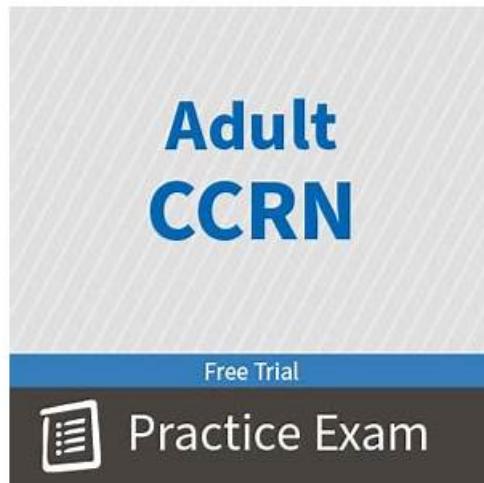


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## CCRN-Adult Exam Voucher - CCRN-Adult Actual Questions

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## AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details

Topic 2	<ul style="list-style-type: none"> <li>The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.</li> </ul>
Topic 3	<ul style="list-style-type: none"> <li>Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.</li> </ul>
Topic 6	<ul style="list-style-type: none"> <li>In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.</li> </ul>

## AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q125-Q130):

### NEW QUESTION # 125

An acute neurological injury associated with severe, sudden onset headache can be due to:

- A. migraine
- B. subdural hematoma
- C. hypoxia
- D. subarachnoid hemorrhage**

### Answer: D

Explanation:

Subarachnoid Hemorrhage (SAH) can result from trauma, aneurysm, or other vascular malformations.

Patients with SAH experience sudden, severe headaches described as "explosive" or "the worst headache of my life." Other common signs and symptoms include nausea and vomiting, stiff neck, blurred vision, mental status changes, and photophobia. Focal deficits such as hemiparesis, hemiplegia, or aphasia may also occur. Subdural hematomas are less likely to result in a headache that is sudden. Migraines are not a form of neurological injury.

### NEW QUESTION # 126

Which of the following findings is NOT part of the trauma triad, also called the triangle of death?

- A. Coagulopathy
- B. Hypotension**
- C. Hypothermia
- D. Acidosis

### Answer: B

Explanation:

The trauma triad, also called the triangle of death, is a combination of disorders that build on each other and result in death. The trauma triad consists of hypothermia, coagulopathy, and acidosis. Mortality can be over 90% if this combination of disorders is not successfully treated.

### NEW QUESTION # 127

An ICU nurse is educating a patient about their newly-diagnosed type 2 diabetes. The patient is struggling with understanding the importance of regular glucose monitoring. Which of the following methods is MOST effective for promoting patient learning in this situation?

- A. Explaining how the body regulates glucose levels and the mechanism through which high blood glucose negatively impacts health
- B. Telling the patient that not monitoring glucose could lead to amputation
- C. Demonstrating how to use a glucometer, then having the patient demonstrate it back
- D. Presenting the patient with statistics and charts about the negative effects of uncontrolled diabetes

**Answer: A**

Explanation:

If the patient is struggling to understand the importance of regular glucose monitoring, the nurse should explain the rationale for this intervention by explaining how the body regulates glucose levels and the mechanism through which high blood glucose negatively impacts health. Presenting the patient with statistics and charts about the negative effects of uncontrolled diabetes is not likely to be effective unless it is tied in with how regular glucose monitoring mitigates these risks. Demonstrating how to use a glucometer, then having the patient demonstrate it back does not address the underlying lack of understanding about the importance of regular glucose monitoring. Telling the patient that not monitoring glucose could lead to amputation may cause compliance based on fear, not based on an understanding of the rationale for glucose monitoring.

#### **NEW QUESTION # 128**

Which of the following is NOT an etiology of Acute Renal Failure (ARF)?

- A. Sepsis
- B. Bladder tumor
- C. Shock
- D. Hypertension

**Answer: D**

Explanation:

Physiologic conditions that lead to decreased perfusion of the kidneys, without intrinsic damage to the renal tubules, are identified as prerenal failure. Shock and sepsis are both classified as prerenal failure causes. With shock, the patient becomes hypovolemic, and sepsis alters peripheral vascular resistance.

Management of both shock and sepsis involves treating the underlying cause and supporting circulating volume. A bladder tumor can cause postrenal failure, as it is a physiologic condition that partially or completely obstructs urine flow from the kidney to the urethral meatus. Treatment in the case of a bladder tumor is aimed at removing as much (if not all) of the tumor as possible.

Hypertension alone is not an etiology of Acute Renal Failure (ARF); however, antihypertensive medications can cause prerenal failure as they may lead to decreased perfusion of the kidneys. It is also important to note that hypertension is a symptom (not a cause) of intrarenal failure. Hypertension is a common etiology of chronic, not acute, renal failure.

#### **NEW QUESTION # 129**

Which of the following BEST describes the rationale for performing an echocardiogram in a patient with Pulmonary Arterial Hypertension (PAH)?

- A. An echocardiogram will identify hypertensive pulmonary arteries
- B. An echocardiogram can identify cor pulmonale
- C. An echocardiogram is not indicated for a patient with PAH
- D. An echocardiogram will identify restricted blood flow in the pulmonary arteries

**Answer: B**

Explanation:

Cor pulmonale refers to right ventricular failure and literally means "pulmonary heart". Cor pulmonale is caused by Pulmonary Arterial Hypertension (PAH) due to the increased afterload of the pulmonary arteries. An echocardiogram does not directly assess the pulmonary arteries and is used to evaluate the structure of the heart, not the pulmonary arteries.

#### **NEW QUESTION # 130**

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