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## AACN CCRN-Adult Exam Syllabus Topics:

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| Topic   | Details  |
|---------|--|
| Topic 1 | <ul style="list-style-type: none"> <li>In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.</li> </ul>  |
| Topic 2 | <ul style="list-style-type: none"> <li><b>PROFESSIONAL CARING &amp; ETHICAL PRACTICE:</b> This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.</li> </ul> |
| Topic 3 | <ul style="list-style-type: none"> <li>The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.</li> </ul>  |

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## AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q611-Q616):

### NEW QUESTION # 611

A patient in the critical care unit has an Arterial Blood Gas (ABG) result showing a pH of 7.27, PaCO<sub>2</sub> of 60mmHg, and HCO<sub>3</sub> of 29 mEq/L. How should the nurse interpret this ABG result?

- A. Respiratory acidosis
- B. Respiratory alkalosis
- C. Metabolic acidosis
- D. Metabolic alkalosis

**Answer: A**

Explanation:

Respiratory acidosis is characterized by a low pH (less than 7.35) and an elevated PaCO<sub>2</sub> (greater than 45 mmHg) in the presence of a normal or compensatory elevated HCO<sub>3</sub>. Only an interpretation of respiratory acidosis correctly matches these values.

### NEW QUESTION # 612

In septic shock, a mixed venous O<sub>2</sub> saturation (SO<sub>2</sub>) of 84% indicates that

- A. O<sub>2</sub> delivery to tissues is inadequate due to shunting.
- B. venous pO<sub>2</sub> and saturation are irrelevant to tissue perfusion.
- C. the tissue cells are being well oxygenated.
- D. the mixed venous pO<sub>2</sub> is low.

**Answer: C**

Explanation:

A high mixed venous O<sub>2</sub> saturation (SO<sub>2</sub>) indicates that the tissue cells are not extracting enough oxygen from the blood, which can be due to impaired cellular metabolism or increased oxygen delivery. In septic shock, there is often a mismatch between oxygen delivery and consumption, resulting in a high SO<sub>2</sub> despite tissue hypoxia. Therefore, SO<sub>2</sub> alone is not a reliable indicator of tissue perfusion in septic shock.

References:

\* Mixed venous oxygen saturation (SvO<sub>2</sub>) monitoring \* LITFL \* CCC

\* SvO<sub>2</sub> to monitor resuscitation of septic patients: let's just understand the basic physiology | Critical Care

| Full Text

\* Reference Guide for CCRN (Adult), page 14.

### NEW QUESTION # 613

Systemic inflammatory response syndrome (SIRS) consists of a series of systemic events that occur in response to an insult to the body. There are essentially four different types of cells that are activated as a part of this response.

Which is NOT one of these cells?

- A. Macrophages
- B. Neutrophils
- C. Endothelial cells
- D. Cytokines

**Answer: D**

Explanation:

When a patient becomes septic from infection, it is important to understand the variety of immune mechanisms, which, when unchecked, can lead to organ damage. The body responds at a cellular level, initiating a number of mediator-induced responses, which are both inflammatory and immune in nature.

The four types of cells that are activated as part of the response to an insult include:

### NEW QUESTION # 614

A patient's daughter asks you to pray with her for her mother's recovery, even though you are not of the same religious affiliation as the patient or their daughter. Which of the following responses is BEST?

- A. Pray with the patient's daughter, even though you may not be comfortable with the situation
- B. Refer her to a chaplain or religious leader who can accommodate her needs
- C. Find a coworker of the same religious conviction to pray with her
- D. Explain that nurses are not permitted to pray with patients or their families

**Answer: B**

Explanation:

The nurse should provide emotional support to the greatest extent possible, but is not required to violate their religious beliefs.

Referring her to a chaplain or religious leader who can accommodate her needs provides support while not placing the nurse in an uncomfortable situation. Finding a coworker of the same religious conviction to pray with her is not as practical and may not address her needs as well as a religious leader would. Nurses are permitted to pray with patients or their families if they feel comfortable doing so.

### NEW QUESTION # 615

An ICU patient decides not to undergo a recommended surgery due to personal religious beliefs. The patient's spouse insists the patient should undergo the surgery. How should the nurse respond?

- A. Arrange for a meeting to persuade the patient to undergo surgery
- B. Persuade the patient to agree with the spouse
- C. Contact the ethics committee for a consultation
- D. Respect the patient's decision and not move forward with preparation for the surgery

**Answer: D**

Explanation:

### NEW QUESTION # 616

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