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## CCE Global CPCE Latest Exam Forum - CPCE Testking

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## CCE Global Counselor Preparation Comprehensive Examination (CPCE) Sample Questions (Q151-Q156):

### NEW QUESTION # 151

Appropriate questioning on the part of a group leader might include asking questions

- A. that focus on details of discussion.
- B. using the words **what and how**.
- C. that focus on content rather than feelings.

**Answer: B**

Explanation:

Effective group leaders use "what" and "how" questions to promote deeper exploration and encourage members to focus on experiences, actions, and feelings, rather than yes/no or content-based responses. This technique facilitates openness and insight within the group.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Corey, G. (2016). Theory and Practice of Group Counseling (9th Edition).

### NEW QUESTION # 152

According to the counseling model developed by Perls, unexpressed feelings of rage and hatred are examples of

- A. holistic dysfunction.
- B. an impasse.
- C. **unfinished business**.

**Answer: C**

Explanation:

In Gestalt therapy, developed by Fritz Perls, unexpressed emotions such as rage, hatred, or grief are referred to as unfinished business. These unresolved feelings persist and interfere with present functioning until they are acknowledged and worked through.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Corey, G. (2017). Theory and Practice of Counseling and Psychotherapy (10th Edition).

### NEW QUESTION # 153

What should a counselor apply when using a culturally alert counseling approach?

- A. structured methods to promote racial identity development
- B. psychoeducation of social advocacy
- C. **diverse perspectives and contextual dimensions**

**Answer: C**

Explanation:

A culturally alert counseling approach requires counselors to be aware of and incorporate diverse cultural perspectives and contextual factors into their practice. This ensures that counseling is relevant and respectful to clients' unique cultural backgrounds. "Culturally alert counseling involves understanding and integrating the diverse cultural perspectives and contextual factors that influence each client's experience." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Gladding, S. T. (2018). Counseling.

#### NEW QUESTION # 154

In using the problem-management approach to helping, the counselor should help the client to

- A. go beyond faulty interpretations.
- B. identify unsolvable problems.
- C. accept personal perceptions of reality.

**Answer: A**

Explanation:

In the problem-management approach (as described by Gerard Egan), counselors guide clients to move beyond their initial, often faulty, interpretations of their issues. This involves challenging and reframing unhelpful thoughts, broadening perspectives, and facilitating constructive action. "The counselor's role in problem-management is to help the client move beyond faulty interpretations and inaccurate perceptions, enabling them to discover more useful ways of understanding and resolving problems." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Egan, G. (2014). The Skilled Helper (10th Edition).

#### NEW QUESTION # 155

Cultural encapsulation refers to:

- A. Acceptance of cultural differences
- B. Culturally sensitive counseling
- C. Ignoring cultural differences and imposing one's own values

**Answer: C**

Explanation:

Cultural encapsulation describes a counselor's failure to consider cultural factors, leading to imposing their own cultural values and biases on clients. It impedes effective multicultural counseling.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Sue, D. W., & Sue, D. (2016). Counseling the Culturally Diverse.

#### NEW QUESTION # 156

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