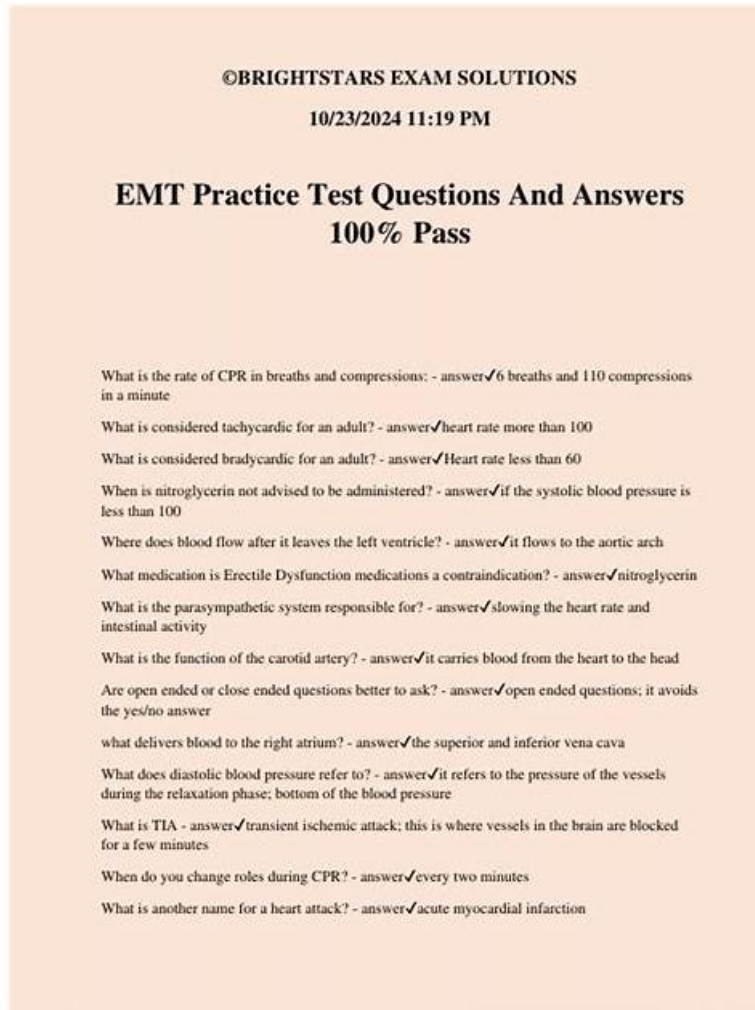


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### NREMT Emergency Medical Technicians Exam Sample Questions (Q81-Q86):

#### NEW QUESTION # 81

A 10-year-old patient has a closed angulated deformity of the right leg after falling out of a tree. What action should the EMT take first?

- A. Assess for distal circulation.
- **B. Perform manual cervical stabilization.**
- C. Perform a rapid trauma assessment.
- D. Realign the deformed extremity.

**Answer: B**

Explanation:

The correct answer is D. Perform manual cervical stabilization.

Key Concept: Mechanism of Injury (MOI) and Priorities

This patient fell out of a tree, which is a significant mechanism of injury. Any fall from height raises concern for:

Spinal injury (especially cervical spine)

Multisystem trauma

Why D is correct:

According to NREMT trauma priorities:

Spinal motion restriction is initiated immediately when a significant MOI is present. The first action upon patient contact is to stabilize the cervical spine manually. NREMT-aligned guidance states:

"Manual cervical stabilization should be initiated immediately in patients with suspected spinal injury."

"Falls from height are high-risk mechanisms requiring spinal precautions." Why the other options are incorrect:

A). Assess for distal circulation. Important, but comes after addressing life threats and spinal stabilization. B). Realign the extremity. Done later if needed, after initial stabilization and assessment. C). Perform a rapid trauma assessment. Occurs after cervical spine stabilization is initiated. Exact Extracts (NREMT-aligned EMT educational references):

"Begin manual stabilization of the cervical spine immediately."

"High-risk mechanisms include falls from height."

"Address life threats first before focusing on isolated extremity injuries." Clinical Priority Summary:

Because this is a high-risk fall, the EMT must immediately protect the cervical spine, making D the correct answer.

References:

NREMT EMT Education Standards - Trauma (Spinal Motion Restriction)

NREMT National Continued Competency Program (NCCP)

AAOS Emergency Care and Transportation of the Sick and Injured (NREMT-aligned)

#### NEW QUESTION # 82

A 67-year-old patient is sitting in the tripod position. What general impression should the EMT most strongly suspect from this patient's position?

- A. The patient has abdominal pain
- B. The patient is having a seizure
- C. The patient is in cardiac arrest
- **D. The patient has trouble breathing**

**Answer: D**

Explanation:

The tripod position - sitting upright, leaning forward, supporting the upper body with arms on knees - is a classic sign of respiratory distress. This position:

- \* Maximizes diaphragmatic movement
- \* Engages accessory muscles of respiration
- \* Improves air exchange in patients with obstructive airway diseases (e.g., COPD, asthma) It is rarely used by patients with abdominal pain or seizures and is not associated with cardiac arrest (where unconsciousness is expected).

References:

NREMT Medical Assessment Flowchart - General Impression  
 AAOS EMT Textbook (11th ed.), Chapter: Respiratory Emergencies  
 AHA BLS: Identifying Signs of Respiratory Distress

### NEW QUESTION # 83

When treating a patient suspected of having tuberculosis, you should

- **A. Place a surgical mask on the patient**
- B. Place a HEPA respirator on the patient
- C. Notify the Centers for Disease Control
- D. Wear a surgical mask before treating the patient

**Answer: A**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

For suspected or confirmed tuberculosis (TB), the EMT should place a surgical mask on the patient, not a HEPA respirator. Surgical masks are used to contain droplets from the patient and reduce airborne transmission.

The EMT should wear a N95 or HEPA respirator to protect against inhaling airborne particles. Notification to the CDC is not the EMT's responsibility - that falls to public health officials.

References:

CDC Guidelines for TB Exposure in Prehospital Settings  
 NREMT Infectious Disease Control Protocols  
 National EMS Education Standards - Airborne Pathogens and PPE Use

### NEW QUESTION # 84

A 33-year-old patient was the restrained driver involved in a front-end collision. The patient reports severe abdominal pain. The patient is 32 weeks pregnant, with mild vaginal bleeding. The patient is anxious, with cold, pale skin. The vital signs are BP 78/42, P 136, R 36, and SpO<sub>2</sub> 92% on room air. Which of the following conditions should the EMT most strongly suspect?

- A. Ectopic pregnancy
- B. Placenta previa
- C. Spontaneous abortion
- **D. Abruptio placentae**

**Answer: D**

Explanation:

The correct answer is C because in a third-trimester trauma patient with severe abdominal pain, vaginal bleeding, and clear signs of shock, the EMT should strongly suspect abruptio placentae. Official national EMS instructional guidance for pregnant trauma patients specifically lists separation of the placenta from the uterine wall as a key trauma concern, with abdominal pain and vaginal bleeding often present, and notes a high risk of fetal death. This matches the presentation in this question very closely. (EMS.gov)

### NEW QUESTION # 85

The acronym HIPAA stands for:

- **A. Health Insurance Portability and Accountability Act**
- B. Health Insurance Privacy and Administration Act
- C. Health Insurance Payable and Accountability Act
- D. Health Insurance Privacy and Accountability Act

**Answer: A**

Explanation:

The correct answer is B. Health Insurance Portability and Accountability Act.

HIPAA is a federal law that establishes national standards to protect patients' medical records and other personal health information. It is a critical component of EMS operations, particularly regarding patient confidentiality and privacy.

Why B is correct:

\* HIPAA officially stands for Health Insurance Portability and Accountability Act.

\* It governs how healthcare providers, including EMTs, handle protected health information (PHI).

NREMT-aligned EMS guidelines emphasize:

\* "EMTs must maintain patient confidentiality in compliance with HIPAA regulations."

\* "Protected health information must not be disclosed without proper authorization." Why the other options are incorrect:

\* A. Privacy and Administration Act: Incorrect wording; not the official name.

\* C. Payable and Accountability Act: Incorrect terminology.

\* D. Privacy and Accountability Act: Missing the term "Portability," which is essential to the law's name.

Exact Extracts:

\* "HIPAA (Health Insurance Portability and Accountability Act) protects patient privacy."

\* "EMS providers are required to safeguard protected health information."

\* "Unauthorized disclosure of patient information is a violation of federal law." References:

NREMT EMT Education Standards - EMS Operations (Medical, Legal, and Ethical Issues) NREMT National Continued Competency Program (NCCP) - Legal and Ethical Responsibilities HIPAA Federal Regulations - Patient Privacy Rule

## NEW QUESTION # 86

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