

# Exam 100-160 Study Solutions & Test 100-160 Lab Questions

## Exam 1: NU160 / NU 160 (Latest 2025 / 2026) Mental Health Concepts | Questions & Answers | 100 % Correct | Grade A - Galen

### Question:

Primitive societies believe that

### Answer:

mental illness was caused by the wrath of evil spirits and demonic possession

### Question:

The first English institution for mentally ill founded by the sheriff of London

### Answer:

1247

### Question:

When was psychiatry developed as a separate branch of medicine

### Answer:

eighteenth century

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## **Cisco 100-160 Exam Syllabus Topics:**

Topic	Details
Topic 1	<ul style="list-style-type: none"><li>• Incident Handling: This section of the exam measures the skills of an Incident Responder and centers on recognizing security incidents, responding appropriately, and containing threats—forming the essential foundation of incident response procedures.</li></ul>

Topic 2	<ul style="list-style-type: none"> <li>Essential Security Principles: This section of the exam measures the skills of a Cybersecurity Technician and covers foundational cybersecurity concepts such as the CIA triad (confidentiality, integrity, availability), along with basic threat types and vulnerabilities, laying the conceptual groundwork for understanding how to protect information systems.</li> </ul>
Topic 3	<ul style="list-style-type: none"> <li>Vulnerability Assessment and Risk Management: This section of the exam measures the skills of a Risk Management Analyst and entails identifying and assessing vulnerabilities, understanding risk priorities, and applying mitigation strategies that help manage threats proactively within an organization's systems</li> </ul>
Topic 4	<ul style="list-style-type: none"> <li>Basic Network Security Concepts: This section of the exam measures the skills of a Network Defender and focuses on understanding network-level protections, including firewalls, VPNs, and intrusion detection prevention systems, providing insight into how threats are mitigated within network environments.</li> </ul>
Topic 5	<ul style="list-style-type: none"> <li>Endpoint Security Concepts: This section of the exam measures the skills of an Endpoint Security Specialist and includes securing individual devices, understanding protections such as antivirus, patching, and access control at the endpoint level, essential for maintaining device integrity.</li> </ul>

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## Test 100-160 Lab Questions & 100-160 Exam Guide Materials

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## Cisco Certified Support Technician (CCST) Cybersecurity Sample Questions (Q314-Q319):

### NEW QUESTION # 314

Which of the following practices help in preserving the physical integrity of digital evidence?

- A. Using non-conductive gloves when handling the evidence.
- B. Leaving the evidence exposed to natural light.
- C. Cleaning the evidence using chemical solvents.
- D. Storing the evidence in a cold, damp environment.

**Answer: A**

Explanation:

Preserving the physical integrity of digital evidence is essential to prevent contamination or damage. Using non-conductive gloves is one such practice as it prevents the transfer of oils, dirt, or other substances that could potentially damage or alter the evidence. This helps to maintain the integrity of the evidence and ensures that any potential traces or fingerprints left on the evidence are not compromised.

### NEW QUESTION # 315

What is the purpose of incident response planning in cybersecurity?

- A. To prevent cybersecurity incidents from occurring
- B. To conduct forensic investigations after cybersecurity incidents
- C. To recover from cybersecurity incidents and restore normal business operations
- D. To detect and respond to cybersecurity incidents in a timely and effective manner

**Answer: D**

Explanation:

Incident response planning in cybersecurity focuses on establishing processes and procedures to detect, respond to, and mitigate the impact of cybersecurity incidents. It ensures that organizations have the necessary measures in place to identify incidents promptly, contain them, and minimize the potential damage. The goal is to respond to incidents in a timely and effective manner to protect sensitive data and maintain business continuity.

#### NEW QUESTION # 316

Which of the following is a key element of management in cybersecurity?

- A. Intrusion detection system deployment
- B. **Incident response planning**
- C. Firewall configuration
- D. Network vulnerability scanning

**Answer: B**

Explanation:

Incident response planning is a critical component of management in cybersecurity. It involves developing a detailed plan to identify, respond to, and recover from security incidents. This ensures that any security breaches or attacks are handled effectively, minimizing the impact on the organization's systems and data.

#### NEW QUESTION # 317

Which feature allows endpoints to communicate directly with each other, bypassing the network?

- A. Firewall
- B. VPN
- C. IPS
- D. **Peer-to-Peer**

**Answer: D**

Explanation:

Option 1: Incorrect. A firewall is a network security device that monitors and filters incoming and outgoing network traffic based on predetermined security rules.

Option 2: Incorrect. An IPS (Intrusion Prevention System) is a network security device that monitors network traffic for malicious activity and takes immediate action to prevent attacks.

Option 3: Incorrect. A VPN (Virtual Private Network) is a secure connection between two or more endpoints over a public network, providing encryption and privacy for data communication.

Option 4: Correct. Peer-to-peer (P2P) is a decentralized communication model where endpoints can directly communicate with each other without the need for a central server or network infrastructure.

#### NEW QUESTION # 318

Which technology allows on-demand access to shared pools of configurable computing resources over a network?

- A. Proxy
- B. **Cloud**
- C. DMZ
- D. Virtualization

**Answer: B**

Explanation:

Cloud computing refers to the delivery of on-demand computing resources, including servers, storage, databases, networking, software, and analytics, over the internet. It provides organizations with the ability to access and use shared pools of configurable computing resources quickly and easily, without the need for extensive upfront infrastructure investments. Cloud computing offers scalability, cost-efficiency, and flexibility, making it an essential component of modern IT environments.

## NEW QUESTION # 319

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