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CCRN Adult exam questions with answers

S1 "lub"

✓ closure of AV (mitral and tricuspid) valves
marks the end of diastole and the beginning of systole

SYSTOLE

S2 "dub"

✓ closure of the semilunar (pulmonic and aortic) valves
marks the end of systole and the beginning of diastole

DIASTOLE

systolic murmur
"lub.... shhhhb.....dub"

✓ semilunar valves are OPEN during systole
- aortic stenosis
- pulmonic stenosis

AV valves are CLOSED during systole
- mitral insufficiency (will causes large, giant V-waves on the pulmonary artery occlusion pressure tracing if the patient has a pulmonary artery catheter)
- tricuspid insufficiency

diastolic murmur
"lub..... dub.....shhhhb"

✓ semilunar valves are CLOSED during diastole
- aortic insufficiency
- pulmonic insufficiency

AV valves are OPEN during diastole
- mitral stenosis (associate with atrial fibrillation due to atrial enlargement that occurs over time)
- tricuspid stenosis

when are the AV valves OPEN and semilunar valves CLOSED

✓ diastole

when are the AV valves CLOSED and the semilunar valves OPEN

✓ systole

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AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 2	<ul style="list-style-type: none"> Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.

Topic 3	<ul style="list-style-type: none"> • In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.
Topic 4	<ul style="list-style-type: none"> • PROFESSIONAL CARING & ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.
Topic 7	<ul style="list-style-type: none"> • The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.

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AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q316-Q321):

NEW QUESTION # 316

A patient is preparing for a surgery where about 4% of one lung will be removed. Which of the following terms BEST describes this surgery?

- A. Lobectomy
- B. Bronchoscopy
- C. Pneumonectomy
- **D. Wedge resection**

Answer: D

Explanation:

A wedge resection is the removal of a small, wedge-shaped section of the lung. While there are multiple types of procedures that involve removing a small piece of the lung, this procedure is the only answer that correctly fits a surgery where a small portion of the lung is removed. A lobectomy involves removal of an entire lobe of a lung. A pneumonectomy is removal of an entire lung. A bronchoscopy is an endoscopic exam performed through the trachea, not a surgical procedure.

NEW QUESTION # 317

Insulin is produced and secreted from the pancreas by:

- A. delta islet cells
- B. alpha islet cells
- C. gamma islet cells
- **D. beta islet cells**

Answer: D

Explanation:

Beta islet cells of the pancreas produce insulin and amylin and make up 65-80% of the total islet cells.

Insulin is released in response to an increase in blood glucose and is necessary for cellular uptake of glucose by most cells in the body (except the brain and liver cells). Without insulin, the glucose fails to enter cells and accumulates in the blood, resulting in hyperglycemia and a vascular inflammatory state.

Alpha, gamma, and delta islet cells within the pancreas produce various other hormones (glucagon, polypeptide, and somatostatin) that are secreted directly into the blood flow when necessary.

NEW QUESTION # 318

The critical care nurse understands that the primary etiology of hyperphosphatemia in all patients, including the critically ill, is:

- A. excessive intake of vitamin D
- **B. renal failure**
- C. bone tumors
- D. Addison disease

Answer: B

Explanation:

Renal failure is the most common cause of excessive phosphate levels in all patients, including the critically ill. The regulation of phosphate in the body is performed by the kidneys. Other causes of hyperphosphatemia include hypoparathyroidism, excessive intake of alkali or vitamin D, Addison disease, and with bone tumors or fractures. It is often associated with hypocalcemia and presents most commonly with muscle cramps, joint pain, and seizures.

NEW QUESTION # 319

Which of the following refers to instances in which the principle of beneficence overrides that of autonomy?

- A. Fidelity
- **B. Paternalism**
- C. Advocacy
- D. Veracity

Answer: B

Explanation:

Paternalism refers to instances in which the principle of beneficence overrides that of autonomy.

In such cases, health care providers select and implement interventions that they believe will lead to the best outcomes without (or even against) consent from the patient. Sometimes these actions are appropriate. For example, restraint of a patient may override the patient's autonomy, but is justified by the benefit of ensuring patient safety.

Advocacy refers to the use of one's own skills and knowledge to promote the interests of another.

Fidelity is the obligation to be faithful to commitments and promises and uphold the implicit and explicit commitments to patients, employers, and colleagues. Veracity simply means that one should tell the truth and not lie or deceive others.

NEW QUESTION # 320

What is the body's first line of defense against infection?

- A. The lymphatic system
- B. Innate immunity
- **C. The integumentary system**
- D. Adaptive immunity

Answer: C

Explanation:

The skin and mucous membranes form the body's first line of defense against potential pathogenic substances. The second line of defense is innate immunity, such as inflammation and swelling. The body's third line of defense is adaptive immunity, such as white blood cells, T cells, and B cells. The lymph system is part of the body's second line of defense or innate immunity.

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