

# NCE-ABE PDF - NCE-ABE在線考題



此外，這些VCESoft NCE-ABE考試題庫的部分內容現在是免費的：<https://drive.google.com/open?id=17EVhMUqb7YLVmZp8Kisi-f4VB0dlCgoc>

VCESoft是一個學習NBCC技術的人們都知道的網站。它受到了參加NCE-ABE認定考試的人的一致好評。這是一個可以真正幫助到大家的網站。為什麼VCESoft能得到大家的信任呢？那是因為VCESoft有一個NBCC業界的精英團體，他們一直致力於為大家提供最優秀的考試資料。因此，VCESoft可以給大家提供更多的優秀的NCE-ABE參考書，以滿足大家的需要。

通過NBCC NCE-ABE 認證考試的方法有很多種，花大量時間和精力來復習NBCC NCE-ABE 認證考試相關的專業知識是一種方法，通過少量時間和金錢選擇使用VCESoft的針對性訓練和練習題也是一種方法。

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## NBCC NCE-ABE在線考題 - NCE-ABE信息資訊

有了目標就要勇敢的去實現。每一個選擇IT行業的人應該都不會只是安於現狀那樣簡單點的生活，現在各行各業的競爭壓力可想而知，IT行業也不例外，所以你們要是有了目標就要勇敢的去實現，其中通過NBCC的NCE-ABE考試認證也是一次不小的競爭方式之一，通過了此考試，那麼你的IT生涯將會大展宏圖，會有一幅不一樣的藍圖等著你去勾勒，而我們VCESoft網站可以提供你真實準確的培訓資料，幫助你通過考試獲得認證，從而實現你的藍圖理想。

### 最新的 National Certified Counselor NCE-ABE 免費考試真題 (Q123-Q128):

#### 問題 #123

Career development theories are helpful to the counselor because they

- A. Indicate the occupation that the client will most likely select

- B. Increase job satisfaction and employment productivity
- C. Reduce complexity and guide the selection of helping strategies
- D. Indicate the type of counselor needed for a specific client

答案： C

解題說明：

Career development theories (e.g., trait-factor, developmental, social-cognitive, constructivist) are tools that help counselors organize information about clients and their career concerns. They reduce the complexity of career issues by offering frameworks for understanding interests, abilities, values, developmental tasks, and contextual influences. This enables the counselor to select appropriate helping strategies, interventions, and assessments-making Option C correct.

\* Option A (increase job satisfaction and productivity) may be an indirect, long-term outcome of effective career counseling but is not the direct reason theories are useful to the counselor.

\* Option B implies theories "predict" a specific occupation; in reality, theories guide exploration rather than dictate a single occupational choice.

\* Option D suggests theories tell us what type of counselor is needed; career theories focus on client development and decision-making, not counselor classification.

NBCC Counselor Work Behavior Areas state that counselors should use theoretical models in their clinical focus to structure case conceptualization and intervention planning, and career development theories are precisely such frameworks in the career counseling domain.

問題 #124

Which intervention is evidence-based for a client experiencing depression?

- A. Behavioral activation
- B. Empty chair
- C. Dream analysis
- D. Fear hierarchy

答案： A

解題說明：

For depressive disorders, counselors are expected to select interventions that have strong empirical support.

Behavioral activation is a well-established, evidence-based intervention for depression. It focuses on:

\* Increasing engagement in pleasant, mastery-oriented, and values-consistent activities

\* Reducing patterns of withdrawal and avoidance that maintain or worsen depressive symptoms Research has repeatedly shown that behavioral activation can be as effective as cognitive therapy and medication for many clients with depression, and it is considered a frontline treatment in many practice guidelines [e.g., standard CBT/BA literature and clinical protocols].

Why the other options are not the best answer:

\* A. Fear hierarchy - This is typically used as part of systematic desensitization or exposure therapies for anxiety disorders, especially phobias, not as a primary, evidence-based treatment for depression.

\* C. Empty chair - A Gestalt technique often used for unresolved feelings toward self or others. It can be helpful in some contexts but is not a primary empirically validated core treatment for depression.

\* D. Dream analysis - Associated with psychodynamic or psychoanalytic approaches; it does not have the same level of empirical support as behavioral activation specifically for depression.

Counselors working within the NBCC Counselor Work Behavior Areas are expected to use interventions like behavioral activation that directly target depressive patterns through structured, change-oriented action.

問題 #125

According to classical psychoanalytic thought, an adolescent client who continually tells inappropriate jokes and discusses unrelated matters of a nonpersonal nature is exhibiting

- A. Resistance
- B. Regression
- C. Transference
- D. Catharsis

答案： A

**解題說明:**

Within the Counseling and Helping Relationships core area, CACREP emphasizes knowledge of psychoanalytic concepts such as resistance, transference, catharsis, and regression.

\* In classical psychoanalytic theory, resistance refers to any behavior that impedes the counseling process or avoids threatening, unconscious material. This can include joking, changing the subject, talking about trivial or nonpersonal matters, being late, or intellectualizing instead of addressing feelings.

\* In this vignette, the adolescent repeatedly tells inappropriate jokes and shifts to unrelated, nonpersonal topics, which function to avoid deeper, emotionally charged material—a textbook example of resistance.

Why the others are not best:

\* Transference (A): This is when clients unconsciously transfer feelings from earlier significant relationships onto the counselor. That's about who the feelings are directed toward, not joking and avoiding content.

\* Catharsis (C): This is an emotional release that comes from expressing previously repressed feelings, usually leading to relief, not avoidance.

\* Regression (D): This is a return to earlier developmental behaviors in response to stress (e.g., acting childlike), not primarily joking and talking about unrelated topics to avoid personal material.

Thus, the behavior is best understood as B. Resistance.

**問題 #126**

When establishing short- and long-term treatment goals, it is important that they are consistent with which client factor?

- A. Internal consistency
- B. Counselor's expertise
- C. Past goals
- **D. Current diagnosis**

**答案: D**

**解題說明:**

In the Counseling and Helping Relationships core area, counselors are trained to develop treatment plans and goals that are grounded in a clear understanding of the client's presenting concerns, assessment data, and diagnostic impressions.

\* Treatment goals should flow logically from the client's current diagnosis and presenting problems as identified through assessment and clinical formulation. This ensures that interventions are appropriate, evidence-informed, and clinically justified for the condition being treated.

\* Past goals may provide historical context but should not dictate current treatment if the client's situation, functioning, or diagnosis has changed.

\* Internal consistency is a psychometric concept usually referring to the reliability of items within an assessment instrument, not a direct client factor used to anchor treatment goals.

\* Counselor's expertise is important ethically (practice within competence), but it is not a client factor; treatment goals must prioritize the client's needs and diagnosis, not simply what the counselor is most comfortable doing.

Because treatment goals in professional counseling are expected to be aligned with the client's current diagnosis and presenting clinical picture, the best answer is B (Current diagnosis).

**問題 #127**

A client with a terminal illness discloses to their hospice counselor that they would like to discuss the option of assisted suicide. Which of the following should the counselor do first?

- A. Inform the client's family immediately to discuss next steps.
- B. Maintain confidentiality to protect the therapeutic relationship.
- **C. Seek consultation or supervision from professional and legal parties.**
- D. Review palliative care medications.

**答案: C**

**解題說明:**

When a client brings up assisted suicide, the counselor is dealing with a situation that involves serious ethical, legal, and clinical considerations. The NBCC Counselor Work Behavior Areas emphasize that counselors must know and follow applicable laws, adhere to ethical standards, and seek supervision or consultation when facing complex or high-risk situations.

The best first step is Option A: seek professional and legal consultation/supervision. This helps the counselor clarify:

\* Legal requirements in their jurisdiction regarding assisted suicide.

\* Ethical obligations related to client safety, autonomy, and confidentiality.

\* Appropriate clinical responses and documentation.

Option B (maintain confidentiality) is important but not an action step and may need to be reconsidered if there is clear risk of self-harm. Option C (inform the family) could violate confidentiality without proper legal/ethical grounding. Option D (review palliative medications) is outside the counselor's scope. Consulting first allows the counselor to proceed in an informed, ethical, and legally sound manner.

## 問題 #128

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**NCE-ABE在線考題:** <https://www.vcesoft.com/NCE-ABE-pdf.html>

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他大吃壹驚，伸進屋的壹只腳差點沒收回來，連紫氣七神果都沒得到，竟然這麼莫名其妙就死了，使用我們的NCE-ABE認證考古題，您在參加考試時完全可以應付自如，輕鬆地獲得高分，順利通過NBCC認證考試，我們正在盡最大努力為我們的廣大考生提供所有具備較高的速度和效率的服務，以節省你的寶貴時間，VCESoft NBCC的NCE-ABE考試為你提供了大量的考試指南，包括考古題及答案，有些網站在互聯網為你提供的品質和跟上時代NCE-ABE學習材料。

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