

2026 College Admission Newest Latest PMHNP Braindumps Free

**PMHNP ANCC Exam Review
Questions with Correct Solutions
Updated 2025/2026 Newest Syllabus
A+ GRADED!! 100% Guaranteed
Pass!!! <<Latest Version>>**

Which of the following client statements best describes imitative behavior as a therapeutic factor in group therapy?

- a. Group members talk over one another so the loudest person is heard
- b. Group members begin to model aspects of other members of the group and group leaders
- c. Group members discuss past situations when they were bullied and felt ashamed
- d. Group leaders take charge of the group and redirect members when they monopolize the group - ANSWER ✓ B. As group progresses the leader is less active and the members of the group take over and begin to model other members and the leaders.

Dialectical behavioral therapy (DBT) draws on cognitive theory and behavioral theory, along with other theories. Elements of behavioral theory in DBT include which of the following?

- a. Skills training and exposure
- b. Examination of feelings and relating feelings to visceral sensations
- c. Working through the transference with the therapist
- d. Cognitive interpretation of past traumatic experiences - ANSWER ✓ A. DBT focuses on cognitive and behavioral techniques, mindfulness including meditation, and emotional regulation.

Dialectical behavioral therapy (DBT) affirms dialectical thinking, which involves examining and discussing opposing ideas to find the truth. This philosophy is a supportive principle of DBT training. The central dialectical pattern emphasized in DBT involves the tension between:

- a. Radical acceptance and change
- b. Cue exposure and block avoidance
- c. Problem avoidance and problem-solving

DOWNLOAD the newest Braindumpsqa PMHNP PDF dumps from Cloud Storage for free: https://drive.google.com/open?id=16vE6Qw0J_mHU4aUmK68fRXkC_g6M3ml

The Braindumpsqa are one of the high-in-demand and top-rated platforms that has been offering real, valid, and updated American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified (PMHNP) practice test questions for many years. Over this long time period countless candidates have got success in their dream American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified (PMHNP) certification exam. They all got help from American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified (PMHNP) exam questions and easily crack the final College Admission PMHNP exam.

The modern College Admission world is changing its dynamics at a fast pace. To stay and compete in this challenging market, you have to learn and enhance your in-demand skills. Fortunately, with the American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified (PMHNP) certification exam you can do this job nicely and quickly. To do this you just need to enroll in the American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified (PMHNP) certification exam and put all your efforts to pass the American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified (PMHNP) certification exam.

>> **Latest PMHNP Braindumps Free** <<

Reliable PMHNP Exam Bootcamp & PMHNP Preparation Store

You may find that on our website, we have free renewal policy for customers who have bought our PMHNP practice quiz. You can enjoy one year free updated service. This policy greatly increase the pass percentage of the candidates if they can't pass in one time or in the limited date. And they can enjoy 50% off if they buy them again one year later. All in all, our service is completely considerate. Come to experience our PMHNP Training Materials.

College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q975-Q980):

NEW QUESTION # 975

A 21-year-old married man came to the emergency room for evaluation of severe and persistent anxiety following a DUI arrest. Which of the following is a breach of confidentiality?

- A. Releasing records to the insurance company for billing purposes
- B. Releasing subpoenaed records
- C. Informing the patient's wife of his diagnosis
- D. Releasing information to attorneys for litigation purposes

Answer: C

Explanation:

Informing the patient's wife of his diagnosis was a breach of confidentiality. Exceptions to guaranteed confidentiality include releasing records for billing, in response to a subpoena, or for litigation purposes.

NEW QUESTION # 976

Which personality disorder is most likely to cause one to read hidden meaning into innocent remarks?

- A. Paranoid
- B. Narcissistic
- C. Obsessive-compulsive
- D. Dependent

Answer: A

Explanation:

Patients with paranoid personality disorder are suspicious, have few friends, and read hidden meanings into innocent remarks.

Patients with narcissistic personality disorder act self-important. They are preoccupied with envy, fantasies of success, and ruminations about the uniqueness of their problems. They reject criticism and need constant admiration from others.

Patients with dependent personality disorder fear abandonment, feel helpless when they are alone, and are miserable when relationships end. They desperately desire the approval of others and often volunteer for unpleasant tasks to gain the favor of others.

Patients with obsessive-compulsive personality disorder are perfectionistic and rigid. They are often workaholics who are indecisive, excessively scrupulous, and preoccupied with detail.

NEW QUESTION # 977

Which of the following is true regarding those with post-traumatic stress disorder (PTSD)?

- A. They experience states of dissociation
- B. They experience dreamless sleep states
- C. They experience hallucinations
- D. Memories are intrusive only when triggers are encountered

Answer: A

Explanation:

Patients suffering from PTSD can be prone to states of dissociation lasting for hours or even days.

They also experience nightmares and intrusive memories of real-life experiences. Intrusive memories do not require triggers to occur.

Hallucinations are not likely although flashbacks can occur. Dreamless sleep states are likely to occur but are not specific to PTSD.

NEW QUESTION # 978

A 17-year-old male patient was voluntarily admitted to the facility for depressive symptoms following the death of his best friend by suicide. He reports feelings of despair and hopelessness. He verbalized to his parents that he "doesn't know how to live" without this friend, which his parents interpreted as a passive death wish. The psychiatrist prescribed antidepressant medication, and the young man refused it. The parents insist that he must take the medication.

Which ethical principle supports the patient's right to choose not to take the medication?

- A. Veracity
- B. Nonmaleficence
- C. Beneficence
- D. **Autonomy**

Answer: D

Explanation:

Autonomy is the right to self-govern free from external control or influence. This means that a patient has the right to refuse treatment unless ruled incompetent by a civil authority who can mandate retention and treatment over objection. The patient's parents are not civil authorities.

NEW QUESTION # 979

The medical term for chronic nail biting is which of the following?

- A. oniomania
- B. trichotillomania
- C. **onychophagia**
- D. excoriation disorder

Answer: C

Explanation:

The correct medical term for chronic nail biting is onychophagia. This term is derived from the Greek words "onycho", meaning nail, and "phagia", meaning eating. Onychophagia is classified as a type of body-focused repetitive behavior (BFRB), similar to behaviors such as hair pulling (trichotillomania) and skin picking (excoriation disorder).

Onychophagia is often considered a self-soothing behavior that people may engage in when they are feeling stressed, anxious, or bored. The habit typically begins in childhood, and it is observed that many children outgrow this behavior as they reach adulthood. Nevertheless, for some individuals, nail biting can persist into adult life and become a chronic issue.

Chronic nail biting can have several negative effects on a person's health. It can lead to physical damage to the nails and surrounding skin, increasing the risk of infections. Additionally, it can have dental repercussions, such as damage to the tooth enamel or misalignment of teeth. From a psychological perspective, severe onychophagia can be associated with feelings of shame or embarrassment, which may further exacerbate stress and anxiety, creating a vicious cycle.

Treatment for onychophagia often involves behavioral therapies, such as habit reversal training, which focuses on helping the individual identify triggers for nail biting and developing alternative coping mechanisms. In some cases, cognitive-behavioral therapy (CBT) may also be recommended to address underlying emotional issues contributing to the behavior. Sometimes, the use of bitter-tasting nail coatings can also serve as a deterrent from nail biting.

In conclusion, onychophagia, or chronic nail biting, is a common but manageable condition. Recognizing it as a psychological and physical health issue is crucial in seeking appropriate treatment and coping strategies. Individuals struggling with this condition are encouraged to seek help from healthcare professionals specialized in treating BFRBs.

NEW QUESTION # 980

.....

Before we start develop a new PMHNP real exam, we will prepare a lot of materials. After all, we must ensure that all the questions and answers of the PMHNP exam materials are completely correct. First of all, we have collected all relevant reference books. Most of the PMHNP Practice Guide is written by the famous experts in the field. And we also add the latest knowledge points into the content of the PMHNP learning questions, so that they are always being up to date.

2026 Latest Braindumpsqa PMHNP PDF Dumps and PMHNP Exam Engine Free Share: https://drive.google.com/open?id=16vE6Qw0J_mHU4aUmK68fRlXkC_g6M3ml