

Test CPRP Questions Vce Exam Latest Release | Updated Psychiatric Rehabilitation Association CPRP Test Preparation

2024 NEW CERTIFIED PSYCHIATRIC REHABILITATION PRACTITIONER (CPRP) EXAM PREP ACTUAL QUESTIONS WITH ANSWERS 100% RATED BY EXPERTS

Mental health affects about 20% of the population. - CORRECT ANSWER>>>>True

Psychiatric rehabilitation emerged out of the deinstitutionalization movement of the 1930's. - CORRECT ANSWER>>>>False

_____ is/are example(s) of evidence-based practices. - CORRECT ANSWER>>>>All of the above

Delusion are bizarre beliefs or ideas that a person cannot be talked out of while hallucinations are incorrect sensory information that the individual experiences as real. - CORRECT ANSWER>>>>True

Mood disorders effect between - CORRECT ANSWER>>>>about 5-20% of the population.

The "Vermont study" by Dr. Harding was one of the first longitudinal studies to demonstrate that persons with schizophrenia could have positive long-term outcomes. - CORRECT ANSWER>>>>True

Illness Management and Recovery is an evidence based practice consisting of - CORRECT ANSWER>>>>psychoeducation and self-management strategies.

Recovery is a operationalized construct that can only be measured by medical doctors. - CORRECT ANSWER>>>>False

The main goal of Psychiatric Rehabilitation is: - CORRECT ANSWER>>>>to promote recovery.

Shared decision making involves consumers deferring to the needs of the treatment team they are working with. - CORRECT ANSWER>>>>False

The PsyR process has three stages: the diagnostic stage, the planning stage and the _____ stage. - CORRECT ANSWER>>>>intervention stage.

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Psychiatric Rehabilitation Association CPRP Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none"> Interpersonal Competencies: This section of the CPRP exam measures the skills of Psychiatric Rehabilitation Specialists and focuses on establishing effective, respectful, and empathetic communication with clients. It covers active listening, trust-building, conflict resolution, and maintaining professional boundaries to support individuals in their recovery journey.

Topic 2	<ul style="list-style-type: none"> Strategies for Supporting Recovery: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on implementing practical and evidence-based methods to promote recovery. It includes empowering clients, fostering motivation, teaching coping skills, and providing support that aligns with person-centered recovery principles.
Topic 3	<ul style="list-style-type: none"> Systems Competencies: This section evaluates the competencies of Rehabilitation Counselors and focuses on understanding how service systems operate within the broader mental health and social service environments. It covers collaboration with agencies, policy awareness, advocacy, and navigating service delivery systems to ensure coordinated care.

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Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q30-Q35):

NEW QUESTION # 30

Exploring needs, clarifying values, and discussing family expectations are interventions completed during

- A. resource assessment.
- B. writing rehabilitation goals.
- C. readiness assessment.
- D. determining environments of choice.

Answer: C

Explanation:

Exploring needs, clarifying values, and discussing family expectations are critical steps in assessing an individual's preparedness to engage in rehabilitation. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) specifies that readiness assessment involves understanding an individual's motivations, values, and contextual factors, such as family dynamics, to determine their commitment to change and goal-setting (Task IV.A.2: "Assess individual's stage of change and readiness for goal-setting").

Option A (readiness assessment) aligns with this, as these interventions help evaluate the individual's desires, priorities, and support systems, which inform their readiness to pursue recovery-oriented goals.

Option B (determining environments of choice) is a later step related to community integration (Domain III), not readiness. Option C (writing rehabilitation goals) follows readiness assessment, building on its findings.

Option D (resource assessment) focuses on external supports, not internal values or family expectations. The PRA Study Guide emphasizes readiness assessment as the process for exploring needs and values, supporting Option A.

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CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.2.

PRA Study Guide (2024), Section on Rehabilitation Readiness Assessment.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

NEW QUESTION # 31

The starting point of a functional assessment is identifying an individual's

- A. cognitive ability.
- B. employment history.

- C. past successes.
- **D. recovery goals.**

Answer: D

Explanation:

A functional assessment in psychiatric rehabilitation focuses on identifying strengths, needs, and aspirations to inform person-centered planning. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) specifies that functional assessments begin with understanding the individual's recovery goals to guide rehabilitation planning (Task IV.A.1: "Conduct functional assessments to identify individual goals and strengths"). Option C (recovery goals) aligns with this, as identifying what the individual wants to achieve (e.

g., housing, employment, or social connections) sets the direction for assessing relevant skills and supports.

Option A (past successes) is part of the assessment but secondary to goal identification. Option B (cognitive ability) is a specific domain assessed later, not the starting point. Option D (employment history) is relevant for vocational goals but too narrow for the broader scope of a functional assessment. The PRA Study Guide emphasizes starting with the individual's recovery goals to ensure person-centered planning, supporting Option C.

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CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.1.

PRA Study Guide (2024), Section on Functional Assessment.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

NEW QUESTION # 32

An individual complains to a practitioner about major maintenance problems at her apartment, including lack of heat at the apartment complex. The first step for the practitioner to take is to:

- A. Report the complaint to the apartment landlord.
- **B. Suggest she report problems to the landlord.**
- C. Contact the agency's supported housing services.
- D. Suggest she schedule a meeting with other tenants.

Answer: B

Explanation:

This question aligns with Domain III: Community Integration, which focuses on empowering individuals to access and navigate community resources, such as housing, while promoting independence. The CPRP Exam Blueprint emphasizes "supporting individuals to self-advocate and address barriers in community settings, such as housing issues, as a first step." The scenario involves a maintenance issue (lack of heat), and the practitioner's initial response should empower the individual to take action while respecting her autonomy.

Option D: Suggesting that the individual report the problems to the landlord is the first step, as it empowers her to advocate for herself and address the issue directly with the responsible party. This aligns with the recovery-oriented principle of promoting independence and self-advocacy in community living.

Option A: Reporting the complaint directly to the landlord bypasses the individual's autonomy and may undermine her ability to self-advocate, which is not person-centered.

Option B: Contacting supported housing services escalates the issue prematurely without first encouraging the individual to address it herself, which is not the initial step.

Option C: Suggesting a meeting with other tenants may be a later strategy but is not the first step, as it does not directly address the immediate issue of reporting the maintenance problem to the landlord.

Extract from CPRP Exam Blueprint (Domain III: Community Integration):

"Tasks include: 3. Supporting individuals in accessing housing and addressing barriers through self-advocacy.

4. Empowering individuals to navigate community resources independently." References:

Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 4 - Community Integration.

Anthony, W. A., Cohen, M., & Farkas, M. (1990). Psychiatric Rehabilitation. Center for Psychiatric Rehabilitation, Boston University (emphasizes empowerment in community settings).

NEW QUESTION # 33

An individual identifies that she would like to cut down on time spent at the rehabilitation program in order to attend training for volunteers at her church. The practitioner modifies her schedule at the program. This is an example of

- A. minimizing the use of program services.
- B. performing an assessment across life domains.
- C. maximizing the use of natural supports.
- D. providing relapse prevention planning.

Answer: C

Explanation:

Community integration involves connecting individuals with natural supports—such as community activities, faith-based organizations, or volunteer roles—to enhance their recovery and reduce reliance on formal services. The CPRP Exam Blueprint (Domain III: Community Integration) emphasizes facilitating access to natural supports to promote community participation and meaningful roles (Task III.C.2: "Promote the use of natural supports to enhance community integration"). Option A (maximizing the use of natural supports) aligns with this, as modifying the rehabilitation program schedule to accommodate church volunteer training enables the individual to engage with a community-based, faith-oriented support system, fostering social inclusion and personal fulfillment. Option B (providing relapse prevention planning) is unrelated, as the scenario focuses on scheduling to support community engagement, not crisis prevention. Option C (minimizing the use of program services) is a secondary effect but not the primary intent, which is to support the individual's community role. Option D (performing an assessment across life domains) is not indicated, as the action is schedule modification, not assessment. The PRA Study Guide highlights natural supports, such as faith communities, as critical for community integration, supporting Option A.

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CPRP Exam Blueprint (2014), Domain III: Community Integration, Task III.C.2.
 PRA Study Guide (2024), Section on Natural Supports and Community Integration.
 CPRP Exam Preparation & Primer Online 2024, Module on Community Integration.

NEW QUESTION # 34

An important first step for a director of a rehabilitation program, who wants to create a positive vision for change, is to focus on

- A. eliminating unwanted behaviors.
- B. supporting desired behaviors.
- C. articulating their own values.
- D. planning to eliminate barriers.

Answer: C

Explanation:

Creating a positive vision for change in a rehabilitation program requires leadership that inspires and aligns stakeholders. The CPRP Exam Blueprint (Domain VI: Systems Competencies) emphasizes that program directors should first articulate their values to establish a recovery-oriented culture and guide organizational change (Task VI.A.1: "Promote a recovery-oriented vision within systems"). Option B (articulating their own values) aligns with this, as clearly defining values like empowerment, inclusion, and hope sets the tone for the program's mission, influencing policies, staff training, and service delivery. Option A (supporting desired behaviors) is a strategy, not the first step. Option C (eliminating unwanted behaviors) is negative and less visionary. Option D (planning to eliminate barriers) follows vision-setting. The PRA Study Guide highlights value articulation as the foundation for program vision, supporting Option B.

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CPRP Exam Blueprint (2014), Domain VI: Systems Competencies, Task VI.A.1.
 PRA Study Guide (2024), Section on Leadership and Vision in Rehabilitation Programs.
 CPRP Exam Preparation & Primer Online 2024, Module on Systems Competencies.

NEW QUESTION # 35

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