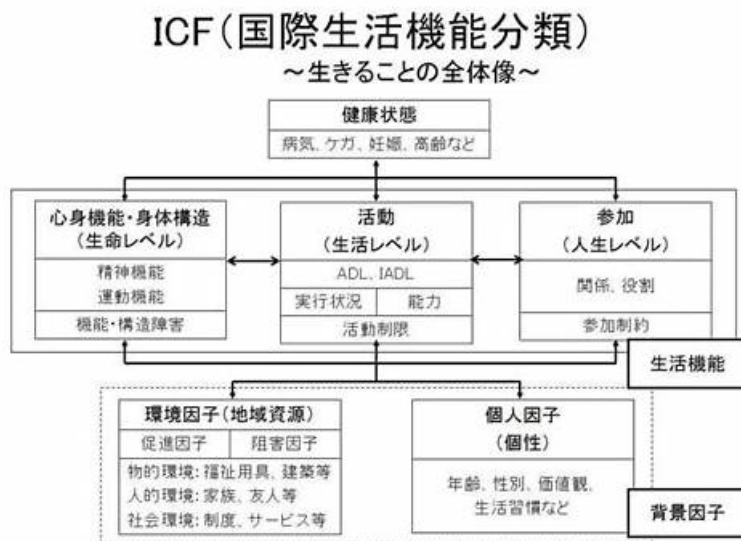


ICF-ACCオンライン試験 & ICF-ACC基礎訓練



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ICF ICF-ACC 認定試験の出題範囲：

トピック	出題範囲
トピック 1	<ul style="list-style-type: none"> Domain: Definition and Boundaries of Coaching: This section evaluates the expertise of Coaching Consultants in understanding the definition of coaching and the coaching process. It includes differentiating coaching from related professions like therapy, counseling, mentoring, and consulting. Additionally, it covers knowledge of when and how to make appropriate referrals to mental health professionals and recognizing signs of mental health conditions that may hinder coaching progress. This section ensures coaches maintain clear boundaries and make informed decisions for client well-being.
トピック 2	<ul style="list-style-type: none"> Domain: Coaching Ethics: This section of the exam measures the skills of Professional Coaches and covers knowledge of professional ethics codes, including understanding what constitutes a conflict of interest. It also evaluates awareness of relevant laws, regulations, and organizational policies related to confidentiality, such as identifying factors that may necessitate breaking confidentiality. This section ensures that coaches adhere to ethical standards and legal requirements.
トピック 3	<ul style="list-style-type: none"> Domain: Coaching Competencies, Strategies, and Techniques: This section measures the skills of Life Coaches in applying coaching competencies, strategies, and techniques. It includes knowledge of how to contract with clients, focusing on key elements of a coaching agreement. It also covers the ICF Core Competencies, goal setting, motivation, and a variety of coaching techniques, tools, and resources. This section ensures coaches are equipped to effectively support clients in achieving their goals.

>> ICF-ACCオンライン試験 <<

ICF-ACC基礎訓練、ICF-ACCシュミレーション問題集

労働市場での激しい競争により、多くの学生、労働者などを含む多くの人々が、短時間でICF-ACC認定を取得するために最善を尽くす傾向にあります。彼らは皆、現在の状態を変更できる機会があるという有用な認証を所有することを望んでいますが、ICF-ACC認定を短時間で取得することは容易ではないことも理解しています。あなたがICF-ACC試験に合格して証明書を取得したい人の場合は、素晴らしいICF-ACC学習ガイドで問題の解決をお手伝いします。

ICF Associate Certified Coach 認定 ICF-ACC 試験問題 (Q27-Q32):

質問 # 27

Which best reflects the meaning of the term "conflict of interest" as it relates to the ICF Code of Ethics?

- A. The coach serves one of their own interests that works against one of the client's interests
- B. The interests expressed by the client have the potential to work against the coach's plan for the session
- C. The coach and the client cannot agree on what will serve as the client's best interest during the session
- D. The client has so many interests that it becomes a challenge to identify clear coaching goals

正解: A

解説:

The ICF Code of Ethics (Section 3.1) defines a conflict of interest as "a situation in which a coach has a private or personal interest sufficient to appear to influence the objective exercise of their professional duties." It's about the coach's competing interests, not the client's. Let's analyze:

* A. The client has so many interests that it becomes a challenge to identify clear coaching goals:

This is a coaching challenge, not a conflict of interest per ICF's definition.

* B. The coach and the client cannot agree on what will serve as the client's best interest during the session: (Assuming "coi" is "coaching") This is a disagreement, not a conflict of interest involving the coach's personal gain.

* C. The coach serves one of their own interests that works against one of the client's interests: This matches Section 3.1, where a coach's personal agenda (e.g., financial gain) undermines client needs, requiring disclosure (Section 3.2).

* D. The interests expressed by the client have the potential to work against the coach's plan for the session: This is a misalignment of goals, not a conflict of interest tied to the coach's personal benefit.

Option C best reflects ICF's definition of a conflict of interest.

質問 # 28

Which reflects a challenge best addressed through coaching rather than psychotherapy?

- A. Reducing feelings of sadness
- B. Managing an intense fear of flying
- C. Committing to eating healthier foods
- D. Eliminating obsessive thoughts

正解: C

解説:

ICF coaching focuses on goal-setting and personal growth (ICF Definition of Coaching), not treating mental health conditions (ICF Coaching Boundaries). Let's assess:

A. Eliminating obsessive thoughts: This suggests a clinical issue (e.g., OCD), requiring psychotherapy, not coaching (Section 2.5).

B. Committing to eating healthier foods: This is a behavioral goal within coaching's scope, supporting lifestyle changes (Competency 8).

C. Reducing feelings of sadness: Persistent sadness may indicate depression, a therapeutic need beyond coaching (ICF Coaching Boundaries).

D. Managing an intense fear of flying: This phobia typically requires therapy, not coaching, due to its psychological depth (Section 2.5).

Option B is best addressed through coaching, per ICF's focus and boundaries.

質問 # 29

Which is typically specified as a responsibility of the coach in a coaching agreement?

- A. Describing the services the coach will provide to the client
- B. Clarifying the conditions under which the coaching goals should change

- C. Specifying how long the coaching relationship will last
- D. Determining what information is considered confidential

正解: A

解説:

The ICF Code of Ethics (Section 1.1) mandates that coaches "create an agreement/contract regarding the roles, responsibilities, and rights of all parties involved" before beginning a coaching relationship. A key responsibility of the coach in this agreement is to clearly outline the nature and scope of services provided, ensuring transparency and alignment with the client's expectations (ICF Competency 3: "Establishes and Maintains Agreements"). Let's evaluate the options:

A. Describing the services the coach will provide to the client: This is explicitly required by ICF standards. The coaching agreement must detail what coaching entails (e.g., frequency, format, process), distinguishing it from other services like consulting or therapy (ICF Code of Ethics, Section 1.2). This fosters trust and clarity, per Competency 5 ("Cultivates Trust and Safety").

B. Determining what information is considered confidential: While confidentiality is critical (ICF Code of Ethics, Section 4), it is a mutual understanding shaped by legal and ethical standards, not solely the coach's responsibility to "determine." It's typically addressed jointly in the agreement.

C. Clarifying the conditions under which the coaching goals should change: Goal-setting is a collaborative process (ICF Competency 3), and while conditions for change may be discussed, this is not typically specified as the coach's unilateral responsibility in the agreement.

D. Specifying how long the coaching relationship will last: Duration may be included in the agreement, but it's not universally required and often depends on client needs or mutual agreement, making it less fundamental than describing services.

Option A is the most accurate, as it reflects the coach's core responsibility under ICF guidelines to define the coaching services explicitly in the agreement.

質問 # 30

Which sentence best describes the coaching process?

- A. Supporting change through collaboration and facilitation
- B. Creating customized solutions that meet clients' needs
- C. Improving well-being by working with the client on their issues
- D. Providing wisdom to individuals teams and organizations

正解: A

解説:

The ICF defines coaching as a collaborative partnership where the coach facilitates a process to help clients achieve their goals (ICF Definition of Coaching). The sentence "Supporting change through collaboration and facilitation" best captures this essence, aligning with the ICF Core Competencies and ethical guidelines.

Specifically:

* Collaboration: ICF Competency 2 ("Embodies a Coaching Mindset") and Competency 5 ("Cultivates Trust and Safety") emphasize a partnership where the coach and client co-create the process. The ICF Code of Ethics (Section 1.3) reinforces this by requiring coaches to "honor the client's autonomy," highlighting the collaborative nature of coaching.

* Facilitation: Competency 7 ("Evokes Awareness") and Competency 8 ("Facilitates Client Growth") describe the coach's role in guiding clients to insights and actions through questioning and exploration, rather than directing or solving problems for them. This aligns with the ICF's boundary that coaching is not about providing answers but facilitating client-driven change (ICF Coaching Boundaries).

* Supporting change: The ultimate aim of coaching, as per ICF, is to inspire and support clients in maximizing their potential, often through transformative shifts in perspective or behavior (ICF Definition of Coaching).

Analysis of other options:

* A. Providing wisdom to individuals, teams, and organizations: This suggests a directive approach, which contradicts ICF's non-advisory stance (ICF Code of Ethics, Section 2.3: "I will not give my clients advice unless specifically agreed upon"). Coaching is not about imparting wisdom but enabling clients to find their own solutions.

* C. Improving well-being by working with the client on their issues: While well-being may improve, this phrasing implies a therapeutic focus on "issues," which crosses into counseling and exceeds coaching's scope (ICF Coaching Boundaries).

* D. Creating customized solutions that meet clients' needs: Coaches do not "create solutions" for clients; they facilitate clients in discovering their own solutions, per Competency 8 and the ICF ethical principle of client autonomy (ICF Code of Ethics, Section 1). Thus, "Supporting change through collaboration and facilitation" is the most accurate description of the coaching process, as verified by ICF standards.

質問 # 31

Which action, if taken by a coach at the end of a session, would most likely help a client continue to make progress?

- A. Sharing literature relevant to the client's goals for them to review before the next coaching session.
- B. Emphasizing some negative outcomes that could occur if the client does not reach their goals
- **C. Working with the client to develop an action plan that acknowledges support and resource barriers**
- D. Distributing a survey to assess the client's level of satisfaction with the coaching progress

正解: C

解説:

ICF Competency 8 ("Facilitates Client Growth") focuses on "transforming learning into action" through specific, realistic plans that support ongoing progress. Addressing barriers ensures sustainability (ICF Definition of Coaching). Let's evaluate:

* A. Distributing a survey to assess the client's level of satisfaction with the coaching progress: This evaluates the process but doesn't directly drive progress (Competency 8).

* B. Working with the client to develop an action plan that acknowledges support and resource barriers: This aligns with Competency 8, empowering the client with a tailored, actionable strategy for continued growth.

* C. Emphasizing some negative outcomes that could occur if the client does not reach their goals:

Fear-based motivation contradicts ICF's positive, client-led approach (Competency 5).

* D. Sharing literature relevant to the client's goals for them to review before the next coaching session: This supports learning but lacks the actionable focus of a plan (Competency 8).

Option B most likely helps the client progress, per ICF's growth-focused framework.

質問 # 32

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ICF-ACC認定試験についてのことですが、Xhs1991は素晴らしい資質を持っていて、最も信頼できるソースになることができます。何千何万の登録された部門のフィードバックによって、それに大量な突っ込んだ分析を通じて、我々はどのサプライヤーがお客様にもっと新しいかつ高品質のICF-ACC資料を提供できるかを確かめる存在です。Xhs1991のICFのICF-ACCトレーニング資料は絶え間なくアップデートされ、修正されていますから、ICFのICF-ACC試験のトレーニング経験を持っています。現在、認証試験に合格したいのならXhs1991のICFのICF-ACCトレーニング資料を利用してください。さあ、最新のXhs1991のICFのICF-ACC問題集にショッピングカートに入れましょう。あなたに予想外の良い効果を見せられますから。

ICF-ACC基礎訓練: <https://www.xhs1991.com/ICF-ACC.html>

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