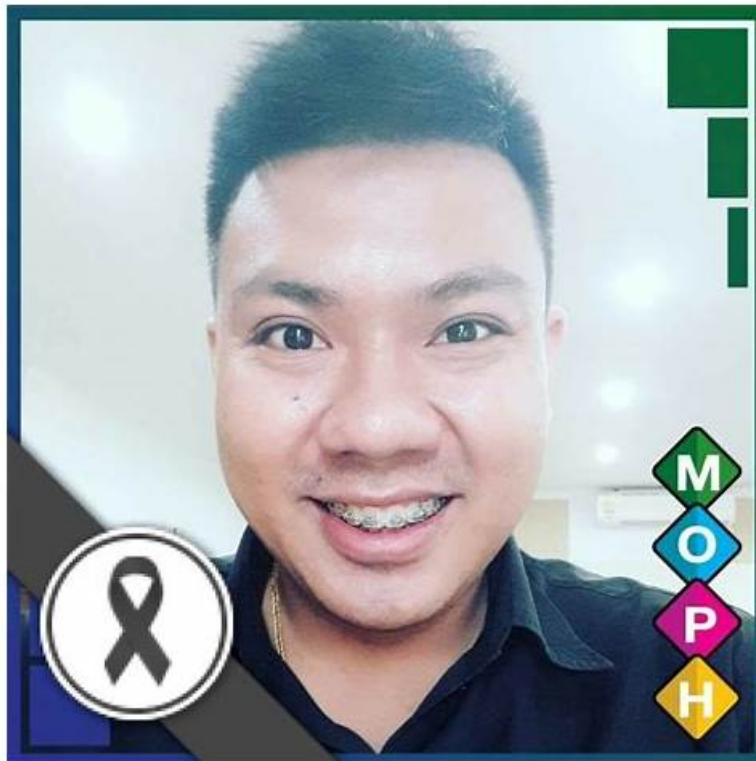


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Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q953-Q958):

NEW QUESTION # 953

A PMHNP is prescribing a monoamine oxidase inhibitor (MAOI) for a patient with depression. What important information should the PMHNP communicate to the patient about this medication?

- A. The patient should avoid consuming high-protein foods while taking the medication
- B. The patient should avoid drinking alcohol while taking the medication
- C. The patient should avoid all forms of tyramine-containing foods while taking the medication
- D. The patient should avoid all forms of caffeine while taking the medication

Answer: C

Explanation:

MAOIs are a class of antidepressant medications that work by inhibiting the activity of monoamine oxidase, an enzyme responsible for breaking down certain neurotransmitters in the brain. One of the important considerations with MAOIs is the potential for dangerous drug interactions with foods and drinks that contain tyramine. Tyramine is an amino acid found in certain fermented or aged foods (e.g., cheese, wine, and cured meats) and can interact with MAOIs to cause a dangerous increase in blood pressure known as a "tyramine crisis." The PMHNP should advise patients to avoid tyramine-containing foods and drinks while taking the medication and monitor for any adverse reactions.

NEW QUESTION # 954

Risk factors for bipolar disorder include all but which of the following?

- A. Genetic loading
- B. A first-order relative with major depressive or bipolar disorder
- C. A relative with bipolar type I disorder
- D. Childhood malnutrition

Answer: D

Explanation:

Risk factors for bipolar disorder include the following:

- * genetic loading
- * family history of a first-order relative having major depressive or bipolar disorder
- * a relative with bipolar type I disorder (24% increase in risk)

Although childhood malnutrition is never optimal, there are no science-backed studies that currently show childhood malnutrition is linked to bipolar disorder.

NEW QUESTION # 955

What is the basic cellular unit of the nervous system?

- A. White matter
- B. Dendrite
- C. Neuron
- D. Axon

Answer: C

Explanation:

The neuron is the basic cellular unit of the nervous system. It has been called the "microprocessor" of the brain and is responsible for conducting impulses from one part of the body to another.

Dendrites collect incoming signals from other neurons and send the signals toward the neuron's cell body. The axon transmits signals away from the neuron's cell body to connect with other cells. White matter is a type of brain tissue that contains myelinated axons.

NEW QUESTION # 956

A PMHNP is assessing a patient who has difficulty comprehending language. Which of the following types of aphasia is the patient most likely experiencing?

- **A. Wernicke's aphasia**
- B. Global aphasia
- C. Broca's aphasia
- D. Anomic aphasia

Answer: A

Explanation:

Wernicke's aphasia, also known as receptive aphasia, is a type of language disorder in which an individual has difficulty comprehending meaningful language. Individuals with Wernicke's aphasia may produce fluent speech devoid of content and may also have difficulty understanding spoken or written language.

Broca's aphasia is a type of language disorder in which an individual has difficulty producing language, but their comprehension is largely intact. Global aphasia is a type of language disorder in which an individual has severe difficulty producing and understanding language. Anomic aphasia is a type of language disorder in which an individual has difficulty finding words and may have difficulty with word retrieval, but their comprehension is largely intact.

NEW QUESTION # 957

Which statement most accurately describes oppositional defiant disorder?

- A. A condition characterized by hyperactivity, impulsivity, and inattentiveness
- B. A condition occurring when the normal fluency of speech is frequently interrupted
- C. A condition characterized by two or more motor tics and at least one vocal tic that occur frequently throughout the day
- **D. A condition characterized by multiple examples of negativistic behavior persistent for at least six months, usually beginning when a child is three or four years old**

Answer: D

Explanation:

Oppositional defiant disorder is characterized by multiple examples of negativistic behavior persistent for at least six months, usually beginning when a child is three or four years old.

Tourette's disorder is characterized by two or more motor tics and at least one vocal tic that occur frequently throughout the day. Attention-deficit/hyperactivity disorder is characterized by hyperactivity, impulsivity, and inattentiveness. Stuttering, also called childhood-onset fluency disorder, occurs when the normal fluency of speech is frequently interrupted.

NEW QUESTION # 958

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