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**PMHNP Comprehensive
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AIMS Answer- Abnormal Involuntary Movement Scale for 8 and older
12 item tool to assess symptoms of tardive dyskinesia for patients taking antipsychotics
Rating 0-4, >2 to diagnose TD and reduce dose

BARS Answer- Barnes Akathisia Rating Scale for 8 and older
4 item tool to assess objective and subjective symptoms of akathisia with antipsychotics
and/or SSRIs

CRS-R Answer- Connors Rating Scales - Revised for 3-17
ADHD Parent (80 items) and Teacher Scales (59 items)
Low T-score of 61= mildly atypical; >70 = markedly atypical

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College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q1060-Q1065):

NEW QUESTION # 1060

A PMHNP is providing care to a family with a 16-year-old daughter experiencing behavioral issues. The nurse suspects structural family therapy may be beneficial in addressing the family's problems. Which of the following is a key concept of structural family therapy?

- A. Promoting self-actualization and self-realization in each family member
- B. Encouraging family members to express their emotions and thoughts in a safe environment
- C. Focusing on the individual's thoughts and behaviors to promote change
- **D. Emphasizing the importance of identifying and changing negative communication patterns within the family**

Answer: D

Explanation:

Structural family therapy is a therapeutic approach focusing on the family system's interactions and patterns. The goal is to help families identify and change negative communication patterns contributing to their problems. It does not focus solely on the individual's thoughts and behaviors but takes a more systemic approach.

NEW QUESTION # 1061

Good self-esteem, a healthy self-concept, and an internal locus of control are all examples of which kind of preventative factor?

- A. Tertiary prevention
- B. Primary prevention
- **C. Psychological prevention**
- D. Secondary prevention

Answer: C

Explanation:

These are all examples of psychological preventative factors. Primary, secondary, and tertiary prevention are public health principles.

NEW QUESTION # 1062

Systemic effects of hyponatremia include which of the following?

- **A. Confusion**
- B. Restlessness
- C. Fever
- D. Thirst

Answer: A

Explanation:

Systemic effects of hyponatremia include restlessness, thirst, and fever. Confusion is more commonly associated with hyponatremia.

NEW QUESTION # 1063

While assessing a patient's thought processes during the initial mental status exam, the PMHNP notes that they avoid getting to the point by including irrelevant and trivial details. Which term describes this speech pattern that often appears in patients with schizophrenia and obsessive-compulsive disorders?

- **A. Circumstantiality**
- B. Tangentiality
- C. Neologism
- D. Perseveration

Answer: A

Explanation:

Circumstantiality is a disruption in a pattern of speech that is characterized by the overinclusion of trivial details, often to avoid giving a pointed answer.

Tangentiality is when the patient provides an answer that is generally appropriate to the question but not specific. Perseveration is the repetition of out-of-context ideas or words. Neologism in speech is when the patient invents new words or phrases.

NEW QUESTION # 1064

A patient with bipolar disorder is prescribed aripiprazole (Abilify). What is the rationale for using this medication to treat bipolar disorder?

- A. Aripiprazole is an anxiolytic medication that can help manage the anxiety symptoms often associated with bipolar disorder
- B. Aripiprazole is an antidepressant medication that can treat the depressive symptoms of bipolar disorder
- C. Aripiprazole is an antipsychotic medication that can treat the hallucinations and delusions that may occur in bipolar disorder
- **D. Aripiprazole is a second-generation or atypical antipsychotic that can help prevent both manic and depressive episodes in patients with bipolar disorder**

Answer: D

Explanation:

Abilify (aripiprazole) is classified as an atypical or second-generation antipsychotic medication. Atypical antipsychotics are a class of drugs that are primarily used to treat psychiatric conditions such as schizophrenia, bipolar disorder, and major depressive disorder. They are called "atypical" because they have a different pharmacological profile compared to older, typical antipsychotics.

Aripiprazole is an atypical antipsychotic medication that is effective in the treatment of bipolar disorder. It works by modulating the activity of dopamine and serotonin in the brain, which can help stabilize mood and prevent manic and depressive episodes.

NEW QUESTION # 1065

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