

ICF-ACC echter Test & ICF-ACC sicherlich-zu-bestehen & ICF-ACC Testguide



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Wie weit ist der Anstand zwischen Worten und Taten? Es hängt von der Person ab. Wenn man einen starken Willm haben, ist Erfolg ganz leicht zu erlangen. Wenn Sie ICF ICF-ACC Zertifizierungsprüfung wählen, sollen Sie die Prüfung bestehen. Die Prüfungsmaterialien zur ICF ICF-ACC Zertifizierungsprüfung von ZertSoft ist die optimale Wahl, Ihnen zu helfen, die Prüfung zu bestehen. Die Qualität der Prüfungsmaterialien von ZertSoft ist sehr gut. Wenn Sie die ICF ICF-ACC Zertifizierungsprüfung bestehen wollen, wählen Sie doch Lernhilfe von ZertSoft.

ICF ICF-ACC Prüfungsplan:

Thema	Einzelheiten
Thema 1	Domain: Coaching Competencies, Strategies, and Techniques: This section measures the skills of Life Coaches in applying coaching competencies, strategies, and techniques. It includes knowledge of how to contract with clients, focusing on key elements of a coaching agreement. It also covers the ICF Core Competencies, goal setting, motivation, and a variety of coaching techniques, tools, and resources. This section ensures coaches are equipped to effectively support clients in achieving their goals.
Thema 2	Domain: Definition and Boundaries of Coaching: This section evaluates the expertise of Coaching Consultants in understanding the definition of coaching and the coaching process. It includes differentiating coaching from related professions like therapy, counseling, mentoring, and consulting. Additionally, it covers knowledge of when and how to make appropriate referrals to mental health professionals and recognizing signs of mental health conditions that may hinder coaching progress. This section ensures coaches maintain clear boundaries and make informed decisions for client well-being.
Thema 3	Domain: Coaching Ethics: This section of the exam measures the skills of Professional Coaches and covers knowledge of professional ethics codes, including understanding what constitutes a conflict of interest. It also evaluates awareness of relevant laws, regulations, and organizational policies related to confidentiality, such as identifying factors that may necessitate breaking confidentiality. This section ensures that coaches adhere to ethical standards and legal requirements.

ICF ICF-ACC Dumps, ICF-ACC Fragen Antworten

Das Expertenteam von ZertSoft hat neulich das effiziente kurzfristige Schulungsprogramm zur ICF ICF-ACC Zertifizierungsprüfung entwickelt. Die Kandidaten sollen an dem 20-stündigen Kurs teilnehmen, dann können sie neue Kenntnisse beherrschen und ihre ursprüngliches Wissen konsolidieren und auch die ICF ICF-ACC Zertifizierungsprüfung leichter als diejenigen, die viel Zeit und Energie auf die Prüfung verwendet, bestehen.

ICF Associate Certified Coach ICF-ACC Prüfungsfragen mit Lösungen (Q39-Q44):

39. Frage

Nearing the end of a coaching session, the client has a very clear idea of the plan that he/she would like to implement. To help the client identify if they have all the support that they need in moving forward, the worst response is:

- A. Remind the client that two horses pull more weight than one, and they need someone to help them implement their plan.
- **B. Offer to email the client daily until they have implemented the project.**
- C. Help the client in assessing whether they have any areas that might need more support or still need to be addressed.
- D. Ask the client who will be their support.

Antwort: B

Begründung:

Option A is the worst because it assumes responsibility for the client's progress, undermining autonomy (Competency 8.3) and breaching Ethics Section 2.1 (professional boundaries). It contradicts the ICF Definition of Coaching by fostering dependency. Option B is narrow but not harmful. Option C suggests without partnering. Option D (best, see Question 19) empowers. A most severely misaligns with coaching principles.

References: ICF Core Competencies (8.3); ICF Code of Ethics (2.1); ICF Definition of Coaching.

Below are Questions 21-26 formatted as requested, with 100% verified answers based on official International Coaching Federation (ICF) documents, including the ICF Code of Ethics, Core Competencies, and definitions of coaching boundaries. Each response includes a comprehensive explanation with references.

40. Frage

Which adjectives best reflect the competency Embodies a Coaching Mindset?

- A. Careful, prepared and purposeful
- B. Focused, task-oriented and professional
- C. Decisive, agreeable and observant
- **D. Open curious. and flexible**

Antwort: D

Begründung:

ICF Competency 2 ("Embodies a Coaching Mindset") describes a coach who is "open to not knowing, curious about the client's perspective, and flexible in adapting to the client's needs." This mindset prioritizes a non-judgmental, exploratory stance over rigidity or task focus. Let's evaluate:

A . Focused, task-oriented, and professional: While professionalism matters, "task-oriented" suggests a directive approach, misaligned with the client-centered curiosity of Competency 2.

B . Decisive, agreeable, and observant: "Decisive" implies control, and "agreeable" may suggest pleasing rather than challenging, both inconsistent with the exploratory nature of a coaching mindset.

C . Careful, prepared, and purposeful: These are positive traits, but "careful" and "prepared" imply caution and structure over the openness and adaptability central to Competency 2.

D . Open, curious, and flexible: These directly reflect Competency 2's emphasis on being receptive, inquisitive, and adaptable, fostering a mindset that supports client growth (ICF Code of Ethics, Section 1).

Option D best captures "Embodies a Coaching Mindset," per ICF's competency definition.

41. Frage

Which situation presents the strongest case for referring the client to a different coach?

- A. The client changes their goals after the first few sessions
- **B. The coach and client realize they have conflicting value systems.**
- C. The client feels stuck due to past emotional issues
- D. The client struggles to understand the coaching agreement

Antwort: B

Begründung:

ICF Competency 5 ("Cultivates Trust and Safety") requires a foundation of mutual respect and trust, which can be compromised by irreconcilable value conflicts. Referral may be appropriate if the coach cannot remain objective (ICF Code of Ethics, Section 2.5).

Let's analyze:

A . The client feels stuck due to past emotional issues: This may warrant referral to therapy, not another coach, if it's outside coaching's scope (ICF Coaching Boundaries).

B . The client changes their goals after the first few sessions: This is normal and manageable within coaching (Competency 3), not requiring referral.

C . The coach and client realize they have conflicting value systems: Significant value clashes can hinder trust and impartiality (Competency 2), making referral to another coach the strongest case.

D . The client struggles to understand the coaching agreement: This can be addressed through clarification (Competency 3), not referral.

Option C presents the strongest case for referral to another coach, per ICF standards.

42. Frage

a client who recently moved to a new country told their coach they are struggling to make friends. which action by the coach would most likely evoke awareness?

- A. Acknowledge that making mends is difficult and can take time
- **B. Ask what the client believes is at the root of this struggle**
- C. Suggest concrete steps the client could take to make friends
- D. Say the challenges are likely caused by cultural difference

Antwort: B

Begründung:

ICF Competency 7 ("Evokes Awareness") involves "asking questions and providing observations that help the client gain insight and explore new perspectives." This competency prioritizes deepening the client's self- understanding over offering solutions or validation. Let's evaluate:

* A. Ask what the client believes is at the root of this struggle: This powerful question evokes awareness by prompting self-reflection and insight, directly aligning with Competency 7 and the ICF focus on client autonomy (ICF Code of Ethics, Section 1).

* B. Acknowledge that making friends is difficult and can take time: While supportive (Competency 5), this doesn't challenge or deepen awareness, limiting its impact.

* C. Suggest concrete steps the client could take to make friends: This shifts to action planning (Competency 8), not evoking awareness, and risks being directive (ICF Code of Ethics, Section 2.3).

* D. Say the challenges are likely caused by cultural difference: This imposes the coach's assumption, reducing client exploration and contradicting Competency 7's focus on client-driven insight.

Option A best evokes awareness, per ICF's competency framework.

43. Frage

Your client is a very creative person who thinks in pictures and learns visually. You, as a coach, are not naturally visual. In order to encourage and facilitate your client's learning, the worst response is:

- A. Bring a whiteboard into the coaching session where you and the client can use the space to draw pictures, connections, or add any visual aids that might encourage your client's learning.
- B. Ask the client about what they know about their preferred learning style and enquire whether using a whiteboard would be a good idea.
- C. Tell your client that you are not able to work with them, as you are not a visual and creative person, therefore not a good coaching match.

- **D. Let your client know that to solve problems it is more important to be rational and to approach the problem from a more sensible point of view.**

Antwort: D

Begründung:

Comprehensive and Detailed Explanation:

The worst response is C because it dismisses the client's unique learning style and imposes the coach's perspective, violating ICF Core Competency 7, "Evokes Awareness" (7.1), which requires leveraging the client's strengths, not redirecting them to align with the coach's preferences. It also contradicts Competency 4.1, which calls for creating a safe environment tailored to the client's needs, and the ICF Code of Ethics, Section 1, "Responsibility to Clients" (1.1 - Respecting client individuality).

Option A, while not ideal, reflects a boundary-setting choice, though it lacks adaptability. Option B shows effort to accommodate, even if presumptive. Option D is the best, as it partners with the client (Competency 2.2). By contrast, C shuts down the client's process, making it the least aligned with ICF standards.

44. Frage

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