

NCLEX-RN Valid Test Materials - NCLEX-RN Latest Test Pdf

Components of the NCLEX-RN Test Plan 2019-2023

Avanti
Healthcare Professionals

NCSSN defines five processes that are essential to nursing and are therefore incorporated throughout the Client Needs categories. Those categories and subcategories are identified as:

- **Nursing Process:** providing client care using a scientific clinical reasoning approach.
- **Caring:** Use of mutual trust and respect to meet client needs with compassion and support.
- **Communication and Documentation:** Reciprocal communication among the nurse, client, client's significant others, and interprofessional members of the healthcare team. Documentation of information related to client care that validates accountability.
- **Teaching and Learning:** Promoting health by facilitating client's acquisition knowledge.
- **Culture and Spirituality:** Recognizing and considering the distinctive preferences for care identifies by the client that are applicable to standards of care.

Client needs, including percentage of items from each category/subcategory

Safe and Effective Care Environment

- Management of Care 17% - 23%
- Safety and Infection Control 9% - 15%

Health Promotion and Maintenance 6% - 12%

Psychosocial Integrity 6% - 12%

Physiological Integrity 6% - 12%

- Basic Care and Comfort 6% - 12% (caring interventions including cultural and spiritual needs).
- Pharmacological and Parenteral Therapies 12% - 18% (includes alternative medicine and modalities).
- Reduction of Risk Potential 9% - 15% (client safety).
- Physiologic Adaptation 11% - 17%.

Category of Client Needs	NCLEX-RN (%)	Activities	Category of Client Needs	NCLEX-RN (%)	Activities
Safe and Effective Care Environment 1. Management of Care Provides and directs nursing care that enhances the care delivery setting to protect clients and health care personnel	14% - 23%	<ul style="list-style-type: none"> • Client Safety • Advance directives • Advocacy • Assignment, delegation, and supervision • Case management • Client rights • Collaboration with interdisciplinary team • Concepts of management • Confidentiality/information security • Continuity of care • Establishing priorities • Ethical practice • Informed consent • Information technology • Legal rights and responsibilities • Performance improvement (QI) • Referrals 	Psychosocial Integrity Directs nursing care, promoting, and supporting the emotional, mental, and social well-being of the client experiencing stressful events, as well as clients with acute or chronic mental illness	6% - 12%	<ul style="list-style-type: none"> • Client safety • Abuse and neglect • Behavioral interventions • Chemical and other dependencies/substance use disorders • Coping mechanisms • Crisis intervention • Cultural awareness/cultural influences on health • Religious and spiritual influences on health • End-of-life care • Family dynamics • Grief and loss • Sensory and perceptual alterations • Stress management • Support systems • Therapeutic communication • Therapeutic environment

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TN-NCLEX 2020

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What is the purpose of the NCLEX-RN® Exam?

Industry recognized credentials (BLS, ACLS, PALS) are also included in the exam. Ready to be a nurse, you need to pass the NCLEX-RN® exam. Demo testing is available. Fail the exam and your future career as a nurse is jeopardized. Weight gain and weight loss, pregnancy and labor, medical problems, and death all play a role in how you do on the NCLEX-RN® exam. Service staff has the ability to change the score for students who do not answer questions. Accurate answers to every question are necessary for passing the NCLEX-RN® exam. Sufficient to pass (50 percent or more) is not sufficient. You must receive a passing score to be licensed to practice as a nurse. Passing scores are different on each test date, so make sure you study!

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NCLEX-RN exam is a computerized adaptive test (CAT) which means that the questions are selected based on the test-taker's responses. The test-taker will start with a moderate difficulty level question, and the next question will be determined by their response to the previous question. NCLEX-RN exam will continue in this manner until the computer program has determined the test-taker's level of competency. NCLEX-RN exam covers a wide range of nursing topics such as health promotion, psychosocial integrity, physiological adaptation, and pharmacological and parenteral therapies. The NCLEX-RN Exam is a challenging test that requires extensive studying and preparation. However, passing the exam is a critical step towards becoming a licensed registered nurse and embarking on a fulfilling career in the nursing profession.

NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q191-Q196):

NEW QUESTION # 191

A 26-year-old client is admitted to the labor, delivery, recovery, postpartum unit. The nurse completes her assessment and determines the client is in the first stage of labor. The nurse should instruct her:

- A. To hold her breath during contractions
- B. To push before becoming fully dilated
- C. To be flat on her back
- **D. Not to push with her contractions**

Answer: D

Explanation:

(A) This nursing action may cause hyperventilation. (B) This nursing action could cause inferior vena cava syndrome. (C) The client is allowed to push only after complete dilation during the second stage of labor. The nurse needs to know the stages of labor. (D) If the client pushes before dilation, it could cause cervical edema and/or edema to the fetal scalp; both of these could contribute to increased risk of complications.

NEW QUESTION # 192

A 71-year-old client fell and injured her left leg while cooking in the kitchen. Her husband calls the ambulance, and she is taken to the emergency department at a local hospital. X-ray reports confirm that she has an intertrochanteric fracture of the left femur. Her left leg will require skeletal traction initially and then surgery. The nurse knows that this type of traction will be used:

- A. To suspend the leg in a sling without pull on the extremity
- B. Intermittently to place a pull over the pelvis and lower spine
- **C. By inserting pins to provide steady pull on the bone**
- D. With weights at both ends of the bed to maintain pull on the upper extremity

Answer: C

Explanation:

Explanation/Reference:

Explanation:

(A) Skeletal traction is the application of traction directly to bone with the use of pins and wires or tongs for the purpose of providing a strong, steady, continuous longitudinal pull on the bone. It is indicated for preoperative immobilization and positioning of hip and femur fractures. (B) A type of skeletal traction (balanced suspension with a Thomas splint and Pearson attachment) uses a sling to support the extremity, but it also uses weights to provide a strong, steady continuous pull on the extremity. A sling is used instead of pins. (C) Pelvic traction provides an intermittent pull over the pelvis and bone, whereas skeletal traction is continuous. Pelvic traction does not use pins. (D) Skeletal traction uses weights at the end of the bed to provide a continuous pull on long bones. Weights are not applied to both ends of the bed.

NEW QUESTION # 193

After performing a sterile vaginal exam on a client who has just been admitted to the unit in active labor and placed on an electronic

fetal monitor, the RN assesses that the fetal head is at 21 station. She documents this on the monitor strip. Fetal head at 21 station means that the fetal head is located where in the pelvis?

- A. Located in the pelvic outlet
- B. One centimeter below the ischial spines
- C. Has not entered the pelvic inlet yet
- **D. One centimeter above the ischial spines**

Answer: D

Explanation:

(A) The ischial spines are located on both sides of the midpelvis. These spines mark the diameter of the narrowest part of the pelvis that the fetus will encounter. They are not sharp protrusions that will harm the fetus. Station refers to the relationship between the ischial spines in the pelvis and the fetus. The ischial spines are designated at 0 station. If the presenting part of the fetus is located above the ischial spines, a negative number is assigned, noting the number of centimeters above the ischial spines. Therefore, 1 centimeter below the ischial spines is designated as +1 station. (B) See explanation in A. One centimeter above the ischial spines is designated as -1 station. (C) The pelvic inlet is the first part of the pelvis that the fetus enters in routine delivery. The midpelvis is the second part of the pelvis to be entered by the fetus. The ischial spines are located on both sides of the midpelvis. (D) The pelvic outlet is the last part of the pelvis that the fetus will enter. When the fetus reaches this part of the pelvis, birth is near.

NEW QUESTION # 194

Which of the following statements relevant to a suicidal client is correct?

- A. A client who is unsuccessful at a first suicide attempt is not likely to make future attempts.
- B. Nurses who care for a client who has attempted suicide should not make any reference to the word "suicide" in order to protect the client's ego.
- **C. The more specific a client's plan, the more likely he or she is to attempt suicide.**
- D. A client who threatens suicide is just seeking attention and is not likely to attempt suicide.

Answer: C

Explanation:

Section: Questions Set A

Explanation:

(A) This is a high-risk factor for potential suicide. (B) A previous suicide attempt is a definite risk factor for subsequent attempts. (C) Every threat of suicide should be taken seriously. (D) The client should be asked directly about his or her intent to do bodily harm. The client is never hurt by direct, respectful questions.

NEW QUESTION # 195

A client's renal calculi are identified as consisting of calcium phosphate. Which of the following diets would be appropriate?

- **A. Low calcium and phosphorus, acid ash**
- B. Low calcium, high phosphorus
- C. Two-gram sodium diet
- D. High calcium, low phosphorus

Answer: A

Explanation:

Section: Questions Set D


Explanation:

(A) The stones consist of calcium and phosphorus; therefore, these minerals should be avoided. A high- calcium diet is contraindicated. (B) A high-phosphorus diet is contraindicated. (C) A 2-g sodium diet is a cardiac diet. (D) A low-calcium and phosphorus diet will reduce further calculi formation.

NEW QUESTION # 196

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