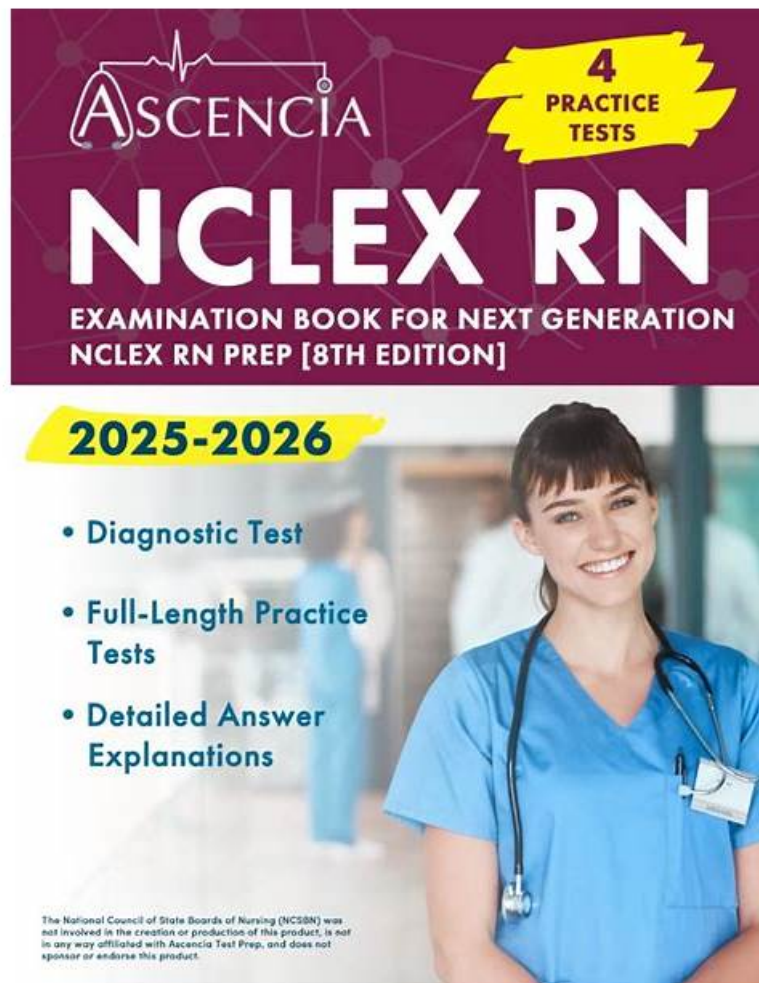


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## NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q430-Q435):

### NEW QUESTION # 430

The cardiac client who exhibits the symptoms of disorientation, lethargy, and seizures may be exhibiting a toxic reaction to:

- A. Digoxin (Lanoxin)
- **B. Lidocaine (Xylocaine)**
- C. Nitroglycerin IV (Tridil)
- D. Quinidine gluconate or sulfate (Quinaglute, Quinidex)

**Answer: B**

Explanation:

Section: Questions Set A

Explanation:

(A) Side effects of digoxin include headache, hypotension, AV block, blurred vision, and yellow-green halos. (B) Side effects of lidocaine include heart block, headache, dizziness, confusion, tremor, lethargy, and convulsions.

(C) Side effects of quinidine include heart block, hepatotoxicity, thrombocytopenia, and respiratory depression.

(D) Side effects of nitroglycerin include postural hypotension, headache, dizziness, and flushing.

### NEW QUESTION # 431

The nurse in the mental health center is instructing a depressed client about the dietary restrictions necessary in taking her medication, which is a monoamine oxidase (MAO) inhibitor. Which of the following is she restricting from the client's diet?

- A. Fresh fruits
- B. Cream cheese
- **C. Aged cheese**
- D. Yeast bread

**Answer: C**

Explanation:

Section: Questions Set F

Explanation:

(A) Cream cheese does not contain tyramine, which might cause a hypertensive crisis. (B) Fresh fruits do not contain tyramine, which might cause a hypertensive crisis. (C) Aged or matured cheese combined with a monoamine oxidase predisposes the client to a hypertensive crisis. (D) Bread products raised with yeast do not contain tyramine.

### NEW QUESTION # 432

Prior to administering digoxin to a client with congestive heart failure, the nurse needs to assess:

- A. Respiratory rate for 1 minute
- B. Radial pulse for 1 minute
- C. Radial pulse for 2 minutes
- **D. Apical pulse for 1 minute**

**Answer: D**

Explanation:

Explanation/Reference:

Explanation:

(A) Respiratory rate is not directly affected by digoxin therapy. (B) A radial pulse is not as accurate as an apical pulse. Dysrhythmias may not be detected. (C) A radial pulse is not as accurate as an apical pulse, regardless of assessment time. (D) Apical pulse should be measured for 1-minute prior to digoxin administration. Digoxin decreases the heart rate. Digoxin should be withheld if apical rates are <60 bpm or >120 bpm

#### NEW QUESTION # 433

The parents of a 2-year-old child are ready to begin toilet training activities with him. His parents feel he is ready to train because he is now 2 years old. What would the nurse identify as readiness in this child?

- A. The age at which the child's siblings were trained
- **B. Communicating the urge to defecate or urinate**
- C. Patience by the child when wearing soiled diapers
- D. The child awakening wet from his naps

**Answer: B**

Explanation:

(A) Children experience impatience with soiled diapers when readiness for training is apparent. They often desire to be changed immediately. (B) A child must be able to use verbal or nonverbal skills to communicate needs. (C) A readiness indicator would be awaking dry from naps. (D) The age at which a sibling was toilet trained has no implications for training this child.

#### NEW QUESTION # 434

At 30 weeks' gestation, a client is admitted to the unit in premature labor. Her physician orders that an IV be started with 500 mL D5W mixed with 150 mg of ritodrine stat. The RN prepares the IV solution with the medication. The RN knows that clients receiving the medication ritodrine IV should be observed closely for which one of the following side effects:

- A. Hyperkalemia
- **B. Tachycardia**
- C. Increase in hematocrit and hemoglobin
- D. Hypoglycemia

**Answer: B**

Explanation:

Section: Questions Set C

Explanation:

(A) Ritodrine is a sympathomimetic  $\alpha_2$ -adrenergic agonist that can cause an elevation of blood glucose and plasma insulin in pregnant women. Hyperglycemia can occur in women with abnormal carbohydrate metabolism because of their inability to release more insulin. (B) Hypokalemia can occur resulting from the action of the  $\beta_2$ -mimetics. It results from a displacement of the extracellular potassium into the intracellular space. (C) Ritodrine causes vasodilation of vessel walls, which can lead to hypotension. The body compensates by increasing heart rate and pulse pressure. (D) There is a lowering of serum iron resulting from the action of  $\beta_2$ -mimetics to activate hematopoiesis.

#### NEW QUESTION # 435

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