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CORRECT DETAILED ANSWERS WITH RATIONALES A
NEW UPDATED VERSION LATEST 2026 (VERIFIED
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1. A nurse is caring for a client with hypokalemia. Which assessment finding is most concerning?

- A. Muscle weakness
- B. Abdominal distention
- C. Cardiac dysrhythmias
- D. Constipation

Rationale: Hypokalemia affects cardiac conduction and can cause life-threatening arrhythmias.
Correct answer: _Cardiac dysrhythmias_

2. A client with diabetes reports shakiness, sweating, and confusion. Which action should the nurse take first?

- A. Administer insulin
- B. Check blood glucose

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NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q836-Q841):

NEW QUESTION # 836

A client who has gout is most likely to form which type of renal calculi?

- A. Staghorn calculi
- B. Calcium stones
- C. Struvite stones
- D. Uric acid stones

Answer: D

Explanation:

Explanation

(A) The presence of urinary tract infection is a factor in the formation of struvite stones. (B) Staghorn calculi is the other name for struvite stones associated with urinary tract infection. (C) Clients who have gout form uric acid stones. (D) Clients who have increased urinary excretion of calcium form calcium stones.

NEW QUESTION # 837

A client presented herself to the mental health center, describing the following symptoms: a weight loss of 20 lb in the past 2 months, difficulty concentrating, repeated absences from work due to "fatigue," and not wanting to get dressed in the morning. She leaves her recorded message on her telephone and has lost interest in answering the phone or doorbell. The nurse's assessment of her behavior would most likely be:

- A. Severe depression
- B. Psychotic depression
- C. Severe anxiety
- D. Deep depression

Answer: A

Explanation:

Explanation/Reference:

Explanation:

(A) A client in deep depression would have been brought to the mental health center and would not be physically able to seek help for herself. (B) She is not manifesting psychotic symptoms in her behaviors.

(C) The client's symptoms are more indicative of depression than anxiety. (D) Although the client was able to bring herself to the mental health center, the extent of her weight loss and the interference of symptoms with activities of daily living indicate that she is severely depressed.

NEW QUESTION # 838

A pregnant client complains of varicosities in the third trimester. Which of the following activities should she be advised to avoid?

- A. Wearing thromboembolic disease (TED) stockings
- B. Wearing knee-high stockings
- C. Wearing support pantyhose
- D. Sitting with legs crossed at ankles

Answer: B

Explanation:

(A) Sitting with the legs crossed at the ankles does not interfere with circulation or create pressure points. (B) TED stockings will help to reduce the varicosity by supporting the vein. Stockings must be applied with legs elevated. (C) Support pantyhose help to reduce the varicosity by supporting the vein. They also provide support to the uterus and allow for better return circulation. Hose must be applied like TED stockings. (D) Knee-high stockings create constriction and pressure points that interfere with circulation in

the lower extremities.

NEW QUESTION # 839

A 72-year-old male client had the Foley catheter that was inserted during the transurethral resection of his prostate removed today. He is concerned about the urinary incontinence he is having since removal of the Foley catheter. The nurse explains that:

- A. He should not be concerned about it because it will resolve quickly
- B. The nurse will keep him dry, and he should notify the nurse when this happens
- C. This is related to the bladder spasms and will soon stop
- D. This is usually temporary

Answer: D

Explanation:

Explanation

(A) This problem is temporary, but it may take some time to resolve, especially in an older man. (B) This problem is usually temporary, but it may take some time to resolve. (C) Keeping the client dry will not relieve his anxiety about his incontinence. (D) The bladder spasms are not the cause of the client's incontinence.

NEW QUESTION # 840

The physician of an alcoholic client places him on a low-protein, high-carbohydrate diet. When choosing his menu, the client's best choice from the items below would be:

- A. Cheese omelette with ham and mushrooms, milk
- B. Liver and onions, macaroni and cheese, tea with sugar
- C. Waffles with butter and honey, orange juice
- D. Baked chicken, baked potato with bacon bits, milk

Answer: C

Explanation:

Explanation

(A, B, D) These foods are high in protein, which needs to be restricted. (C) Serum ammonia levels can be decreased by restricting dietary protein intake. Waffles, honey, and orange juice are high in carbohydrate and low or completely lacking in protein. Butter, a concentrated fat, will provide extra calories.

NEW QUESTION # 841

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