

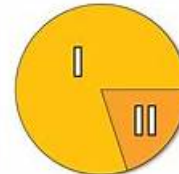
CCRN-Adult Exam Training & CCRN-Adult Valid Exam Voucher

Adult CCRN Exam Outline

Content Categories	Percentage of Exam
I. Clinical Judgment	80%
<ul style="list-style-type: none"> • Cardiovascular • Respiratory • Endocrine • Hematology • Gastrointestinal • Renal • Integumentary • Musculoskeletal • Neurological • Psychosocial • Multisystem 	
II. Professional Caring and Ethical Practice	20%
<ul style="list-style-type: none"> • Advocacy • Moral Agency • Caring Practices • Response to Diversity • Facilitation of Learning • Collaboration • Systems Thinking • Clinical Inquiry 	

Mometrix TEST PREPARATION

Time limit: 3 hours
Total questions: 150
Question format: Multiple-choice
Exam delivery: Computer-based or paper-and-pencil



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AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none"> • Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.
Topic 5	<ul style="list-style-type: none"> • PROFESSIONAL CARING & ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.
Topic 6	<ul style="list-style-type: none"> • The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.

Topic 7	<ul style="list-style-type: none"> • In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.
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>> CCRN-Adult Exam Training <<

AACN CCRN-Adult Quiz & CCRN-Adult study guide & CCRN-Adult training materials

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AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q756-Q761):

NEW QUESTION # 756

You are admitting a patient with multiple known allergies and a history of allergic reactions to medications. Which nursing action will be your HIGHEST priority?

- **A. Obtaining a past medical history that identifies and describes previous allergic reactions**
- B. Performing a comprehensive initial assessment as soon as possible
- C. Avoiding administration of all common drug allergens such as penicillin
- D. Ensuring the patient that no ordered treatments will result in an allergic reaction

Answer: A

Explanation:

The highest priority is to obtain past medical history that identifies and describes previous allergic reactions to drugs. Once complete, the nurse should perform an initial assessment as soon as possible, with the timing dictated by the degree of physiologic stability and emergent treatment needs of the patient.

Nurses cannot ensure patients that they will not have an allergic reaction from a treatment. Nurses should not avoid drugs like penicillin unless the patient states they are actually allergic and has had a previous reaction to the drug.

NEW QUESTION # 757

The nurse is caring for a patient who requires oral placement of an endotracheal (ET) tube. Which nursing action is a priority when preliminarily confirming proper ET tube placement?

- A. Obtain a chest x-ray
- **B. Auscultate for breath sounds over the stomach**
- C. Provide frequent oral hygiene
- D. Anchor the tubing with tape or a special ET fixation device

Answer: B

Explanation:

Though all the answer choices are important nursing interventions to ensure adequate oxygenation to the patient with an ET tube, the nurse's priority when confirming proper ET tube placement is to auscultate for the presence of bilateral breath sounds, along with equal chest excursion during inspiration and the absence of breath sounds over the stomach, to preliminarily confirm proper tube placement. If breath sounds are heard over the stomach, the tube should be pulled out until the nurse can no longer hear breath sounds over the stomach, and can hear them bilaterally in the lung fields.

An end-tidal CO₂ with waveform verification monitor is used as an immediate assessment for determining tracheal placement. A portable bedside chest x-ray verifies proper tube placement.

Once proper placement is confirmed, the tube is anchored with either tape or a special ET fixation device to prevent movement. The

centimeter marking of the ET tube at the lip is documented and checked during each shift to monitor proper tube placement.

NEW QUESTION # 758

A critically ill patient is suffering from acute pain. The nurse administers a commonly used narcotic analgesic that is 100 times more potent than morphine. What medication was given?

- A. Hydromorphone
- **B. Fentanyl**
- C. Midazolam
- D. Meperidine

Answer: B

Explanation:

Analgesics are given to critically ill patients suffering from acute pain. IV opioids are narcotic analgesics, and should be considered as first-line treatment for non-neuropathic pain in the critically ill patient.

Fentanyl is an analog of meperidine that is 100 times more potent than morphine. After single doses, its duration of action is limited by a rapid distribution into fat tissues. However, after repeated dosing or continuous infusion administration, fat stores become saturated, thereby prolonging its terminal elimination half-life to more than 24 hours. Fentanyl can be given via IV bolus q1-2h, via continuous infusion, or via a transdermal patch.

Meperidine is a short-acting opioid that has one-seventh the potency of morphine.

Hydromorphone is a morphine derivative that is 5 to 7.5 times more potent than morphine.

Midazolam is a short-acting benzodiazepine; benzodiazepines are frequently used for sedation in critically ill patients.

NEW QUESTION # 759

The type of white blood cell that provides humoral immunity by creating antibodies specific to an antigen to aid in the destruction of that antigen is:

- A. neutrophils
- B. T lymphocytes
- **C. B lymphocytes**
- D. monocytes

Answer: C

Explanation:

Lymphocytes (B cells and T cells) are responsible for the orchestration of an immune response specific to each foreign protein or antigen.

* B lymphocytes create antigen-specific antibodies or immunoglobulins to aid in the destruction of the antigen and to protect the body from future encounters with the antigen. This is called humoral immunity.

* T lymphocytes have different subsets of cells created to modulate the immune system response (including CD4 helper T cells) and cells that have cytotoxic properties, the CD8 cytotoxic T cells. This immune response is called cell-mediated immunity.

The activity of neutrophils is non-specific, occurring through the localization and destruction of antigens or with specific immunologic mechanisms.

Monocytes migrate to tissues (such as spleen, liver, lungs, and bone marrow tissue), where they mature into macrophages.

Macrophages are the primary scavenger cells of the immune system.

NEW QUESTION # 760

The nurse is caring for a patient and auscultates a diastolic heart murmur. In which of the following valvular disorders would the nurse anticipate with this finding?

- A. Mitral insufficiency
- B. Tricuspid insufficiency
- C. Aortic stenosis
- **D. Mitral stenosis**

Answer: D

Heart murmurs are the result of abnormal blood flow and are produced by two murmurs; mitral stenosis and mitral insufficiency. Mitral stenosis is a narrowing of the mitral valve opening that blocks (obstructs) blood flow from the left atrium to the left ventricle. Mitral insufficiency is a backflow of blood caused by the failure of the heart's mitral valve to close tightly. Both of these can cause heart murmurs.

* Diastolic murmurs: Produced by mitral and tricuspid stenosis; pulmonic and aortic insufficiency

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