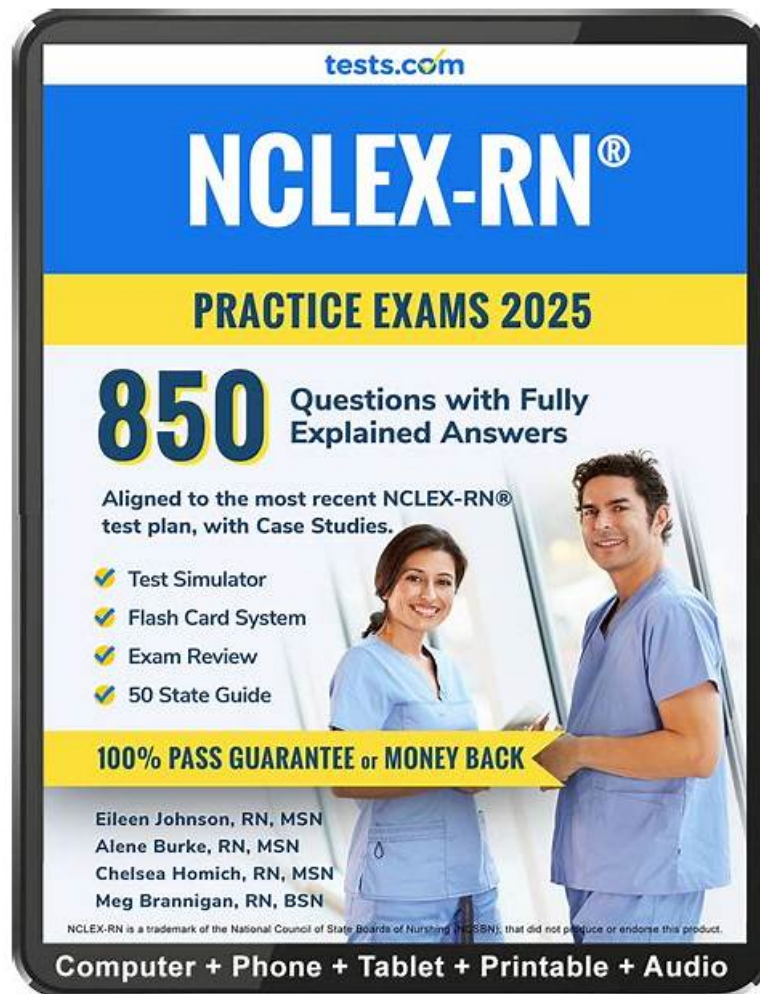


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NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q155-Q160):

NEW QUESTION # 155

The nurse caring for a client who has pneumonia, which is caused by a gram-positive bacteria, inspects her sputum. Because the client's pneumonia is caused by a gram-positive bacteria, the nurse expects to find the sputum to be:

- A. Bright red with streaks
- **B. Rust colored**
- C. Green colored
- D. Pink-tinged and frothy

Answer: B

Explanation:

Explanation/Reference:

Explanation:

(A) Bright red sputum with streaks is associated with pneumonia caused by gram-negative bacteria, such as Klebsiella pneumoniae.

(B) Pneumococcal pneumonia, caused by gram-positive bacteria, has a characteristic productive cough with green or rust-colored sputum. (C) Green-colored sputum is more characteristic of Pseudomonas than of gram-positive bacterial pneumonia. (D) Pink-tinged and frothy sputum is more characteristic of pulmonary edema than of gram-positive bacterial pneumonia.

NEW QUESTION # 156

A client returns for her 6-month prenatal checkup and has gained 10 lb in 2 months. The results of her physical examination are normal. How does the nurse interpret the effectiveness of the instruction about diet and weight control?

- A. She needs to increase her caloric intake.
- B. She needs to be placed on a restrictive diet immediately.
- C. She is compliant with her diet as previously taught.
- **D. She needs further instruction and reinforcement.**

Answer: D

Explanation:

Section: Questions Set A

Explanation:

(A) She is probably not compliant with her diet and exercise program. Recommended weight gain during second and third trimesters is approximately 12 lb. (B) Because of her excessive weight gain of 10 lb in 2 months, she needs re-evaluation of her eating habits and reinforcement of proper dietary habits for pregnancy.

A 2200-calorie diet is recommended for most pregnant women with a weight gain of 27-30 lb over the 9-month period. With rapid and excessive weight gain, PIH should also be suspected. (C) She does not need to increase her caloric intake, but she does need to re-evaluate dietary habits. Ten pounds in 2 months is excessive weight gain during pregnancy, and health teaching is warranted. (D) Restrictive dieting is not recommended during pregnancy.

NEW QUESTION # 157

A client has chronic obstructive pulmonary disease. She is slowly losing weight, and her daughter is very concerned about increasing her nutrition. The nurse helps the daughter devise a plan of care for her mother. The plan of care should include which of the following interventions to promote nutrition?

- A. Encourage her to engage in an activity before a meal to stimulate her appetite.
- **B. Offer her oral hygiene before and after meals.**
- C. Encourage her to consume milk products.
- D. Restrict her fluid intake to three glasses of water a day.

Answer: B

Explanation:

Explanation/Reference:

Explanation:

(A) Clients with respiratory diseases are generally mouth breathers. Cleaning the oral cavity may improve the client's appetite, increase her feelings of well-being, and remove the taste and odor of sputum. (B) Milk causes thick sputum; therefore, milk products would not be beneficial for this client. (C) Exercise prior to a meal would require increased O₂ consumption and most likely would decrease the client's ability to eat.

(D) Clients with respiratory diseases need increased fluid to liquefy secretions.

NEW QUESTION # 158

A gravida 2 para 1 client is hospitalized with severe preeclampsia. While she receives magnesium sulfate (MgSO₄) therapy, the nurse knows it is safe to repeat the dosage if:

- A. MgSO₄ serum levels are >15 mg/dL
- B. Deep tendon reflexes are absent
- **C. Respirations are >16 breaths/min**
- D. Urine output is 20 mL/hr

Answer: C

Explanation:

Explanation

(A) MgSO₄ is a central nervous system depressant. Loss of reflexes is often the first sign of developing toxicity. (B) Urinary output at <25 mL/hr or 100 mL in 4 hours may result in the accumulation of toxic levels of magnesium. (C) The therapeutic serum range for MgSO₄ is 6-8 mg/dL. Higher levels indicate toxicity. (D) Respirations of >16 breaths/min indicate that toxic levels of magnesium have not been reached. Medication administration would be safe.

NEW QUESTION # 159

A client is diagnosed with diabetic ketoacidosis. The nurse should be prepared to administer which of the following IV solutions?

- A. D5W
- B. D5 in normal saline
- C. D5 in lactated Ringer's
- **D. 0.9 normal saline**

Answer: D

Explanation:

(A) D5 in normal saline would increase serum glucose. (B) D5W would increase serum glucose. (C) A concentration of 0.9 NS is used to correct extracellular fluid depletion. (D) D5 in Ringer's lactate would increase serum glucose.

NEW QUESTION # 160

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