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## NCLEX-RN EXAM PACK SET 5 WITH 75 NEW GENERATION QUESTIONS & ANSWERS WITH RATIONALES | UPDATED 2024

### 1. Question

Which action(s) should you delegate to the experienced nursing assistant when caring for a patient with a thrombotic stroke with residual left-sided weakness? Select all that apply.

- A. Assist the patient to reposition every 2 hours.
- B. Reapply pneumatic compression boots.
- C. Remind the patient to perform active ROM.
- D. Check extremities for redness and edema.

**Correct Answer: A, B, & C.**

The experienced nursing assistant would know how to reposition the patient and how to reapply compression boots and would remind the patient to perform activities he has been taught to perform.

- Option D:** Assessing for redness and swelling (signs of deep venous thrombosis [DVT]) requires additional education and is still appropriate to the professional nurse.

### 2. Question

The patient who had a stroke needs to be fed. What instruction should you give to the nursing assistant who will feed the patient?

- A. Position the patient sitting up in bed before you feed her.
- B. Check the patient's gag and swallowing reflexes.

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### NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q301-Q306):

#### NEW QUESTION # 301

The nurse practitioner determines that a client is approximately 9 weeks' gestation. During the visit, the practitioner informs the client about symptoms of physical changes that she will experience during her first trimester, such as:

- A. Nausea and vomiting
- B. Abdominal enlargement
- C. A 6-8 lb weight gain
- D. Quickening

**Answer: A**

Explanation:

Explanation/Reference:

Explanation:

(A) Nausea and vomiting are experienced by almost half of all pregnant women during the first 3 months of pregnancy as a result of elevated human chorionic gonadotropin levels and changed carbohydrate metabolism. (B) Quickening is the mother's perception of fetal movement and generally does not occur until 18-20 weeks after the last menstrual period in primigravidas, but it may occur as early as 16 weeks in multigravidas. (C) During the first trimester there should be only a modest weight gain of 2-4 lb. It is not uncommon for women to lose weight during the first trimester owing to nausea and/or vomiting. (D) Physical changes are not apparent until the second trimester, when the uterus rises out of the pelvis.

#### NEW QUESTION # 302

When discussing the relationship between exercise and insulin requirements, a 26-year-old client with IDDM should be instructed that:

- A. When exercise is increased, there is no change in insulin needs
- B. When exercise is increased, insulin needs are decreased
- C. When exercise is increased, insulin needs are increased
- D. When exercise is decreased, insulin needs are decreased

**Answer: B**

Explanation:

(A) If the client's insulin is increased when activity level is increased, hypoglycemia may result. (B) Exercise decreased the blood sugar by promoting uptake of glucose by the muscles. Consequently, less insulin is needed to metabolize ingested carbohydrates. Extra food may be required for extra activity. (C) This statement directly contradicts the correct answer and is inaccurate. (D) When exercise is decreased, the client's insulin dose does not need to be altered unless the blood sugar becomes unstable.

#### NEW QUESTION # 303

A client with bipolar disorder taking lithium tells the nurse that he has ringing in his ears, blurred vision, and diarrhea. The nurse notices a slight tremor in his left hand and a slurring pattern to his speech. Which of the following actions by the nurse is appropriate?

- A. Administer a stat dose of lithium as necessary.
- B. Recognize this as an expected response to lithium.
- C. Give an oral dose of lithium antidote.
- D. Request an order for a stat blood lithium level.

**Answer: D**

Explanation:

(A)

These symptoms are indicative of lithium toxicity. A stat dose of lithium could be fatal.

(B)

These are toxic effects of lithium therapy. (C) The client is exhibiting symptoms of lithium toxicity, which may be validated by lab studies. (D) There is no known lithium antidote.

#### NEW QUESTION # 304

A 16-month-old infant is being prepared for tetralogy of Fallot repair. In the nursing assessment, which lab value should elicit further assessment and requires notification of physician?

- A. Bleeding time of 4 minutes
- B. pH 7.39
- C. Hematocrit 60%
- D. White blood cell (WBC) count 10,000 WBCs/mm<sup>3</sup>

**Answer: C**

Explanation:

Section: Questions Set C

Explanation:

(A) Normal pH of arterial blood gases for an infant is 7.35-7.45. (B) Normal white blood cell count in an infant is 6,000-17,500 WBCs/mm<sup>3</sup>. (C) Normal hematocrit in infant is 28%-42%. A 60% hematocrit may indicate polycythemia, a common complication of cyanotic heart disease. (D) Normal bleeding time is 2-7 minutes.

#### NEW QUESTION # 305

A client has been admitted to the labor and delivery unit in active labor. After assessing her, the RN notes that the client's fetus position is left occipital posterior. Which of the following statements best describes what this means to the labor process:

- A. Decreases the time of the client's first stage of labor
- B. Prolongs the client's first stage of labor
- C. Prolongs the client's third stage of labor
- D. Decreases the overall time of the labor process

**Answer: B**

Explanation:

(A) Posterior position causes a larger diameter of the fetal head to enter the pelvis than an anterior position. Pressure on the sacral nerves is increased, and it takes the fetus a longer time to enter the pelvic inlet. (B) This position will prolong the first stage of labor. When the larger diameter of the fetal head enters the pelvis first, it will have a more difficult time accommodating to the pelvis; therefore, it will take a longer time for the fetus to move through the pelvis. (C) It will increase the time of labor because the larger diameter of the fetal head will have a more difficult time accommodating to the pelvic inlet and thus will move through the pelvis slower. (D) In the third stage of labor the placenta is delivered; therefore, the infant has been delivered.

#### NEW QUESTION # 306

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