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The NCLEX NCLEX-RN Exam covers a broad range of topics related to nursing practice, including health promotion and maintenance, psychosocial integrity, physiological adaptation, and pharmacological and parenteral therapies. The questions are designed to test the test-taker's critical thinking and clinical reasoning skills, as well as their ability to apply nursing concepts and

principles in real-world situations.

NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q538-Q543):

NEW QUESTION # 538

A 70-year-old female client is admitted to the medical intensive care unit with a diagnosis of cerebrovascular accident (CVA). She is semicomatose, responding to pain and change in position. She is unable to speak or cough. In planning her nursing care for the first 24 hours following a CVA, which nursing diagnosis should receive the highest priority?

- **A. Ineffective airway clearance related to immobility, ineffective cough, and decreased level of consciousness**
- B. Potential for injury related to impaired mobility and seizures
- C. Impaired verbal communication related to aphasia
- D. Altered cerebral tissue perfusion related to pathophysiological changes that decrease blood flow

Answer: A

Explanation:

Explanation/Reference:

Explanation:

(A) An effective airway is necessary to prevent hypoxia and subsequent cardiac arrest. (B) Cerebral tissue perfusion is necessary to preserve remaining cerebral tissue, but this goal is secondary to maintenance of an effective airway. (C) While prevention of injury is important, it is secondary to maintaining an effective airway and cerebral tissue perfusion. (D) Impaired verbal communication is not life threatening in the acute phase of recovery. It is the lowest priority of the nursing diagnoses listed.

NEW QUESTION # 539

The nurse would assess the client's correct understanding of the fertility awareness methods that enhance conception, if the client stated that:

- **A. "At ovulation, my basal body temperature should rise about 0.5F."**
- B. "I should douche immediately after intercourse."
- C. "My sexual partner and I should have sexual intercourse on day 14 of my cycle regardless of the length of the cycle."
- D. "My sexual partner and I should have intercourse when my cervical mucosa is thick and cloudy."

Answer: A

Explanation:

Explanation

(A) At ovulation, the cervical mucus is increased, stretchable, and watery clear. (B) Under the influence of progesterone, the basal body temperature increases slightly after ovulation. (C) To enhance fertility, measures should be taken that promote retention of sperm rather than removal. (D) Ovulation, the optimal time for conception, occurs 14+2 days before the next menses; therefore, the date of ovulation is directly related to the length of the menstrual cycle.

NEW QUESTION # 540

A female client presents to the obstetric-gynecology clinic for a pregnancy test, the result which turns out to be positive. Her last menstrual period began December 10, 1993. Using Nagele's rule, the nurse estimates her date of delivery to be:

- **A. September 17, 1994**
- B. August 17, 1994
- C. September 10, 1994
- D. September 3, 1994

Answer: A

Explanation:

(A) According to Nagele's rule, the estimated date of delivery is calculated by adding 7 days to the date of the first day of the normal menstrual period (December 10 + 7 days = December 17), and then by counting back 3 months (December 17 -3 mo = September 17). (B, C, D) These answers are incorrect.

NEW QUESTION # 541

In working with mental health clients who are prescribed medication that must be taken on a routine basis, it is important for education to begin when the drug therapy is initiated. One of the first steps in the teaching process is to:

- A. Discuss the danger of overmedication
- **B. Explore the client's perception regarding medication therapy**
- C. Explain the side effects of the medication
- D. Distribute written material to supplement verbal instructions

Answer: B

Explanation:

Section: Questions Set D

Explanation:

(A, B, C) The nurse must first obtain information regarding the client's perception of the medication regimen.

(D) The first step in the teaching process is to determine the client's perception.

NEW QUESTION # 542

A 24-year-old male client is admitted with a diagnosis of sickle cell anemia. The nurse discusses his disease with him and emphasizes the following information:

- A. He should not worry about having children because this disease is passed on only by female carriers.
- B. He should not be concerned about having to fly on a commuter airplane on a weekly basis.
- **C. His daily diet should include a large amount of fluid.**
- D. He should monitor his sputum, stools, and urine for signs of bleeding.

Answer: C

Explanation:

Section: Questions Set E

Explanation:

(A) Bleeding is not a symptom of sickle cell anemia or sickle cell crisis. (B) Decreased blood viscosity leads to sickling of red blood cells. Increased fluid intake maintains adequate circulating blood volume and decreases the chance of sickling. (C) Hypoxia leads to sickling of cells. Flying in nonpressurized planes places the client in a situation of low O₂ tension, which can lead to sickling. (D) Male and female clients with sickle cell disease can pass the trait on to their offspring. Therefore, this client should receive genetic counseling prior to having children.

NEW QUESTION # 543

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