

PMHNP Dumps - PMHNP시험대비공부문제



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College Admission PMHNP Exam Syllabus Topics:

Section	Weight	Objectives
Topic 1: Scientific Foundation	19%	- Neuroscience and Neurobiology 1. Neurodevelopmental Concepts 2. Neurotransmitters and Brain Function
		- Research and Evidence-Based Practice 1. Clinical Guidelines 2. Research Interpretation
		- Psychopathology 1. Psychiatric Disorders Across Lifespan 2. Differential Diagnosis
		- Assessment and Diagnosis 1. Psychiatric Interviews 2. Mental Status Examination
Topic 2: Advanced Practice Skills	24%	- Psychotherapy Modalities 1. Supportive Therapy 2. Cognitive Behavioral Therapy
		- Psychopharmacology 1. Drug Interactions and Side Effects 2. Medication Management

- Healthcare Policy
 - 1. Healthcare Regulations
 - 2. Advocacy and Leadership
- Collaboration and Consultation
- Topic 3: Professional Role and Policy 14%
 - 1. Care Coordination
 - 2. Interdisciplinary Practice
- Ethical and Legal Standards
 - 1. Professional Accountability
 - 2. Confidentiality and Consent
- Clinical Management
 - 1. Acute Psychiatric Conditions
 - 2. Chronic Mental Illness Management
- Treatment Planning
- Topic 4: Diagnosis and Treatment 43%
 - 1. Crisis Intervention
 - 2. Individualized Care Plans
- Special Populations
 - 1. Older Adults
 - 2. Children and Adolescents

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PMHNP Dumps 최신버전 덤프샘플문제 다운

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최신 College Admission Certification PMHNP 무료샘플문제 (Q107-Q112):

질문 # 107

What psychiatric condition affects patients who are experiencing symptoms of schizophrenia but have been ill for only one to six months?

- A. Delusional disorder
- B. Schizophreniform disorder
- C. Brief psychotic disorder
- D. Schizoaffective disorder

정답: B

설명:

Schizophreniform disorder is characterized by symptoms of schizophrenia but who have been ill for only one to six months. Schizoaffective disorder is characterized by symptoms of schizophrenia along with either depression or mania. Delusional disorder is a psychotic disorder characterized by the presence of delusions but no other symptoms of schizophrenia. Brief psychotic disorder is characterized by at least one psychotic symptom present for less than one month.

질문 # 108

People who have inhabited a country for thousands of years such as Australian aborigines, American natives and New Zealand Maoris are referred to by which of the following terms?

- A. diverse culture
- **B. indigenous culture**
- C. refugees
- D. emigration culture

정답: B

설명:

The question is asking what term is used to refer to groups of people who have lived in a certain area or country for thousands of years. Examples given include Australian Aborigines, American natives, and New Zealand Maoris. The correct answer among the options provided is "indigenous culture".

"Indigenous culture" is a term used to describe the customs, practices, languages, values and worldviews of indigenous people.

These are groups who, according to international or national legislation, were inhabitants of a country at the time when people of different cultures or ethnic origins arrived. The new arrivals later became dominant through conquest, occupation, settlement or other means.

These indigenous groups, such as Australian Aborigines, American natives, and New Zealand Maoris, have lived in their respective regions for thousands of years. They have a deep connection with their lands and their cultures are often closely tied to their natural environments. They also often hold unique views on the relationship between humans and the natural world that can significantly differ from Western perspectives.

The term "indigenous culture" is not to be confused with "refugees", "emigration culture", or "diverse culture". Refugees are individuals who are forced to flee their home country due to conflict or persecution. Emigration culture refers to the customs and practices of people who have left their home country to live elsewhere. Diverse culture implies a mixture of different cultural or ethnic groups within a society. None of these terms accurately describe groups like Australian Aborigines, American natives, or New Zealand Maoris who have inhabited their lands for millennia.

질문 # 109

A voluntarily admitted patient can do what?

- **A. Sign out at anytime.**
- B. Get free service.
- C. Not sign out for themselves.
- D. Stay longer than the physician recommends.

정답: A

설명:

A voluntarily admitted patient is someone who has chosen to enter a healthcare facility or hospital under their own decision, typically because they recognize the need for medical or psychiatric care. Unlike patients who are admitted involuntarily, voluntarily admitted patients retain several rights, a significant one being the ability to discharge themselves from the facility at any time, as long as they are legally competent to make such decisions and do not pose an immediate threat to themselves or others.

The concept of signing out at any time is rooted in the respect for patient autonomy. This principle ensures that individuals maintain control over their own healthcare decisions. When a patient admits themselves voluntarily, they essentially agree to the recommended treatment plan but also reserve the right to disagree with ongoing hospitalization or treatment and act on their decision to leave. This differs significantly from involuntary admission, where the decision to stay or leave is often made by healthcare providers based on the patient's mental health and safety considerations.

However, the ability to sign out anytime does not imply that leaving against medical advice is without consequences. Patients who choose to discharge themselves may face risks related to incomplete treatment or lack of proper follow-up care. Healthcare providers usually inform patients of potential risks and advise them on the safest course of action. Despite these warnings, the right of a voluntarily admitted patient to leave remains intact.

Moreover, the process to sign out can involve certain formalities. For instance, the patient may be required to sign documents stating that they are leaving against medical advice (AMA) and acknowledge the potential health risks involved. This documentation process helps protect healthcare facilities from legal liabilities and ensures that patients are making informed decisions.

In summary, a voluntarily admitted patient has the right to sign out at any time, reflecting the broader healthcare principle of respecting individual autonomy and decision-making. However, patients are encouraged to consider medical advice seriously and understand the potential health implications of their decisions to leave the facility prematurely.

질문 # 110

Which of the following services will need to be covered by something other than Medicaid?

- A. **Psychiatric hospitalization**
- B. Medical hospitalization
- C. Family planning services
- D. Medical supplies for use in-home

정답: A

설명:

The services covered under Medicaid are:

- * Inpatient medical hospitalizations
- * Outpatient services
- * Family planning services
- * Home health services when there is no local home health agency
- * Home health aides
- * Skill nursing facilities services for those age 21 and older
- * Services rendered by nurse practitioners and nurse midwives
- * Medical supplies for use in-home
- * Pregnancy-related services up to 60 days postpartum

The services not covered under Medicaid are:

- * Vision care
- * Eyeglasses
- * Dental care
- * Dentures
- * Hearing exams
- * Hearing aids
- * Routine physical exams
- * Inpatient psychiatric hospitalizations

질문 # 111

You are a nurse practitioner working at an addiction clinic. Today, a 45-year-old male presents stating, "I am about to lose my family; I have to stop drinking." What is the most common tool used in screening for alcohol abuse in this patient's age group?

- A. CRAFFT
- B. CADE
- C. **CAGE**
- D. AUDIT

정답: C

설명:

CAGE stands for:

- * C - Have you ever felt the need to cut down on your drinking?
- * A - Have people annoyed you by mentioning your drinking?
- * G - Have you ever felt bad or guilty about your drinking?
- * E - Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (eye-opener)?

Other screening tools used, but not the most common or age-appropriate, include the following:

- * AUDIT - Alcohol Use Disorders Identification Test
- * S-MAST - Short Michigan Alcoholism Screening Test (or Geriatric Version)
- * CRAFFT - Children and Adolescents under 21 years of age
- * COWS - The Clinical Opiate Withdrawal Scale

The CADE is not an actual test.

질문 # 112

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