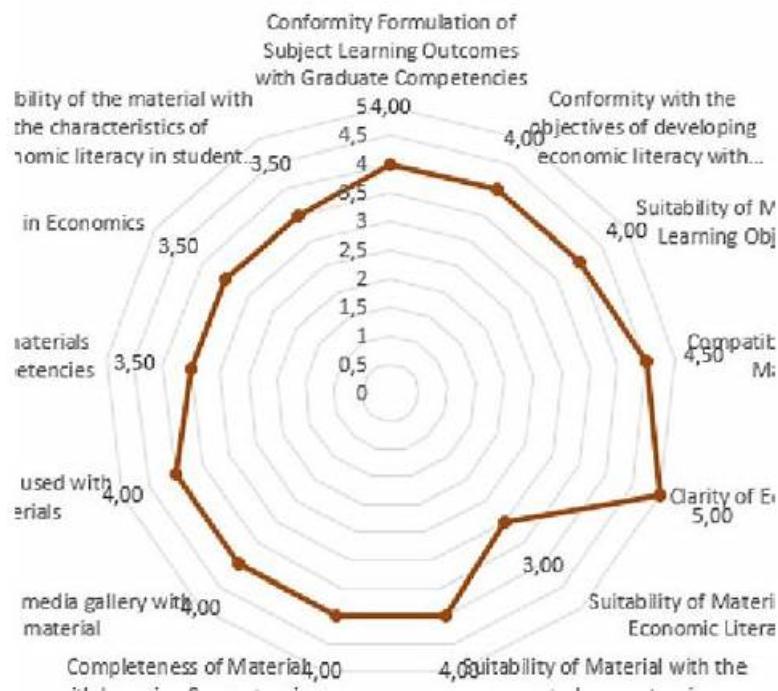


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## ServSafe ServSafe-Manager Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none"><li>THE FLOW OF FOOD: PREPARATION: This chapter addresses safe preparation techniques, proper cooking requirements, and critical procedures for cooling and reheating food.</li></ul>

Topic 2	<ul style="list-style-type: none"> <li>• PROVIDING SAFE FOOD: This chapter introduces foodborne illnesses, their causes and transmission, and establishes the foundational principles for maintaining food safety throughout operations.</li> </ul>
Topic 3	<ul style="list-style-type: none"> <li>• FOOD SAFETY MANAGEMENT SYSTEMS: This chapter introduces systematic approaches like HACCP for identifying hazards, establishing controls, and implementing corrective actions.</li> </ul>
Topic 4	<ul style="list-style-type: none"> <li>• CLEANING AND SANITIZING: This chapter explains cleaning versus sanitizing procedures, dishwashing methods, and establishing effective schedules throughout the operation.</li> </ul>
Topic 5	<ul style="list-style-type: none"> <li>• THE FLOW OF FOOD: AN INTRODUCTION: This chapter introduces hazards throughout food's journey and establishes monitoring techniques for time and temperature control.</li> </ul>
Topic 6	<ul style="list-style-type: none"> <li>• THE FLOW OF FOOD: SERVICE: This chapter covers safe holding and serving practices, including time and temperature controls to prevent contamination during service.</li> </ul>
Topic 7	<ul style="list-style-type: none"> <li>• SAFE FACILITIES AND PEST MANAGEMENT: This chapter covers facility requirements for safe operations, emergency preparedness, and comprehensive pest prevention and control programs.</li> </ul>
Topic 8	<ul style="list-style-type: none"> <li>• THE FLOW OF FOOD: PURCHASING AND RECEIVING: This chapter covers supplier selection, receiving procedures, and proper storage methods including temperature requirements and organization.</li> </ul>

## ServSafe Manager Exam Sample Questions (Q29-Q34):

### NEW QUESTION # 29

In general, pathogens grow very slowly or not at all at pH levels below

- A. 4.6.
- B. 6.4.
- C. 5.0.
- D. 6.0.

### Answer: A

Explanation:

Bacteria require specific conditions to grow, often remembered by the acronym FAT TOM (Food, Acidity, Temperature, Time, Oxygen, Moisture). Acidity is measured on a pH scale from 0 to 14.0. Most foodborne pathogens grow best in food that is slightly acidic to neutral, typically between a pH of 4.6 and 7.5. ServSafe and the FDA Food Code identify 4.6 as the critical "cutoff" point for safety.

When the pH level of a food is below 4.6 (highly acidic), it creates an environment that is too hostile for most pathogenic bacteria, such as *Clostridium botulinum*, to grow and produce toxins. This is why highly acidic foods like lemons, limes, and many vinegars are generally not considered TCS foods. In food preservation, such as pickling or fermenting, the goal is often to lower the pH of the food below this 4.6 threshold to make it shelf-stable. Conversely, foods with a pH above 4.6, such as meat, milk, and most vegetables, require strict time and temperature control because their low acidity allows for rapid bacterial multiplication. Managers must be aware of the pH of the items they serve, especially when dealing with specialized processes like "reduced oxygen packaging" (ROP) or acidified rice for sushi, where maintaining a safe pH is a critical control point.

### NEW QUESTION # 30

When cooling food, an acceptable alternative to the two-stage cooling method is to use a

- A. commercial cooler.
- B. **blast chiller**.
- C. fan blowing on food.
- D. heavy-duty freezer.

### Answer: B

Explanation:

Cooling food safely is one of the most difficult tasks in a kitchen because it requires moving food through the "Danger Zone" (\$135