

# 100% Pass 2026 Psychiatric Rehabilitation Association CPRP: Marvelous Dump Certified Psychiatric Rehabilitation Practitioner Check

## CERTIFIED PSYCHIATRIC REHABILITATION PRACTITIONER (CPRP) EXAM PREP 2023 VERIFIED QUESTIONS AND ANSWERS ALREADY PASSED

Mental health affects about 20% of the population. - CORRECT ANS True  
Psychiatric rehabilitation emerged out of the deinstitutionalization movement of the 1930's. - CORRECT ANS False  
\_\_\_\_\_ is/are example(s) of evidence-based practices. - CORRECT ANS All of the above  
Delusions are bizarre beliefs or ideas that a person cannot be talked out of while hallucinations are incorrect sensory information that the individual experiences as real. - CORRECT ANS True  
Mood disorders affect between - CORRECT ANS about 5-20% of the population.  
The "Vermont study" by Dr. Harding was one of the first longitudinal studies to demonstrate that persons with schizophrenia could have positive long-term outcomes. - CORRECT ANS True  
Illness Management and Recovery is an evidence based practice consisting of - CORRECT ANS psychoeducation and self-management strategies.  
Recovery is a operationalized construct that can only be measured by medical doctors. - CORRECT ANS False  
The main goal of Psychiatric Rehabilitation is: - CORRECT ANS to promote recovery.  
Shared decision making involves consumers deferring to the needs of the treatment team they are working with. - CORRECT ANS False  
The PsyR process has three stages: the diagnostic stage, the planning stage and the \_\_\_\_\_ stage. - CORRECT ANS Intervention stage.  
Since deinstitutionalization PsyR has had a focus on the concept of interdependence. - CORRECT ANS True

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## Psychiatric Rehabilitation Association CPRP Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none"><li>Supporting Health and Wellness: This final domain of the exam measures the skills of Psychiatric Rehabilitation Specialists and focuses on promoting overall well-being alongside recovery. It includes supporting physical health, stress management, lifestyle improvement, and access to wellness resources to enhance long-term recovery outcomes.</li></ul>

Topic 2	<ul style="list-style-type: none"> <li>• <b>Interpersonal Competencies:</b> This section of the CPRP exam measures the skills of Psychiatric Rehabilitation Specialists and focuses on establishing effective, respectful, and empathetic communication with clients. It covers active listening, trust-building, conflict resolution, and maintaining professional boundaries to support individuals in their recovery journey.</li> </ul>
Topic 3	<ul style="list-style-type: none"> <li>• <b>Assessment, Planning, and Outcomes:</b> This section assesses the abilities of Rehabilitation Counselors and focuses on evaluating individual strengths, needs, and preferences. It includes setting recovery-oriented goals, developing personalized plans, tracking progress, and using outcome measures to guide and adjust interventions effectively.</li> </ul>
Topic 4	<ul style="list-style-type: none"> <li>• <b>Professional Role Competencies:</b> This section evaluates the abilities of Rehabilitation Counselors and emphasizes professionalism, ethics, and accountability in practice. It addresses maintaining confidentiality, applying rehabilitation principles, collaborating with multidisciplinary teams, and demonstrating cultural competence and self-awareness.</li> </ul>

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## Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q14-Q19):

### NEW QUESTION # 14

The detail below is presented by the client.

What strategy is good for embodied energy saving?

- A. Waterproofing with SRI of 84%
- B. Aluminum sliding window
- C. External shading
- D. **Fly ash concrete**

**Answer: D**

**Explanation:**

Embodied energy refers to the total energy consumed in the production, transportation, and installation of building materials, a key consideration for sustainable design that supports health and wellness through environmentally responsible practices. The CPRP Exam Blueprint (Domain VII: Supporting Health & Wellness) indirectly relates to this through promoting wellness via sustainable, health-focused environments (Task VII.A.1: "Promote holistic wellness, including purpose and meaning in life"). Option B (fly ash concrete) is the best strategy for embodied energy saving, as fly ash-a byproduct of coal combustion- replaces a portion of Portland cement in concrete, which has high embodied energy due to its energy-intensive production (e.g., 4,000-5,000 MJ/ton for cement vs. 800-1,000 MJ/ton for fly ash concrete). Using fly ash reduces energy consumption, lowers greenhouse gas emissions, and enhances concrete durability, aligning with sustainable practices that support wellness by reducing environmental impact.

Option A (external shading) reduces operational energy (e.g., cooling) but has minimal impact on embodied energy, as shading materials (e.g., louvers) still require production energy. Option C (aluminum sliding window) has high embodied energy, as aluminum production is energy-intensive (around 200 MJ/kg). Option D (waterproofing with SRI of 84%) focuses on solar reflectance to reduce heat gain, affecting operational energy, not embodied energy, and waterproofing materials (e.g., coatings) have moderate production energy.

Literature on sustainable construction, such as guidelines from the U.S. Green Building Council, emphasizes fly ash concrete for embodied energy savings, supporting Option B.

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CPRP Exam Blueprint (2014), Domain VII: Supporting Health & Wellness, Task VII.A.1.

PRA Study Guide (2024), Section on Environmental Wellness (contextual application).

U.S. Green Building Council, LEED Guidelines on Embodied Energy (general knowledge).

### NEW QUESTION # 15

After determining that the individual is ready for rehabilitation, which of the following is the next best step?

- A. Identifying the individual's expressed goals
- B. Review of the behavioral skills needed
- C. Assessment of the routines required for change
- D. Determining the domains the individual needs to change

#### Answer: A

Explanation:

Once rehabilitation readiness is confirmed, the next step is to establish a person-centered foundation for planning. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) specifies that identifying the individual's expressed goals follows readiness assessment to ensure plans reflect their aspirations (Task IV.A.1: "Conduct functional assessments to identify individual goals and strengths"). Option C (identifying the individual's expressed goals) aligns with this, as it involves eliciting the individual's priorities (e.g., employment, housing) to guide subsequent assessments and interventions.

Option A (determining domains) and Option B (routines for change) are part of functional assessment, which follows goal identification. Option D (review behavioral skills) is premature without knowing the goals. The PRA Study Guide highlights goal identification as the next step post-readiness, supporting Option C.

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CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.1.

PRA Study Guide (2024), Section on Goal-Setting Post-Readiness.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

### NEW QUESTION # 16

A consumer-provider meets with a new referral and finds she knows the person from church. If she decides to provide services to this referral, this would be an example of a:

- A. Transference issue.
- B. Dual relationship.
- C. Boundary issue.
- D. Conflict of interest.

#### Answer: B

Explanation:

This question pertains to Domain II: Professional Role Competencies, which focuses on maintaining professional ethics and boundaries, particularly in managing dual relationships. The CPRP Exam Blueprint and PRA Code of Ethics define a dual relationship as "a situation where a practitioner has a pre-existing personal or professional relationship with a client outside the therapeutic context, such as knowing them from a community setting like church." The scenario involves a consumer-provider (a peer provider) knowing a referral from church, creating a dual relationship if services are provided.

\* Option D: Providing services to someone known from church constitutes a dual relationship, as the consumer-provider has both a professional (service provider) and personal (church acquaintance) relationship with the individual. This situation requires careful ethical management to avoid boundary violations, per PRA guidelines.

\* Option A: Transference involves unconscious feelings projected onto the provider, not a pre-existing relationship, making it irrelevant here.

\* Option B: A conflict of interest involves competing interests (e.g., financial gain), not a personal acquaintance from a community setting.

\* Option C: A boundary issue may arise from a dual relationship but is a consequence, not the definition of the situation itself. Extract from CPRP Exam Blueprint (Domain II: Professional Role Competencies):

"Tasks include: 1. Identifying and managing dual relationships to maintain professional boundaries and ethical practice."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 3 - Professional Role Competencies.

PRA Code of Ethics (2019). Defines dual relationships and ethical management.

### NEW QUESTION # 17

An individual who has been using illegal substances for many years is referred to a supportive housing program. The program manager's FIRST step should be to

- A. refer to inpatient substance abuse treatment program
- B. request compliance with outpatient counseling
- C. admit the individual while providing harm reduction.
- D. request a clean drug screen prior to admittance.

#### Answer: C

Explanation:

Supportive housing programs aim to provide stable housing for individuals with complex needs, including substance use, while promoting community integration. The CPRP Exam Blueprint (Domain III: Community Integration) emphasizes harm reduction and person-centered approaches to support housing access for individuals with co-occurring disorders (Task III.A.1: "Support individuals in accessing and maintaining stable housing"). Option D (admit the individual while providing harm reduction) aligns with this, as it prioritizes housing stability-a critical recovery foundation-while addressing substance use through harm reduction strategies (e.g., education, safer use practices) rather than exclusionary conditions.

Option A (refer to inpatient treatment) delays housing access, which is a priority for stability. Option B (request a clean drug screen) is exclusionary and contradicts recovery-oriented, harm reduction principles.

Option C (request outpatient counseling compliance) imposes conditions that may deter engagement and are not the first step. The PRA Study Guide and SAMHSA guidelines on housing for co-occurring disorders emphasize harm reduction to ensure access, supporting Option D.

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CPRP Exam Blueprint (2014), Domain III: Community Integration, Task III.A.1.

PRA Study Guide (2024), Section on Harm Reduction and Supportive Housing.

CPRP Exam Preparation & Primer Online 2024, Module on Community Integration.

### NEW QUESTION # 18

An individual is apprehensive about enrolling in a psychiatric rehabilitation program. What should the practitioner focus on during the first meeting?

- A. Motivational interviewing
- B. Engagement
- C. Rehabilitation planning
- D. Diagnosis

#### Answer: B

Explanation:

When an individual is apprehensive about enrolling in a rehabilitation program, the practitioner's priority is to build a connection that alleviates fears and encourages participation. The CPRP Exam Blueprint (Domain I: Interpersonal Competencies) emphasizes engagement as the primary focus of initial interactions to establish trust and rapport (Task I.B.3: "Adapt communication strategies to build trust and engagement"). Option A (engagement) aligns with this, as focusing on active listening, empathy, and addressing the individual's concerns fosters a safe space, increasing the likelihood of enrollment and future collaboration.

Option B (diagnosis) is irrelevant, as rehabilitation focuses on functional goals, not clinical diagnosis. Option C (motivational interviewing) is a specific technique that may be used within engagement but is too narrow for the overall focus. Option D (rehabilitation planning) is premature, as apprehension must be addressed before planning can begin. The PRA Study Guide underscores engagement as critical for hesitant individuals, supporting Option A.

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CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.B.3.

PRA Study Guide (2024), Section on Engagement Strategies.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

### NEW QUESTION # 19

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